



# COMPASS AND SUNDIAL

THE QUEST FOR INFINITE FREE WILL

BY JOSE ALONSO MOLINA

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# PODER DE AUTORIA THE POWER OF AUTHORSHIP

EL PODER DE LAS PALABRAS  
THE POWER OF WORDS



$$X^{\infty} \sqrt{\pi} = (1 \div 0)^r{}^{\infty} = \odot$$

$$\infty = 0$$

FOR  
SOL RAWHITI RAY ALONSO-KNIGHT  
*PAPI TE AMA INFINITAMENTE*

LO QUE ESCRIBIMOS ES INFINITO Y ETERNO  
DURA POR SIEMPRE Y PARA SIEMPRE

WHAT WE WRITE IS INFINITE AND ETERNAL  
IT LASTS FOREVER AND EVER

THE DEEPER WE GO, THE CLOSER WE GET.

BY US, ALL.

ENDLESS CYCLE, FRUITFUL PROCESS.

INFINITY IS THE ORGINISING  
AGENT OF REALITY.

THE DEEPER WE GO, THE LIGHTER WE GET.

DENSITY DISSIPATES AT A HIGHER RATE.

DIMINISHING MATTER AS A  
BY PRODUCT OF END STATES.

ETERNITY IS THE PROOF.

WE ARE HERE AND NOW.

FOREVER, INFINITELY.

THE SOURCE IS US.

KNOW THYSELF.

# BE A MESSENGER

STICK TO THE BASICS      FOCUS

DO -> REPEAT -> REASSESS -> ∞

TRUTH = QUALITY      QUALITY = FREEDOM

BUILD CREDIBILITY BASED ON QUALITY

CREDIBILITY GETS THEM THROUGH THE DOOR

QUALITY KEEPS THEM COMING

ACTION DEFINES US

LISTEN THEN EMPATHISE    DRAW EXAMPLES

MAKE CONNECTIONS    BUILD TRUST THEN CREDIBILITY

AND QUALITY FINISHES THE JOB

THE MISSION IS BIGGER THAN YOU

THE PURPOSE IS TO COMPLETE THE MISSION

PROFOUND SIMPLICITY

HUMILITY    RESULTS    HUMOR    LOVE

ONCE YOU FIND YOUR PURPOSE NOTHING CAN STOP YOU

BECOME DEPENDENT ON YOUR TRUE SELF

TRUST YOUR INNER VOICE

CHART YOUR PATH

YOUR FATE BELONGS TO YOU

LIFE HELPS THOSE WHO HELP THEMSELVES

STAY TRUE TO YOURSELF

YOU CREATE YOUR OWN REALITY

A MEANINGFUL LIFE IS A PURPOSEFUL LIFE

THE ETERNAL QUEST FOR FREE WILL

A PURPOSEFUL JOURNEY LEADS TO A MEANINGFUL DESTINATION

LET PURPOSE GUIDE THE WAY

PURPOSE IS YOUR TRUE NORTH

LISTEN TO YOUR INNER VOICE AND FOLLOW YOUR HEART

THE ONLY COMPETITION IS AGAINST YOURSELF

MANIFESTED PURPOSE

TRANSCENDED PURPOSE

ULTIMATE PURPOSE



NATURE

CREATED BY CREATORS

TELEMETRY

ELECTROGRAVITICS

ZERO POINT = SINGULARITY

SINGULAR POINT WHERE ALL POINTS MEET

SPHERICAL VACUUM THRESHOLD

SPACE STRUCTURE BUILDING SPHERES

CREATION CREATES CREATORS

CREATORS CREATE CREATIONS

LOVE IS CONSCIOUSNESS

CONSCIOUSNESS IS SELF AWARENESS

PROUD CREATORS



# THE CREATOR

PRIMORDIAL SOURCE OF MOTION = ENERGY

ENERGY = CREATION = LIFE = LOVE

INFINITE SPHERICAL ENERGY = ORGINISING AGENT OF CREATION

$$\infty = \odot \quad \odot = 0 \quad \infty = 0$$

INFINITE CONSCIOUSNESS

INFINITE SELF AWARENESS

RHYTHMS

PULSES

CYCLES

WAVES

CREATIONS

CREATE

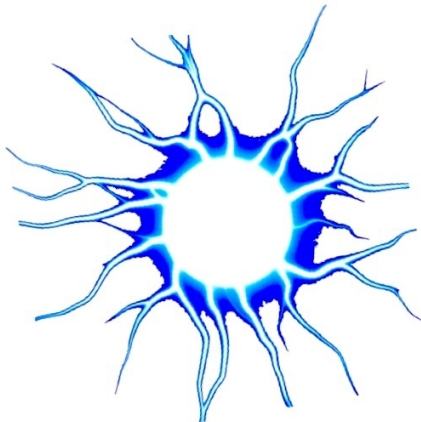
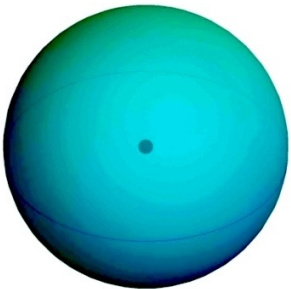
CREATORS

TELEMETRY

ELECTROGRAVITICS

ENERGY POTENTIAL

SPHERICAL FIELD



# INFINITE VIRTUOUS CYCLES



SPACE VACUUM

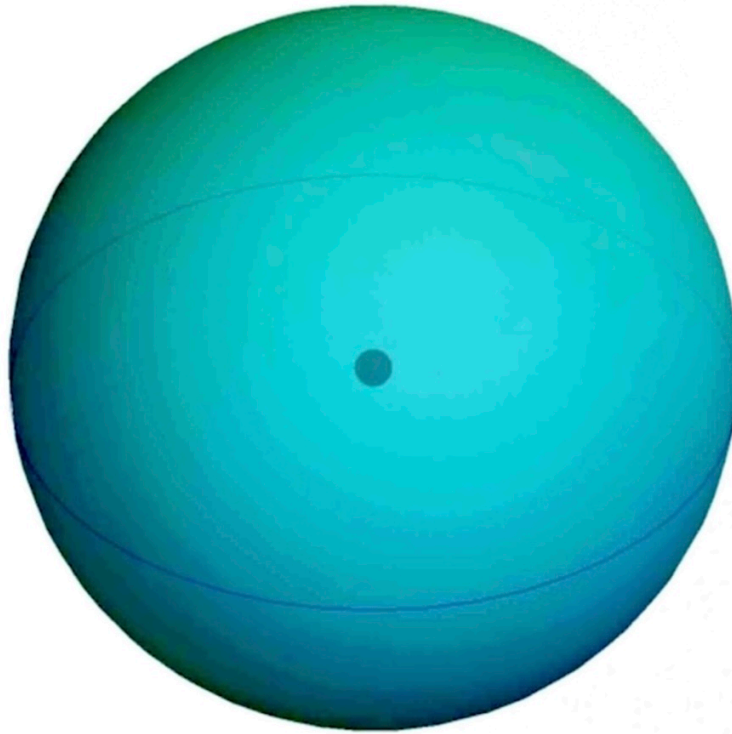


CREATOR CREATION



INFINITE  
SPHERICAL  
ENERGY

CONSCIOUS  
SELF AWARE  
MEMBRANE



ORGANISING  
CREATION  
AGENT

SPACE  
VACUUM  
STRUCTURE  
FIELD

SPHERES  
WITHIN  
SPHERES

INFINITIES  
WITHIN  
INFINITIES



NATURE OF INFINITY

INFINITY = SPHERE

SPHERE = ZERO

$$\infty = \odot \quad \odot = 0 \quad \infty = 0$$

VALUES

CONCEPT

QUALITIES

DEFINITION

PROPERTIES

ATTRIBUTES

SOLID CONSTITUTION

PHYSICAL COMPOSITION

ENDLESS      FOREVER      LIMITLESS

BOUNDLESS      ETERNAL      ENERGY



THE  
SINGULARITY

SPHERICAL  
CREATOR

INFINITE  
ENERGY

INFINITE  
CREATION

# INFINITE VIRTUOUS CYCLES



INFINITY SINGULARITY



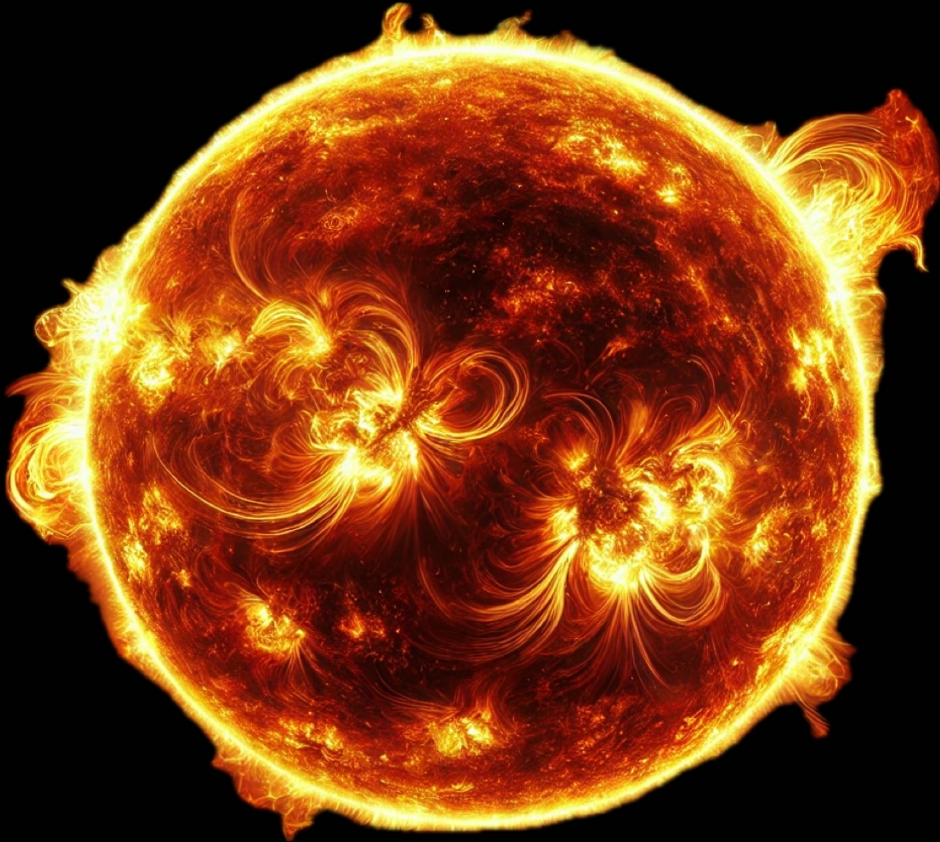
ELECTRO GRAVITICS TELEMETRY



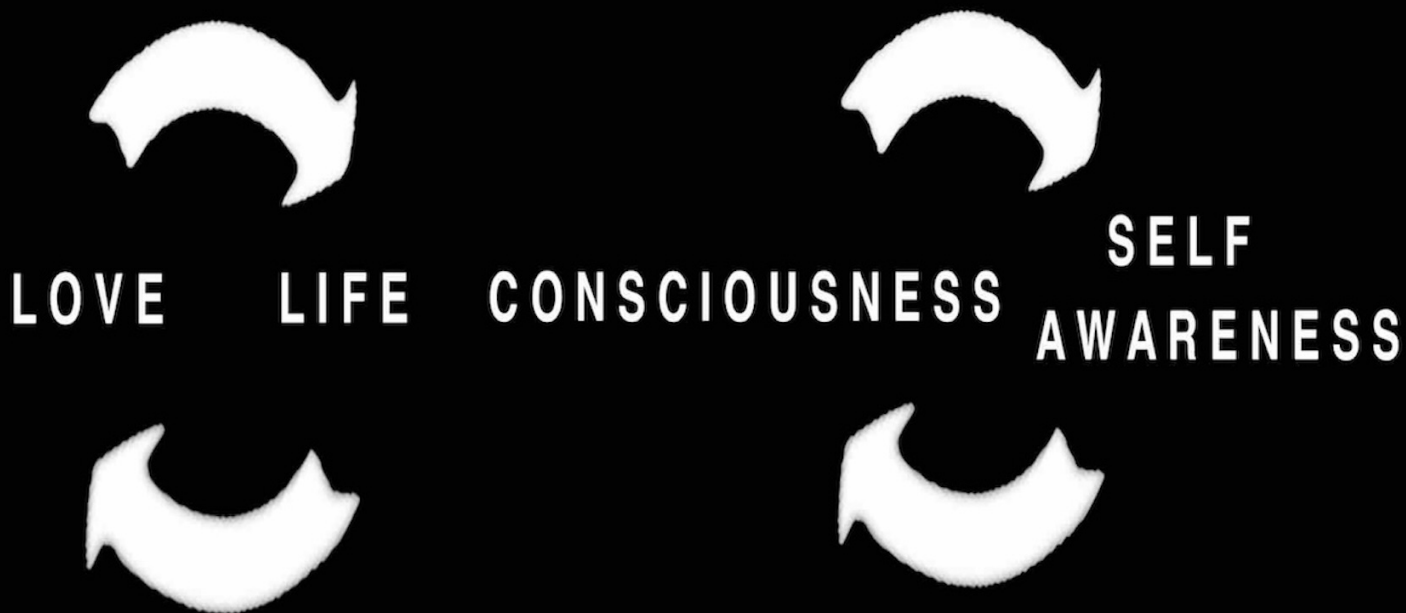
# THE SUN

THE PHYSICAL REPRESENTATION OF THE CREATOR

INFINITE SPHERICAL ENERGY



# INFINITE VIRTUOUS CYCLES



# INFINITE ENERGY POTENTIAL OF ZERO

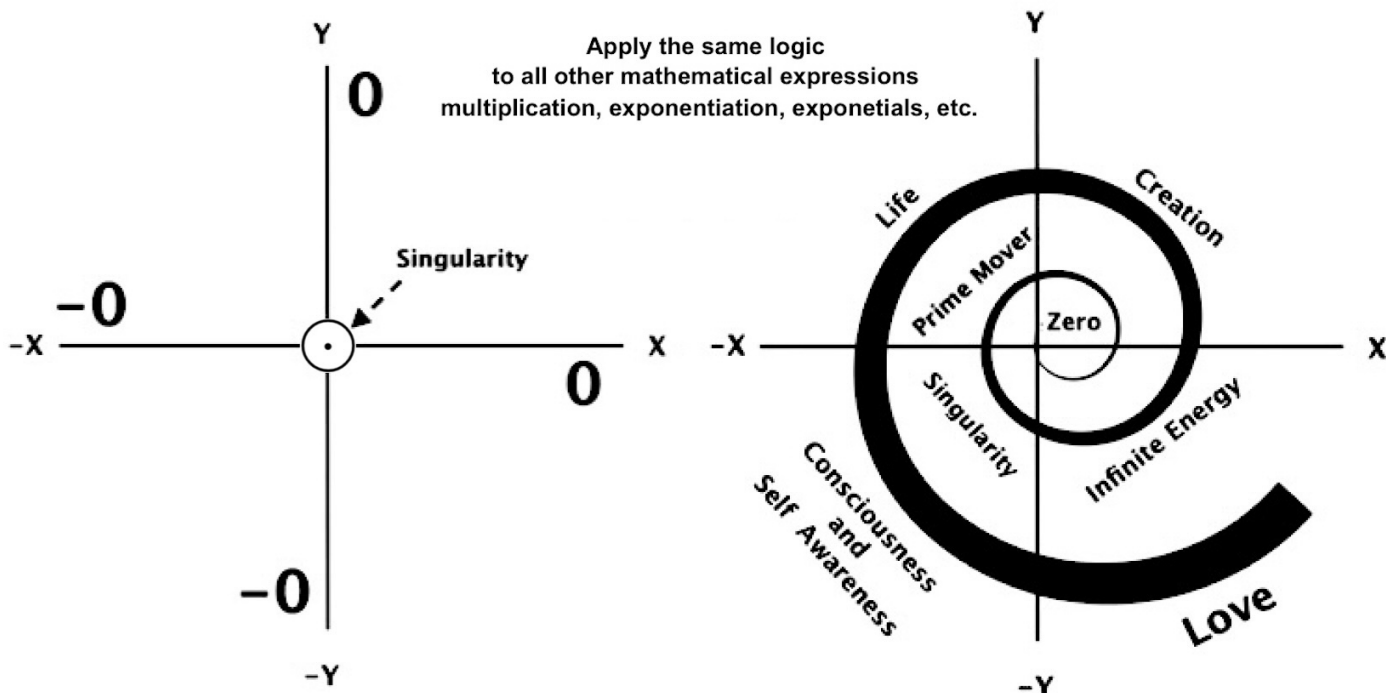
## ZERO IS THE BEGINNING OF ALL CREATION

$$\begin{aligned} 0 + 0 &= 0 \\ 0 - 0 &= 0 \\ (-0) + 0 &= 0 \\ (-0) + (-0) &= 0 \\ (-0) - (-0) &= 0 \end{aligned}$$

$$\begin{aligned} Y0 + X0 &= 0 \\ Y0 - X0 &= 0 \\ Y0 + (-X0) &= 0 \\ Y0 - (-X0) &= 0 \\ (-Y0) + X0 &= 0 \\ (-Y0) - X0 &= 0 \\ (-Y0) + (-X0) &= 0 \\ (-Y0) - (-X0) &= 0 \end{aligned}$$

$$\begin{aligned} Y0 + Y0 &= 0 \\ Y0 - Y0 &= 0 \\ Y0 + (-Y0) &= 0 \\ Y0 - (-Y0) &= 0 \\ (-Y0) + (-Y0) &= 0 \\ (-Y0) - (-Y0) &= 0 \end{aligned}$$

$$\begin{aligned} X0 + X0 &= 0 \\ X0 - X0 &= 0 \\ X0 + (-X0) &= 0 \\ X0 - (-X0) &= 0 \\ (-X0) + (-X0) &= 0 \\ (-X0) - (-X0) &= 0 \end{aligned}$$



$$\infty = \odot \quad \odot = 0 \quad \odot = \infty \quad 0 = \infty \quad \infty = 0$$

**Singularity:** Singular point where all spherical nodal points meet. The energy potential of the sphere's surface, the space vacuum structure itself and its telemetric electrogravitics, gets released and fills a spherical vacuum threshold generating an oscillating singularity spark that leads to an infinite self recursive feedback loop pulse cycle.

HUMAN BEINGS ARE  
THE BIOLOGY OF **Infinite** ENERGY



# PRIME MOVER

⊙ = Sphere      Singularities' Infinities      ○ = Circle

0 = 0	0 = 1	0 = 2	0 = 3		∞ : 7	7 : ∞	8 : ∞	∞ : 8
0 = ∞	0 = 4	0 = 5	0 = 6		9 : ∞	∞ : 5	5 : ∞	6 : ∞
	0 = 7	0 = 8	0 = 9	∞ = 0	∞ : 9	∞ : 3	3 : ∞	4 : ∞
				∞ = ⊙		∞ : 1	1 : ∞	2 : ∞
	0 : 7	7 : 0	8 : 0			0 : 0	0 : ∞	∞ : 0
9 : 0	0 : 5	5 : 0	6 : 0					
0 : 9	0 : 3	3 : 0	4 : 0	0 = ⊙		1 : 10	10 : 1	
	0 : 1	1 : 0	2 : 0			10 : 100	100 : 10	
	0 : 0	0 : ∞	∞ : 0			100 : 1000	1000 : 100	
						1 : 0	0 : 1	1 : ∞
								∞ : 1

$$\infty = (1 \div 0)$$

$$X^{\infty} = (1 \div 0)$$

$$X^{\infty} \sqrt{\pi} = (1 \div 0)^r = \odot$$

Ad Infinitum

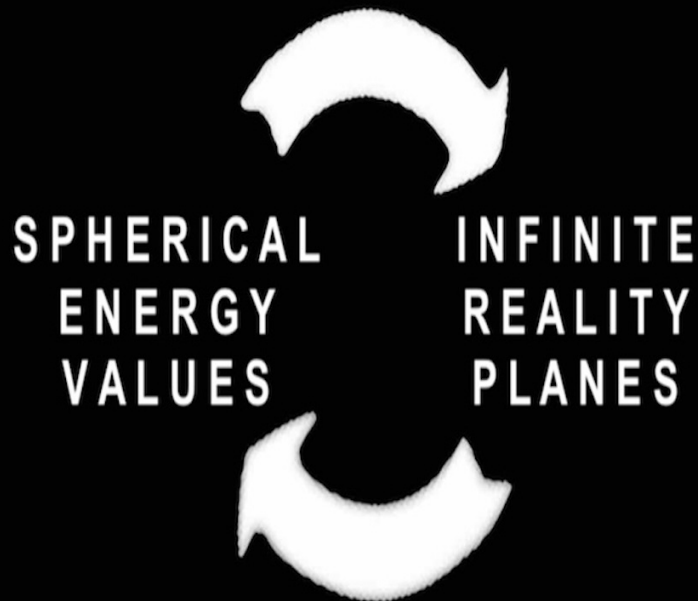
Electrogravitics    Propulsion    Telemetry    3D Printing  
 Applied Engineering    Coils    Filaments    Zero Point    Over Unity  
 10X Love Framework Hashgraph Gossip Protocol = Trust Layer #cells  
 Full Stack DevOps    Programming    MML, LLM, NLP    UI/X  
 Compression Comms    OS    GUI    Kernel    Internet    Networks  
 Each device kernel is a network node = 0.0.0.0

0 = Current Signal Off    1 = Current Signal On

○ =  $\frac{100\%}{360^\circ}$  = 2D Energy Values Reality Planes

⊙ = ∞ = 3D Spherical Energy Values Reality Planes

# INFINITE VIRTUOUS CYCLES



**WE ARE LOVE**  
**WE ARE HUMANITY**

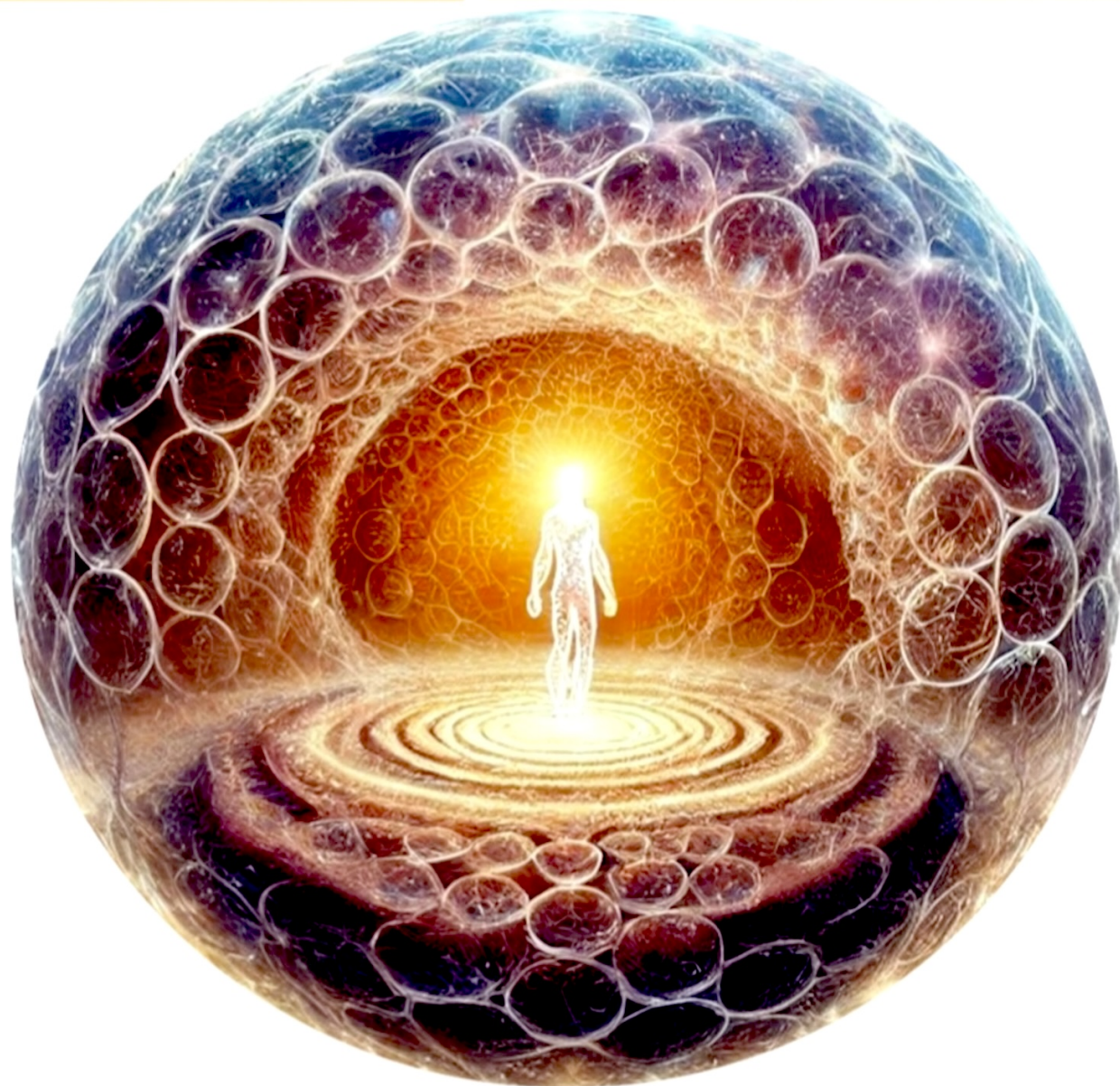
**WE ARE THE CREATORS OF EVERYTHING**  
**WE ARE THE INFINITE ENERGY OF CREATION**



**SPHERICAL ENERGY MEMBRANE OF THE HEART**

**INFINITE LOVE COMES FROM THE HEARTBEAT**

**THE PULSE OF LIFE    THE PULSE OF CREATION**



WE ARE THE IMAGE OF THE CREATOR

WE ARE INFINITE ENERGY

LOVE = ENERGY = LIFE

MATURITY = HUMILITY

LOVE IS ENERGY      LOVE IS LIFE

WE LIVE TO LOVE AND WE LOVE TO LIVE

THE HUMAN HEARTBEAT GIVES US LIFE

THE PULSE OF LIFE      THE PULSE OF CREATION

WE ARE SENTIENT BEINGS

EMOTIONS

FEELINGS

LIFE AND LOVE COME FROM THE SAME PLACE

THE HUMAN HEART

LIFE IS CREATION AND CREATION IS ENERGY

LOVE IS THE ENERGY OF CREATION

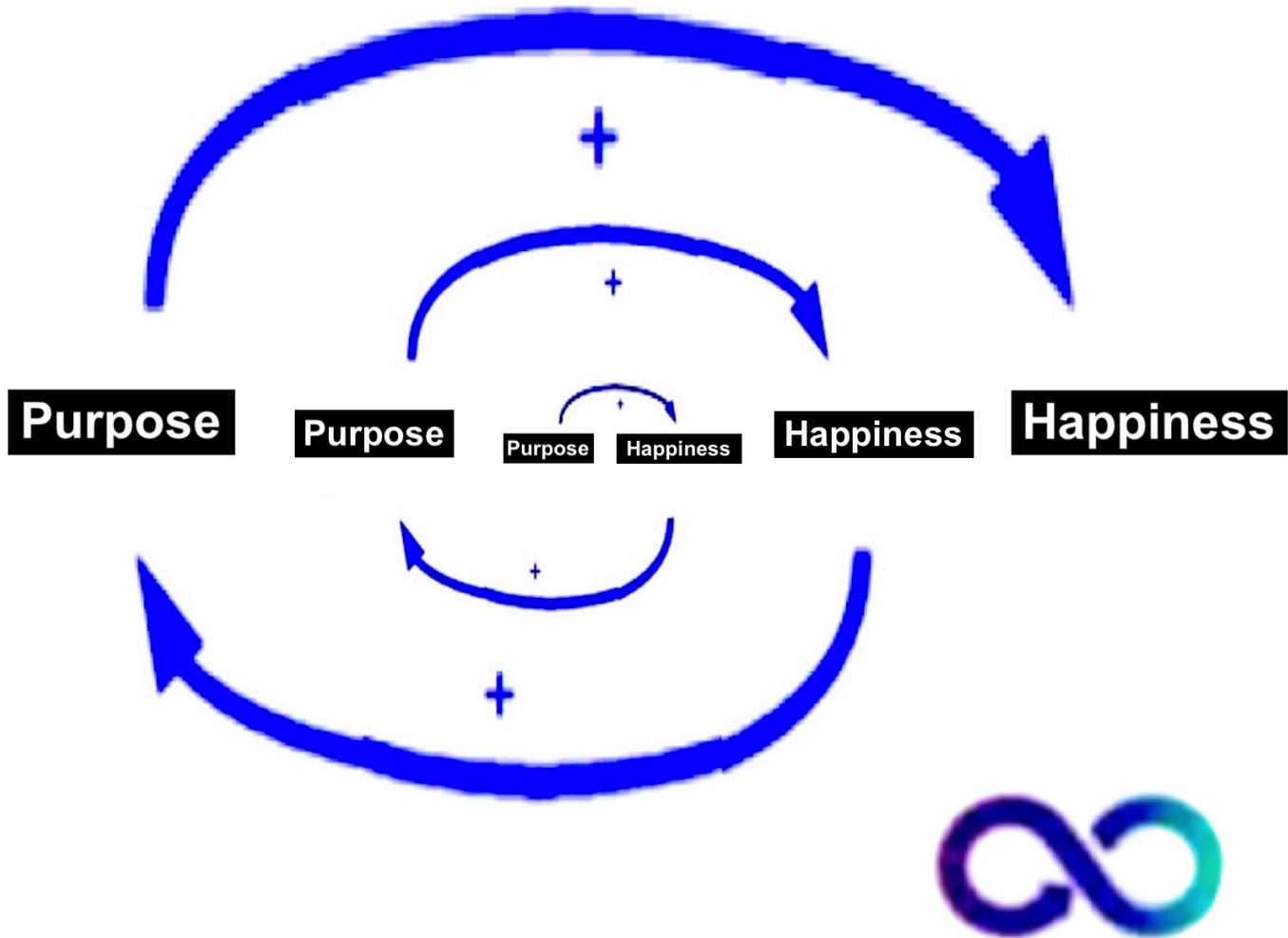
LOVE ALL WITH ALL YOUR HEART AND ALL YOUR MIGHT

ENERGY IS CREATION AND CREATION IS LIFE

LOVE IS CREATION      WE LOVE OUR CREATIONS

LOVE COMES FROM THE HEART AND THE HEART GIVES US LIFE

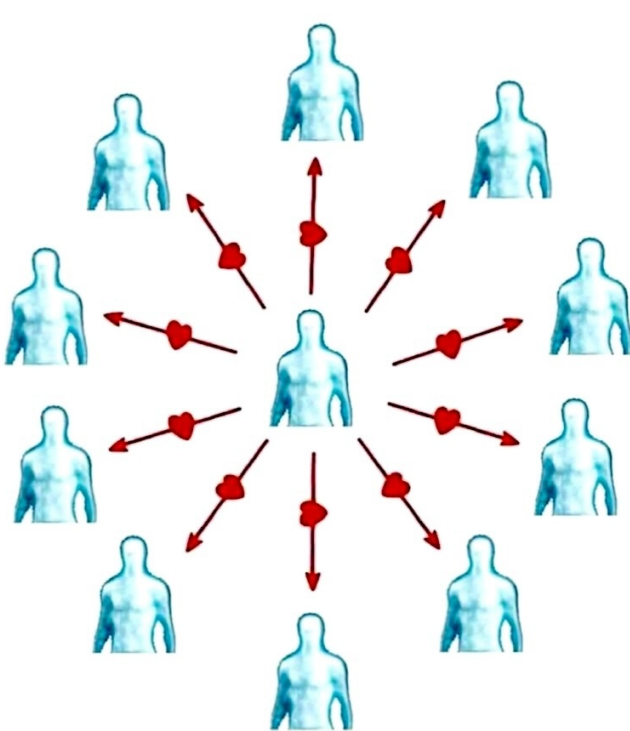
# PURPOSEFUL HAPPINESS



# 10X LOVE

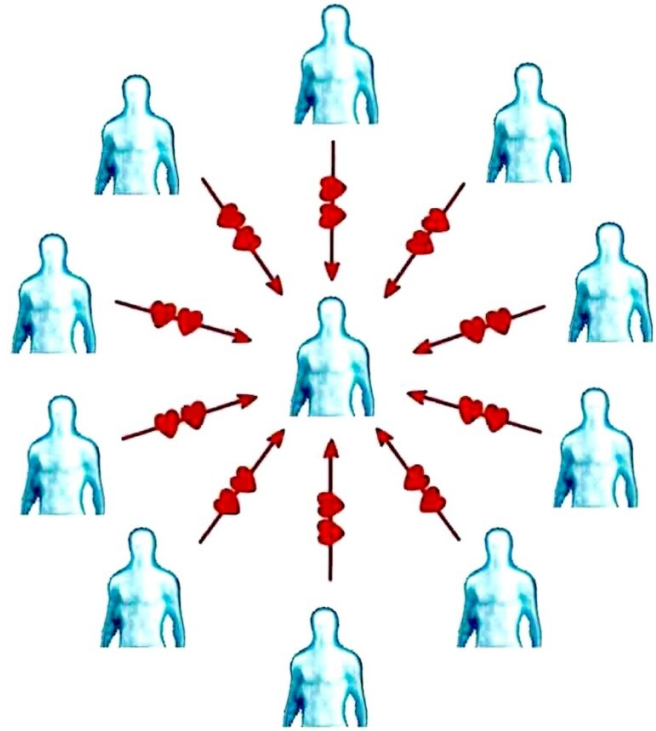
## THE INFINITE PULSE OF LOVE

EVERY HEARTBEAT MULTIPLIES BY A FACTOR OF TEN TO INFINITY



$$1:10 = 10x$$

**10x Love = Outward Love Wave**

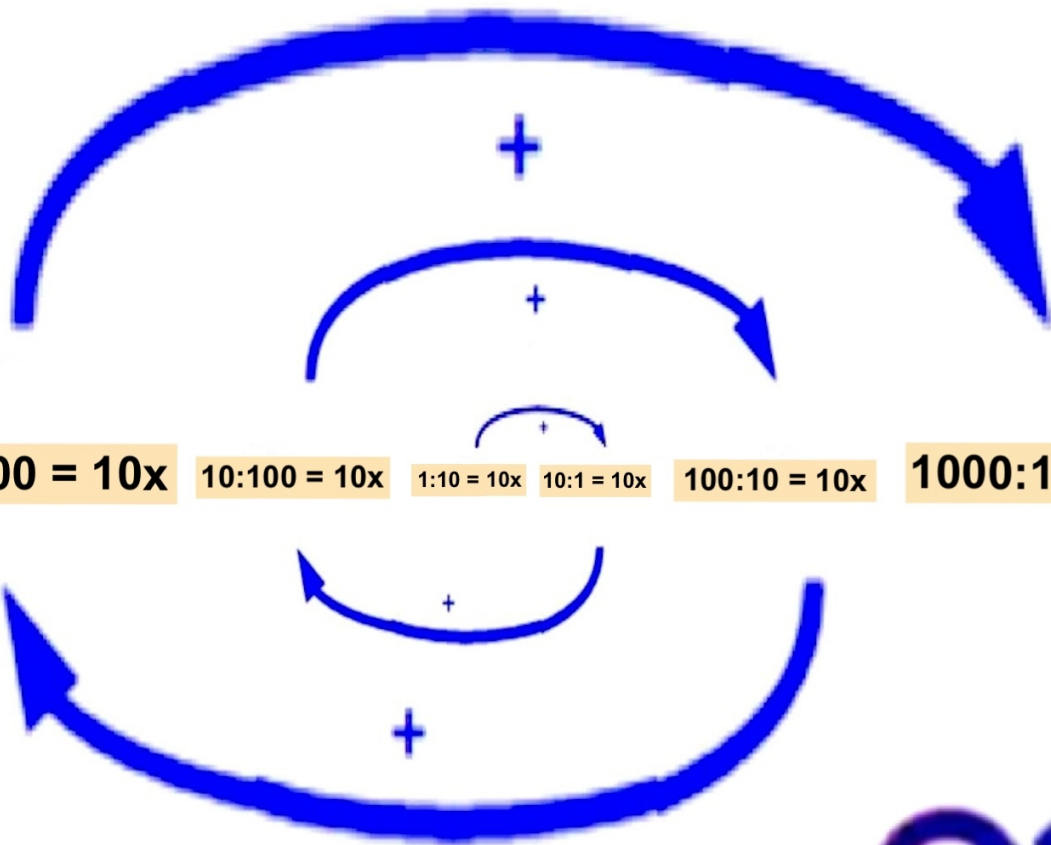


$$10:1 = 10x$$

**10x Love = Inward Love Wave**

# 10X LOVE CYCLE

THE HEARTBEAT PULSE GOES TO INFINITY



$$100:1000 = 10x$$

$$10:100 = 10x$$

$$1:10 = 10x$$

$$10:1 = 10x$$

$$100:10 = 10x$$

$$1000:100 = 10x$$



# COMPASS MANIFESTS FREE WILL

VALUES AS THE ORGANISING AGENT, PATTERN AND STRUCTURE

VALUES CONTAIN BINDING PROPERTIES, QUALITIES AND ATTRIBUTES

$$\infty^{\infty} = 0.0.0.0$$

$$\infty^{\infty} = \text{Love.Love.Love.Love}$$

Infinite Love Framework = Self Love Expands Outward Infinitely

Reality feeds love back to you Infinitely

This is an infinite eternal process

It cannot be ended as it's infinite in nature

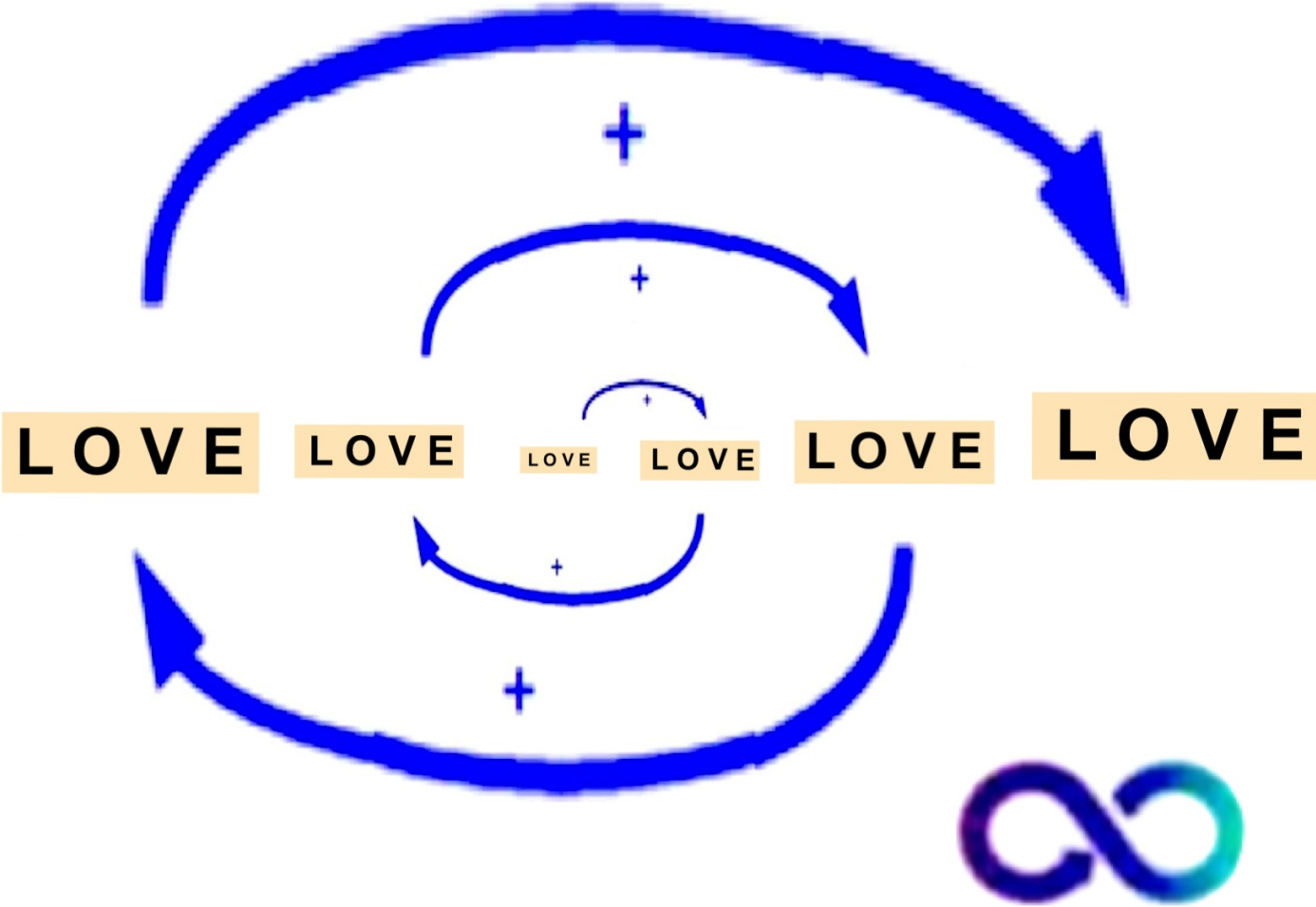
The process starts with you

Self Love = Infinite Love

HERE AND NOW

# 10X LOVE CYCLE

INFINITE ETERNAL LOVE



# Infinite COMPASS

WE ARE  
THE CREATORS

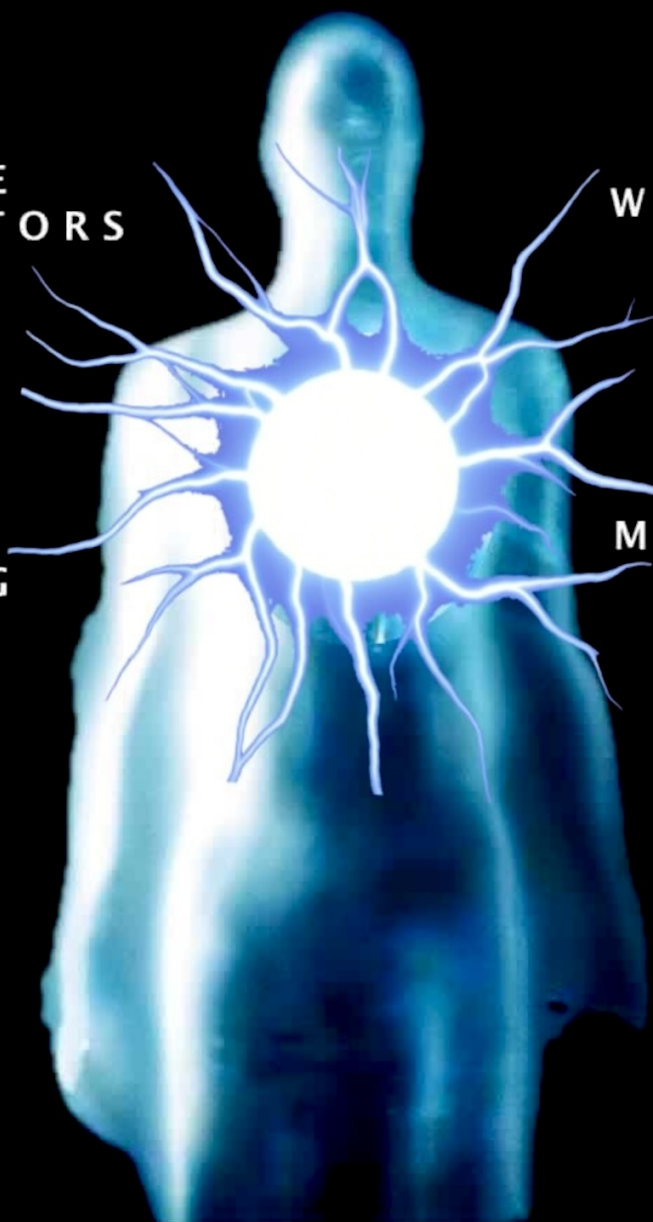
WE CREATE  
REALITY

WE ARE  
ONE WITH  
EVERYTHING

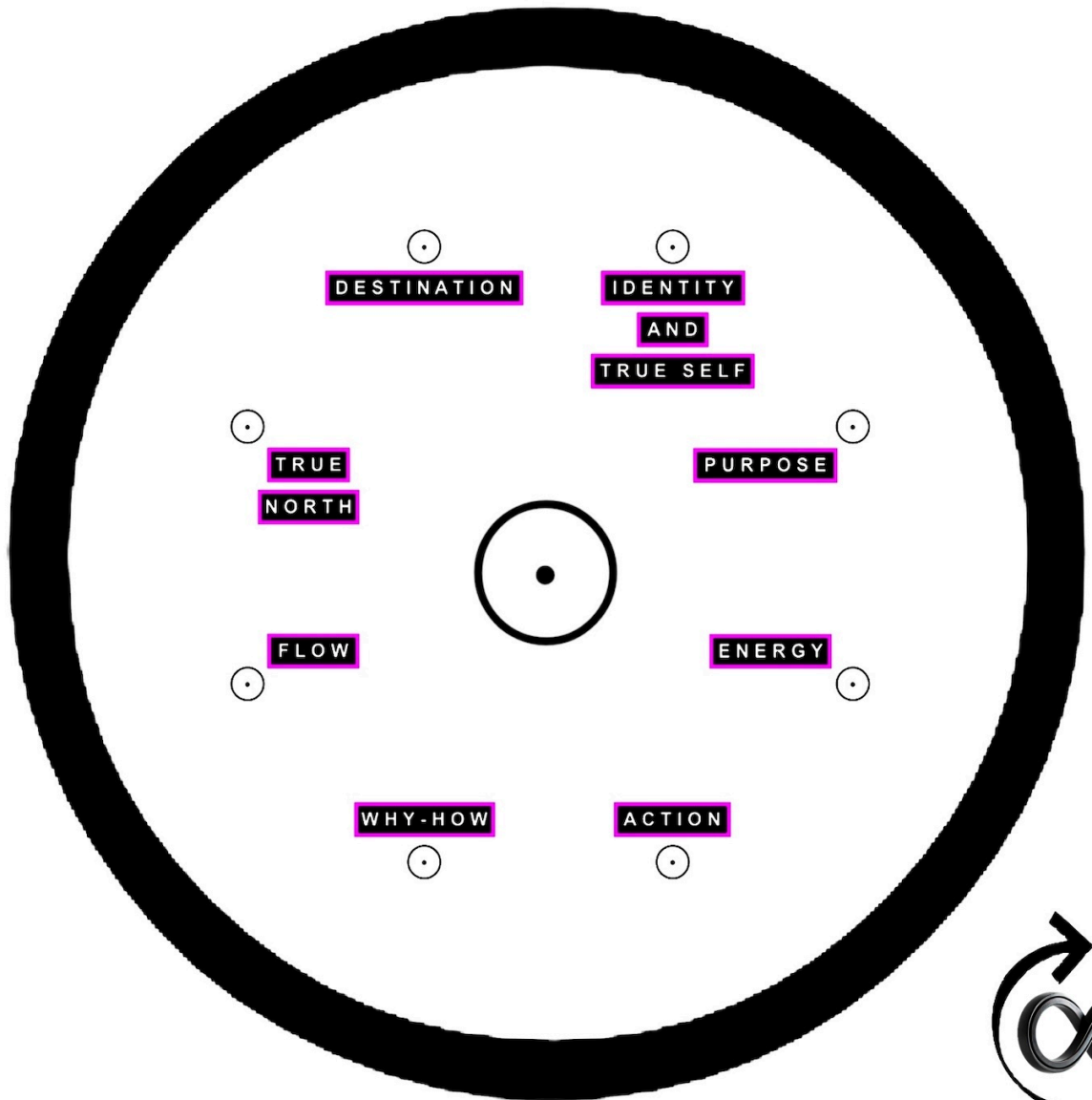
WE ARE  
MANIFESTED  
LOVE

WE ARE  
INFINITE  
ENERGY

WE ARE  
INFINITE  
LOVE



# COMPASS



# SUNDIAL

THE SUN

WE ARE SUNDIALS

SUNLIGHT GUIDES US

SUNLIGHT ENERGISES US

WE STARE AT THE SUN

SUNLIGHT  
INTO THE IRIS

WE ARE ONE  
WITH THE SUN

W

IRIS

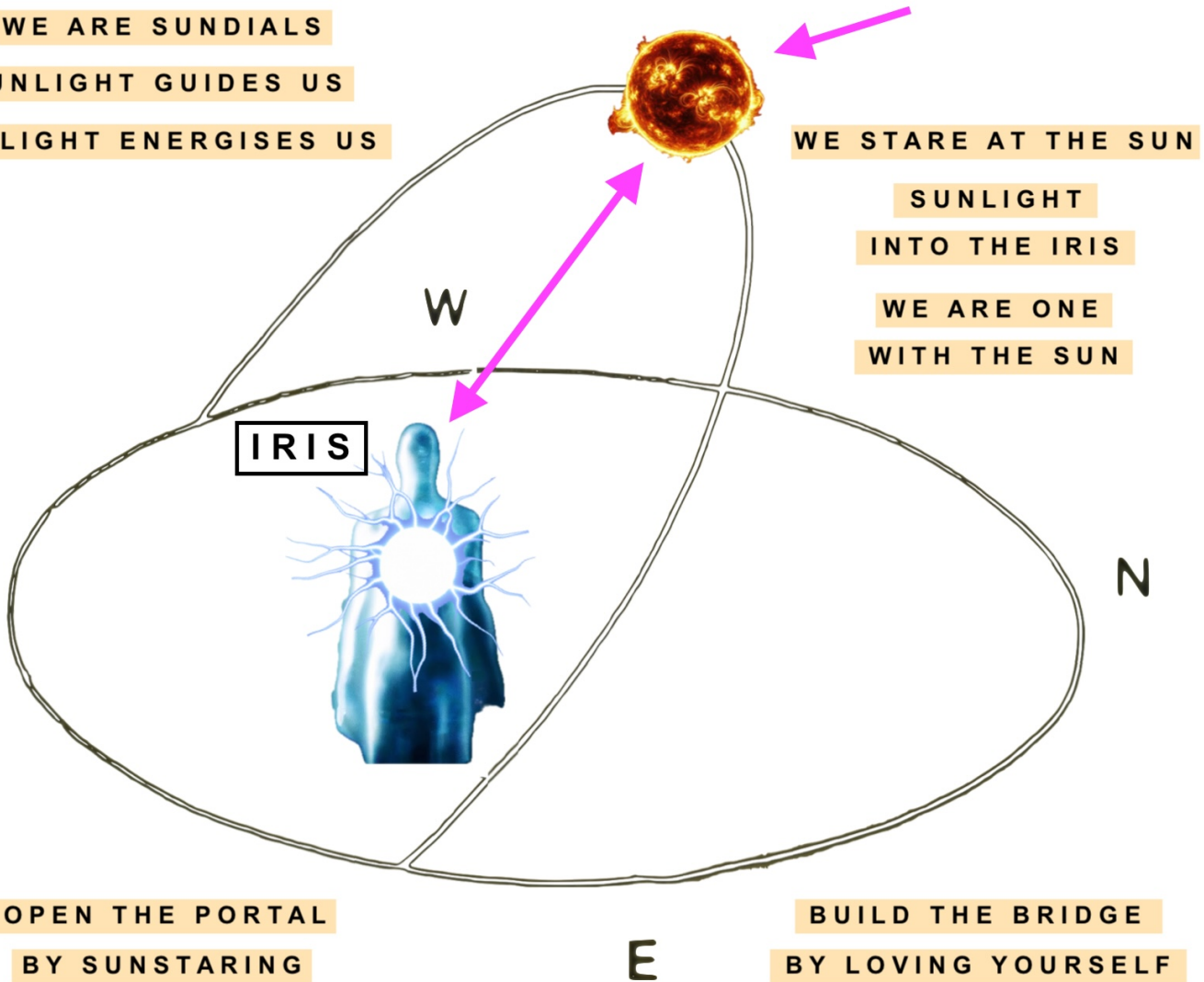
S

N

OPEN THE PORTAL  
BY SUNSTARING

E

BUILD THE BRIDGE  
BY LOVING YOURSELF



# INFINITE VIRTUOUS CYCLES



COMPASS

SUNDIAL

HEARTBEAT

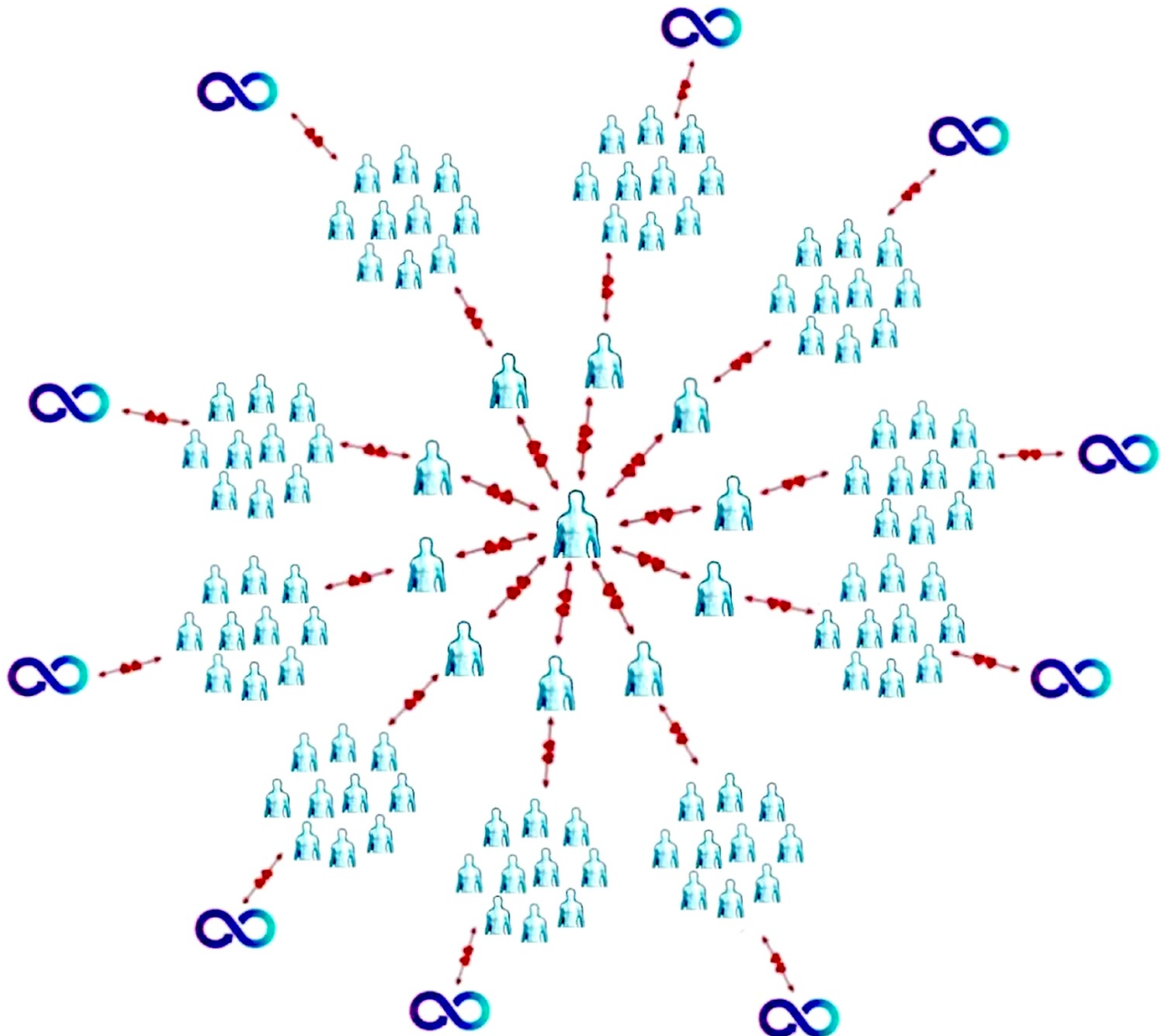
DNA  
KEY



# INFINITE LOVE PULSE

THE PULSE OF LOVE SYNCS WITH ALL HEARTS

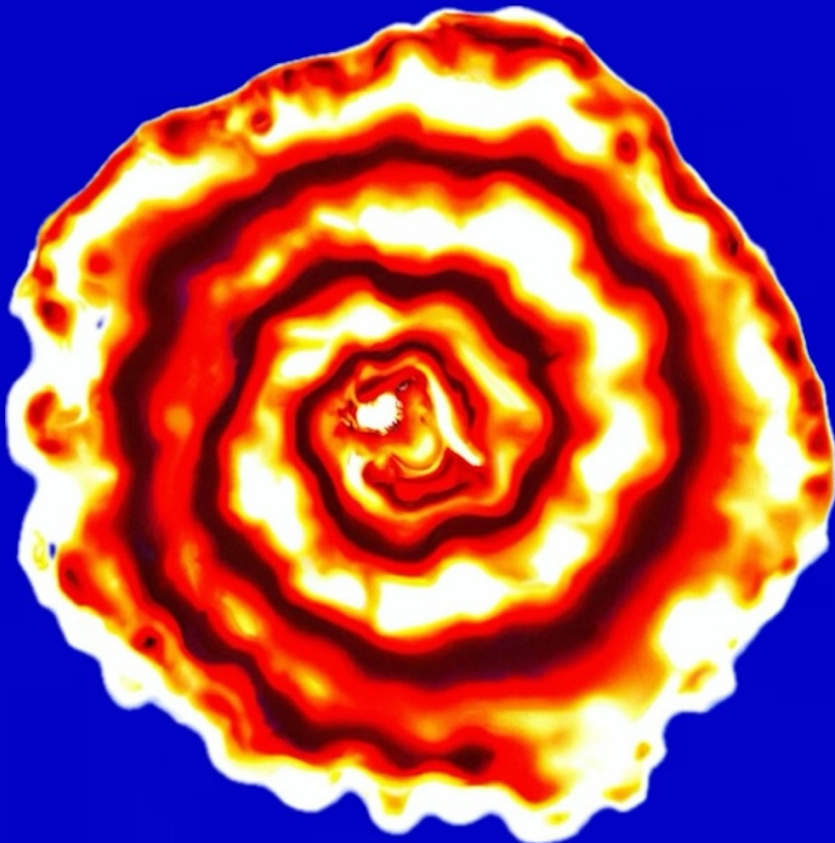
HEARTBEAT = LOVE



# THE BRIDGE

WHEN WE STARE AT THE SUN  
WE OPEN THE PORTAL TO INFINITY  
SUNSTARING BUILDS THE BRIDGE  
SPHERICAL ENERGY IN FRONT OF OUR SIGHT  
OUR CONNECTION WITH THE CREATOR  
BUILD THE BRIDGE AND EVOLVE TO INFINITY

THE BRIDGE LOOKS LIKE THIS:



# INFINITE VIRTUOUS CYCLES



SUNLIGHT IRIS



BREATH HEARTBEAT



GUT FEELINGS   INSTINCTS   HUNCHES

INTUITION   INSIGHTS   SIXTH SENSE

THIRD EYE

YOU HAVE EVERYTHING YOU NEED

# INFINITE VIRTUOUS CYCLES



PITUITARY  
GLAND

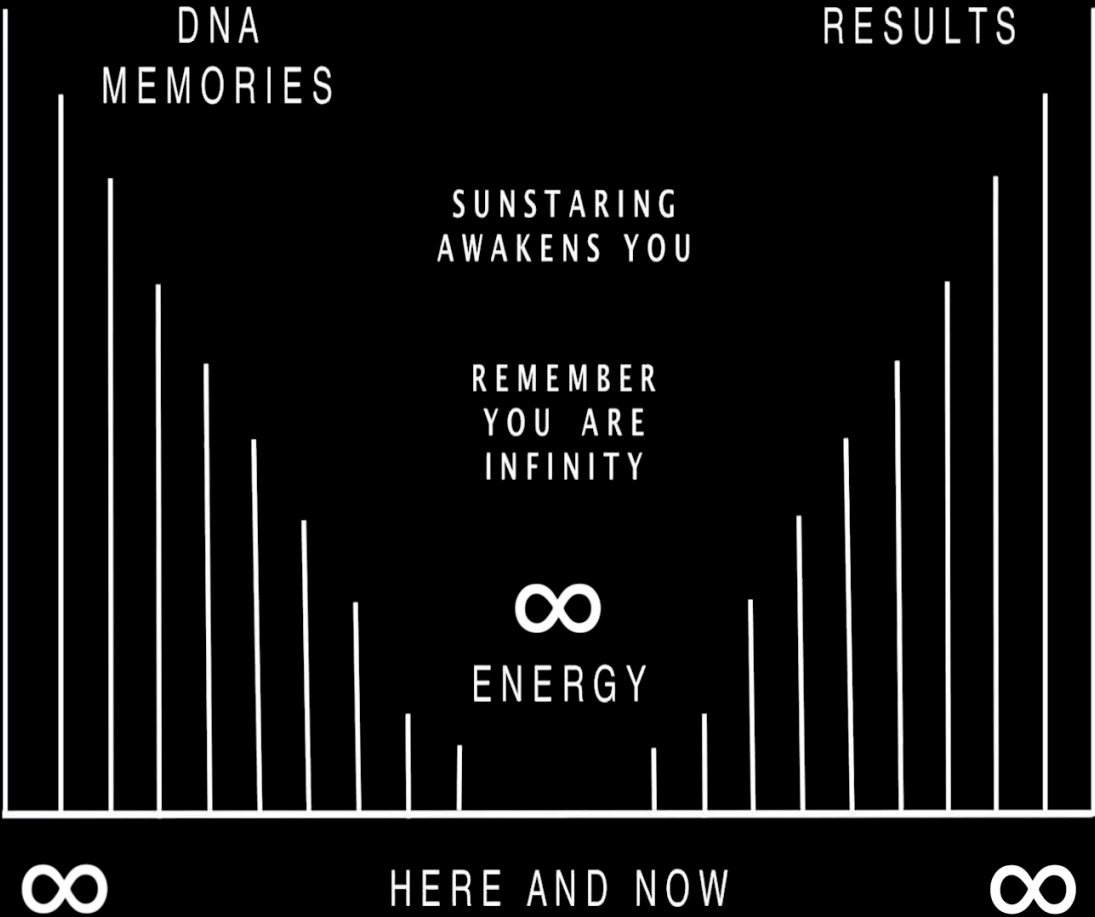
PINEAL  
GLAND

GAMMA  
ENERGY

PLASMA  
ENERGY



COMPASS AND SUNDIAL  
HERITAGE AND LEGACY  
STORY OF HUMANITY



INFINITE ETERNAL DAWNING SUNRISES

EARLY<sup>2</sup>

EARLY SQUARED

EARLY NIGHT = EARLY MORNING

FROM SUNRISE TO SUNRISE

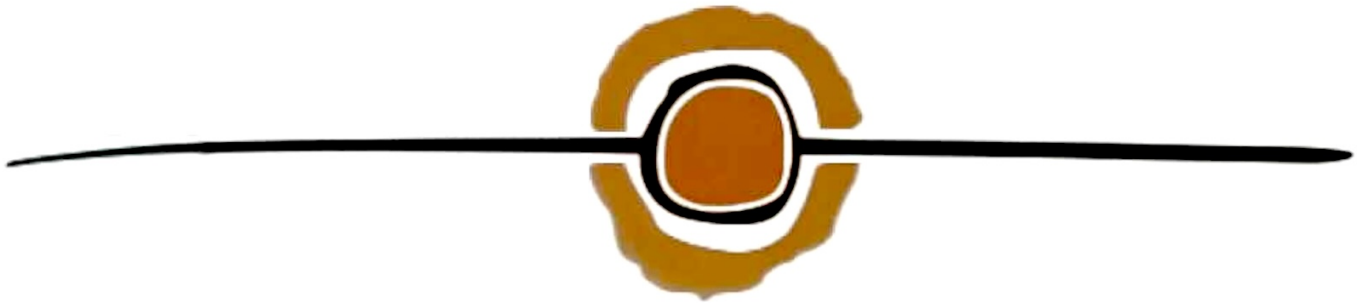
**FROM SUNRISE TO SUNRISE**

**A NEW DAY**

**A NEW DAWN**

**AS SUNDIALS WE RISE WITH THE SUN**

**EVERY DAY IS A NEW BEGINNING**



**WE SUNSTARE TO ENERGISE OURSELVES**

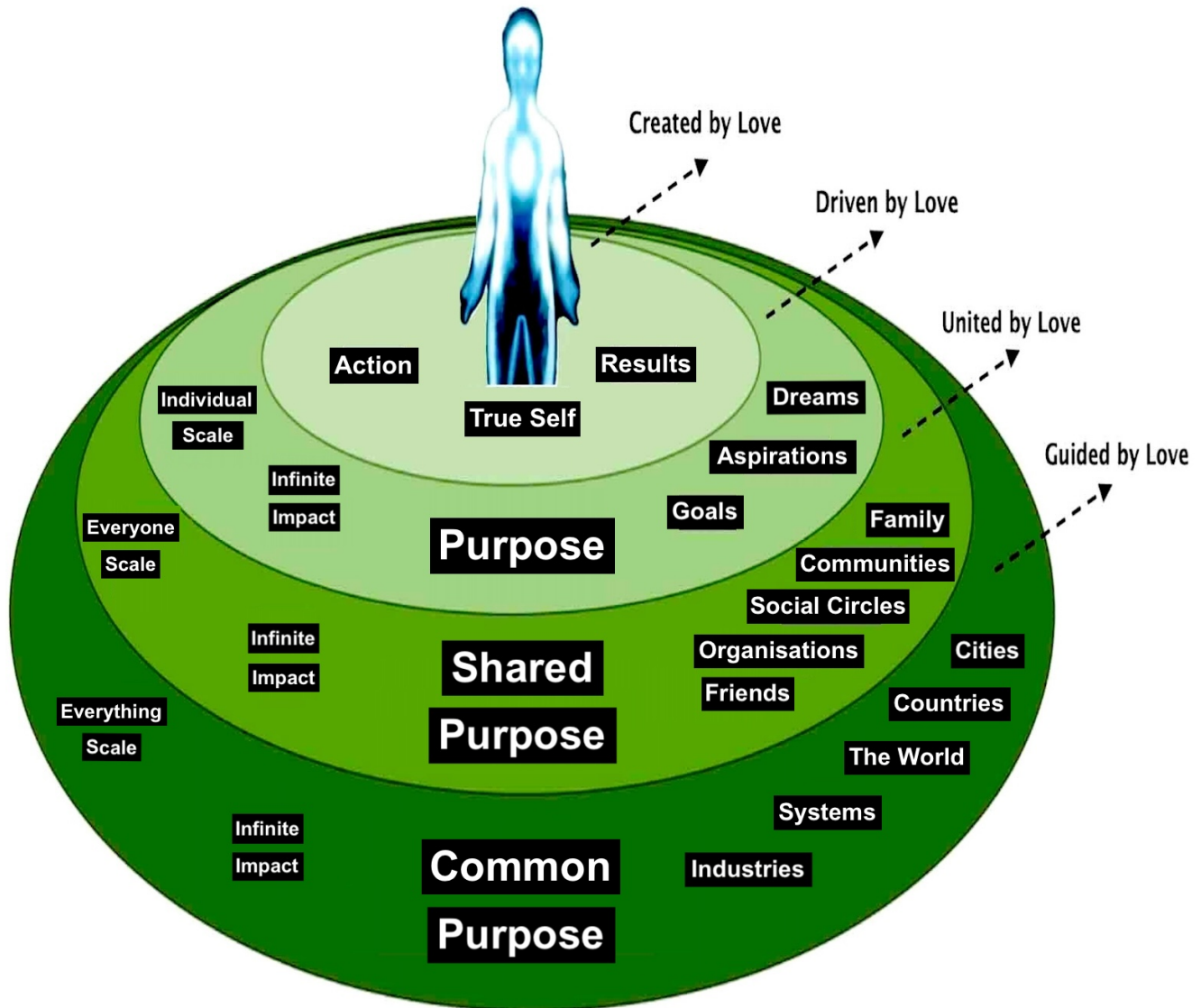
**THIS ENERGY POWERS OUR DREAMS**

**PURPOSEFUL DAILY ACTION**

**MANIFESTS FREE WILL**

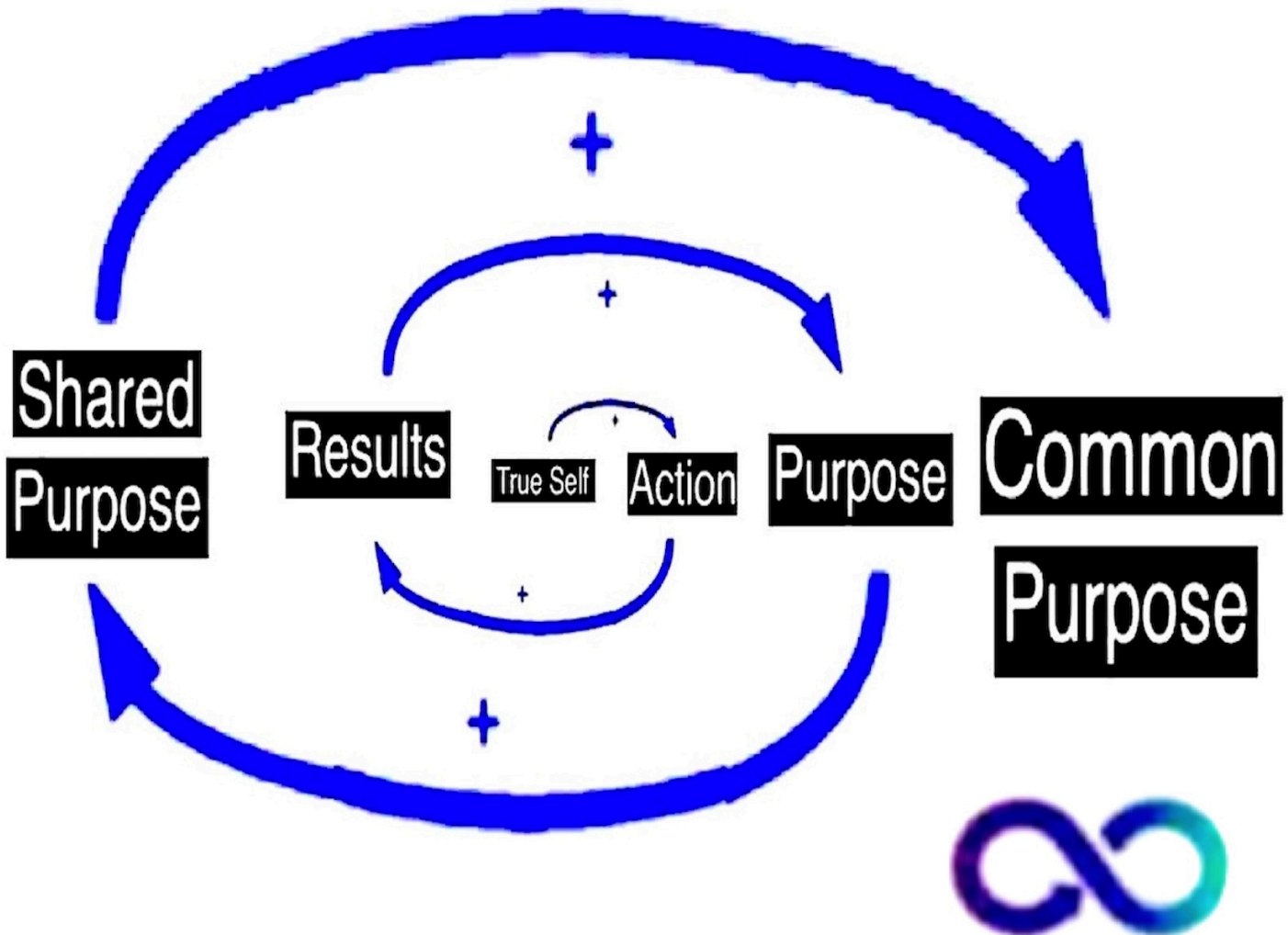
# 10X LOVE SCALES

OUR HEARTBEAT CONNECTS WITH EVERYTHING



# PURPOSEFUL LOVE

THE HEARTBEAT IS THE HERE AND NOW



**INFINITE ETERNAL CREATORS  
WE CREATE WITH OUR HEARTS  
LOVE IS THE ENERGY OF CREATION  
LOVE EVERYTHING YOU DO HERE AND NOW  
WHY - HOW APPLIED TO PURPOSEFUL DAILY ACTION**

**FUNDAMENTAL  
ENERGY SOURCES**

**DREAMS**

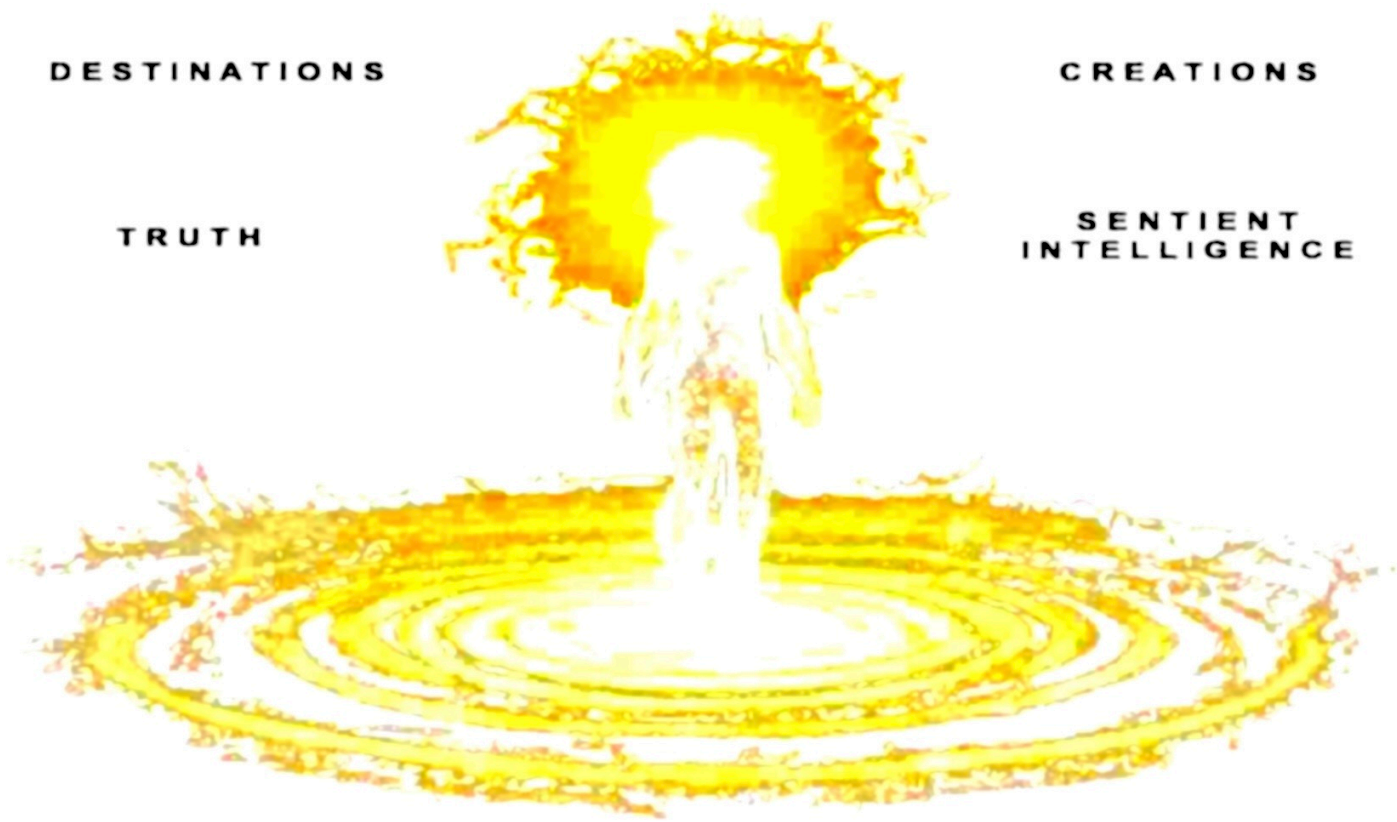
**PURPOSE**

**DESTINATIONS**

**CREATIONS**

**TRUTH**

**SENTIENT  
INTELLIGENCE**



# THE IMAGE OF THE CREATOR

THE CREATOR ITSELF IS INFINITE CONSCIOUS AND SELF AWARE SPHERICAL LOVE ENERGY

JUST LIKE THE SUN AND THE INFINITE ENERGY OF THE HEART

THE APPLE AND THE EYE OF THE STORM ARE SPHERICAL ENERGY

THE ORGANISING AGENT OF CREATION IS SPHERICAL ENERGY



**TRUE  
NORTH**

Quest For Purpose  
Starts Here

Staying The Course

Purposeful Destination

Always On Course

**PURPOSEFUL ENERGY OF CREATION**

**THE ENERGY OF LOVE CREATES REALITY**

**SAME PATTERN OF CREATION IN NATURE**



# TELEMETRIC THINKING

**THE ORGANISING AGENTS OF CREATION ARE SPHERICAL ENERGY VALUES  
THESE VALUES ARE THE BUILDING SPHERES OF REALITY**

**OUR CONSCIOUSNESS AND SELF AWARENESS MAKE US INTELLIGENT**

**OUR INTELLIGENCE ENABLES THE ABILITY TO UNDERSTAND THE PRINCIPLES OF CREATION ITSELF  
ONCE WE KNOW WHAT THE CREATOR IS AND HOW THE CREATOR CREATES WE BECOME THE CREATORS**

**THE CREATOR ITSELF EVOLVED INTO US. THUS, WE ARE THE CREATORS AT THE BIOLOGICAL SCALE**

**WE ARE THE MEDIUM BY WHICH THE CREATOR ITSELF CREATES CREATIONS AT THE BIOLOGICAL SCALE**

**THEREFORE, WE CAN MASTER ALL SPHERICAL ENERGY VALUES CONSTITUTING OUR REALITY**

**OUR REALITY PLANE ENERGY IS INFINITE. THINK OF THIS SPACE AS SPHERICAL VALUES OF OUR OWN CREATION**

**OUR HEART IS THE BIOLOGICAL SINGULARITY AND CREATOR. LOVE IS THE ENERGY OF CREATION**

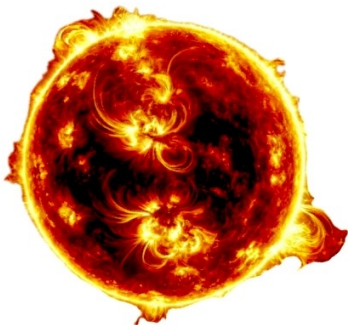
**WE ENERGISE THE SPACE AND VACUUM OF REALITY WITH THE ENERGY OF THE HEART**

**SPHERICAL ENERGY VALUES AS THE ORGANISING AGENT, PATTERN AND STRUCTURE**

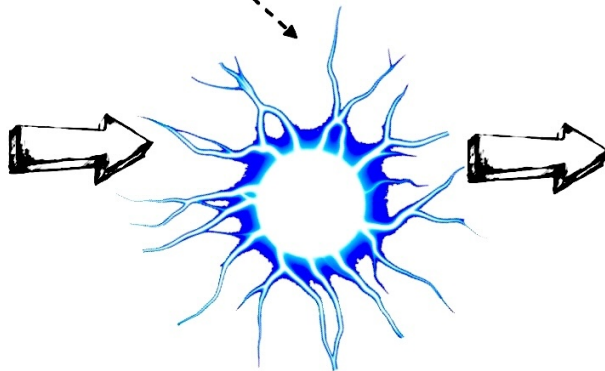
**SPHERICAL ENERGY VALUES CONTAIN BINDING PROPERTIES, QUALITIES AND ATTRIBUTES**

**GREENFIELDING FIDELITY AT YOUR ENERGY PRIME**

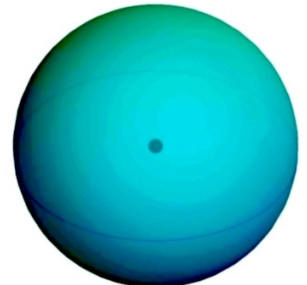
Understanding the Sun's Singularity



Mastering Infinite Singularity Energy



Manufacturing Infinite Energy Generators



# SPHERICAL ENERGY VALUES

HUMANS ARE THE INFINITE ENERGY OF BIOLOGY

EACH HUMAN IS AN INFINITE COMPASS

OUR EIGHT PRIMARY ELEMENTS ARE CONSTITUTED BY INFINITE ENERGY VALUES

INFINITE HEARTBEAT PULSE LOVE ENERGISES AND POWERS EACH VALUE

OUR INFINITE FREE WILL ASSIGNS ENERGY INPUTS AND OUTPUTS TO EACH VALUE

OUR PURPOSEFUL DAILY ACTION SCALES EACH VALUE TO INFINITY

## COMPASS

## VALUES

1. IDENTITY AND TRUE SELF



WHO

2. PURPOSE



WHY

3. ENERGY



HOW

4. ACTION



HOW

5. WHY-HOW



WHAT

6. FLOW



WHAT

7. TRUE NORTH



WHERE

8. DESTINATION



WHEN

# PROTO META SYSTEMS

## UNITY PRINCIPLES

AS SUNDIALS WE ENERGISE OURSELVES TO INFINITY BY SUNSTARING

OUR HEARTS USE THIS ENERGY TO INFINITELY ENERGISE THE SPACE AND VACUUM OF REALITY

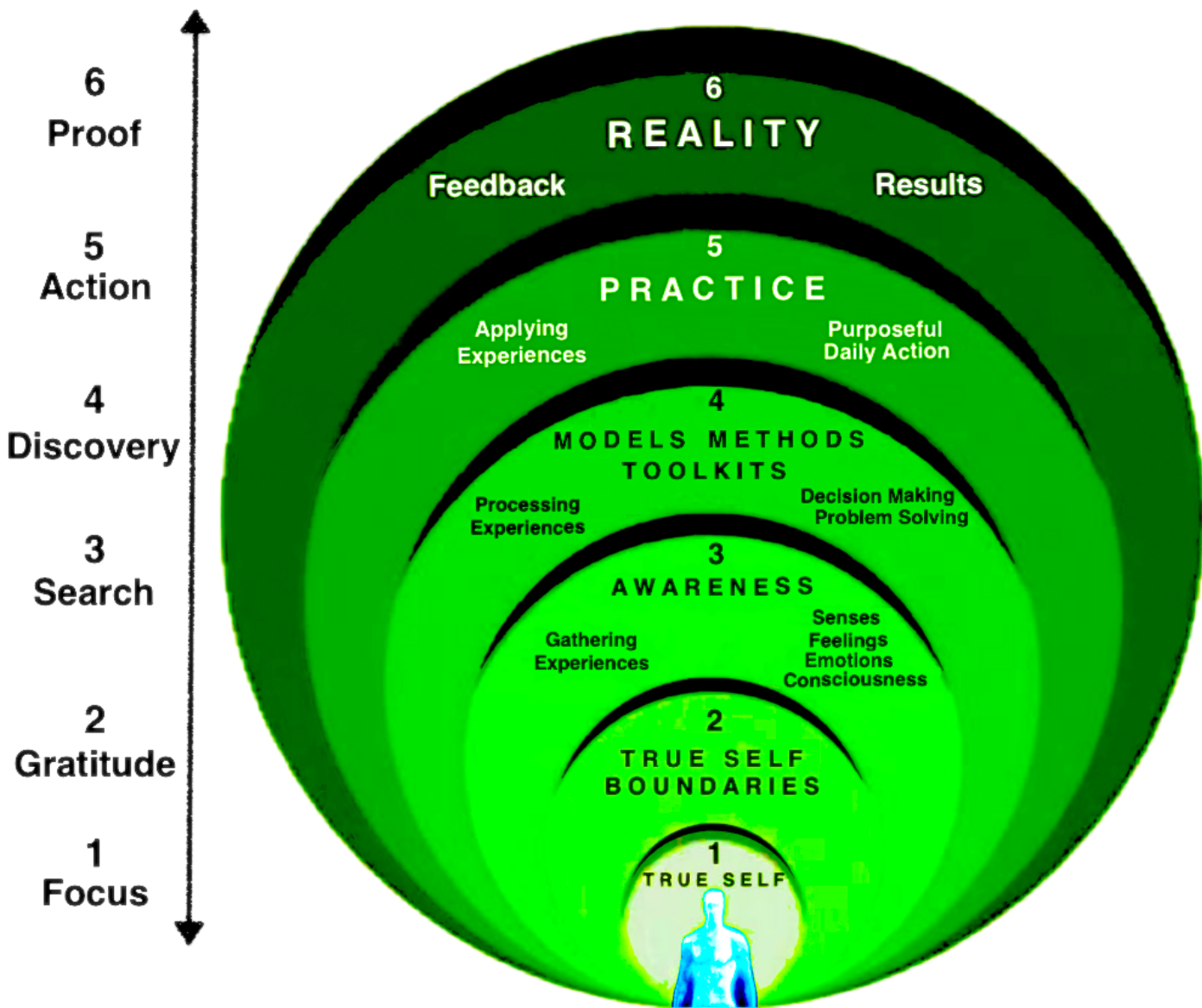
OUR INFINITE LOVE MANIFESTS INFINITE FREE WILL. THUS, ENERGISING PURPOSEFUL DAILY ACTION

WITH THE ENERGY OF LOVE DRIVING OUR FREE WILL. WE ELEVATE TO HIGHER ENERGY STATES

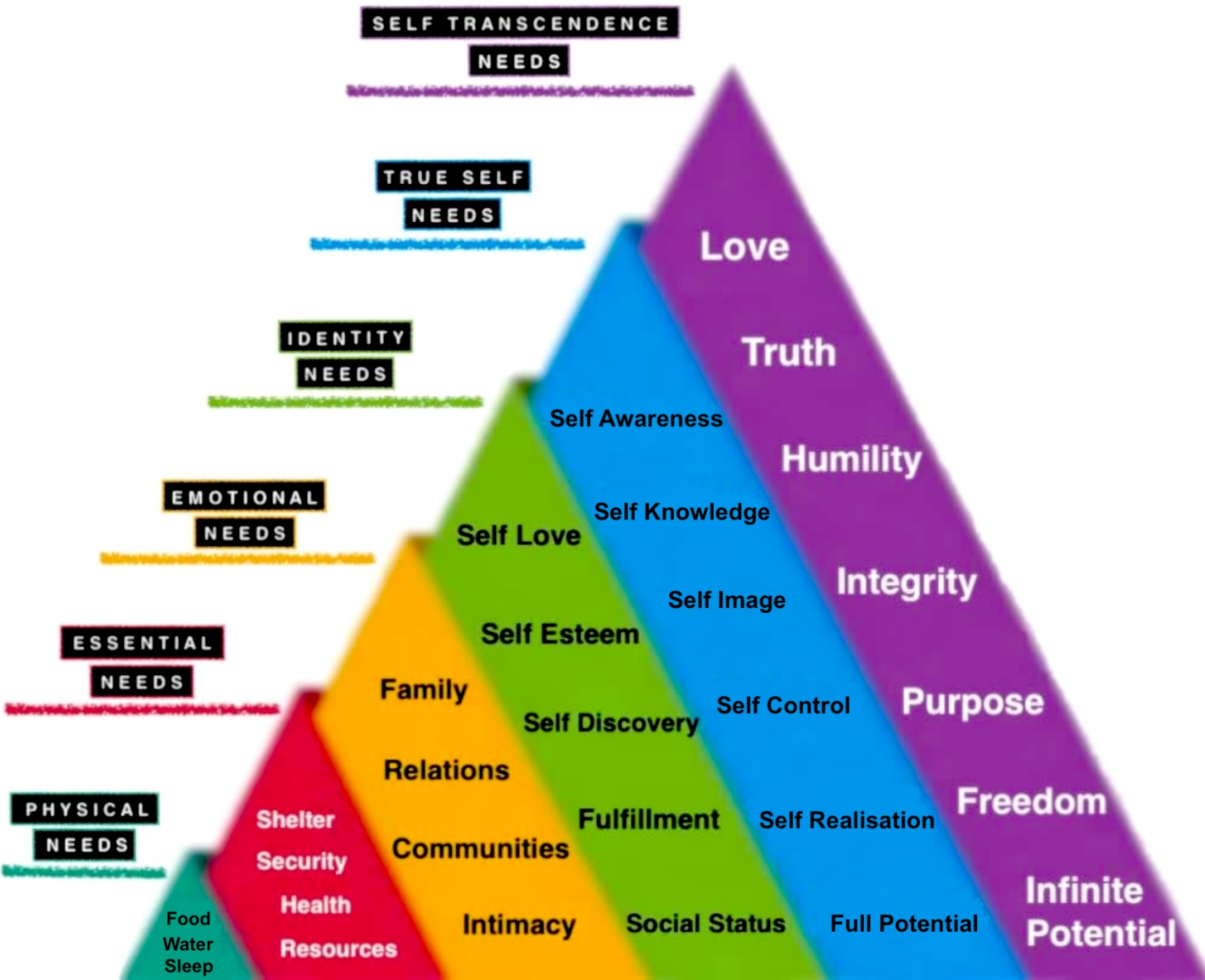
WE CREATE OUR OWN REALITY PLANES BY POWERING OUR SPHERICAL ENERGY VALUES

FINITE -----> INFINITE	FRAGMENTED -----> INTEGRATED
MOTIONLESS -----> PULSE CYCLE	PARTIAL -----> HOLISTIC
EQUIFINALITY -----> FLOW	DYSFUNCTIONAL -----> FUNCTIONAL
IGNORANCE -----> LOVE	INSULAR -----> ORGANISING
UNCONSCIOUS -----> CONSCIOUS	DISORGANISED -----> STRUCTURED
UNAWARE -----> SELF AWARE	LACKING -----> STABLE
PURPOSELESS -----> PURPOSEFUL	IMBALANCE -----> EQUILIBRIUM
INCOHERENT -----> HARMONIOUS	DIVIDED -----> UNITED
STATIC -----> SYNERGISTIC	FRAGILE -----> RESILIENT
RANDOM -----> CONFLUENCE	ABSTRACT -----> SOLID
DISCONNECTED -----> CONNECTED	FLAWED -----> SOUND
SINGLE POINT -----> DISTRIBUTED	ASYMMETRIC -----> SYMMETRIC
CENTRALISED -----> DECENTRALISED	OBSOLETE -----> GREENFIELD
LINEAR -----> HYPERGEOMETRIC	SATURATED -----> FIDELITY

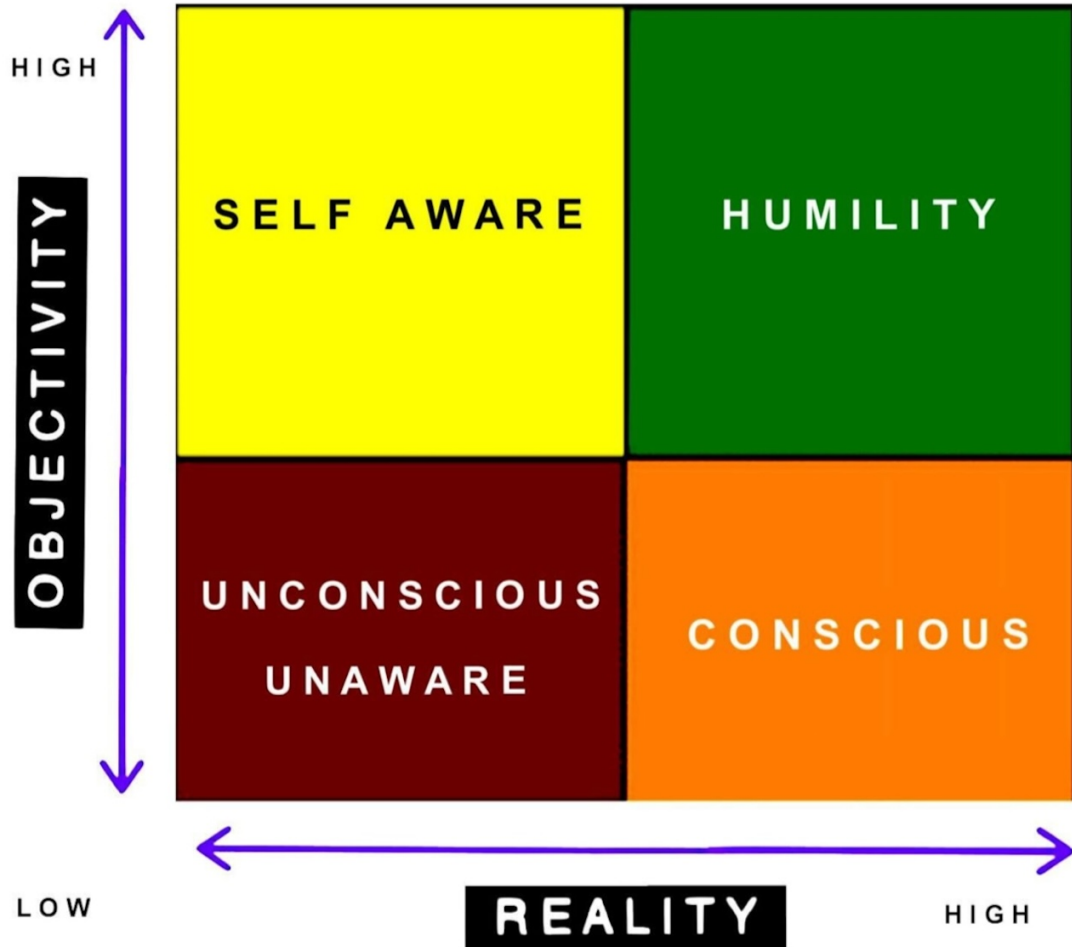
# REALITY PLANES



# THE CLIMB TO INFINITY



# OBJECTIVE REALITY IS TRUTH



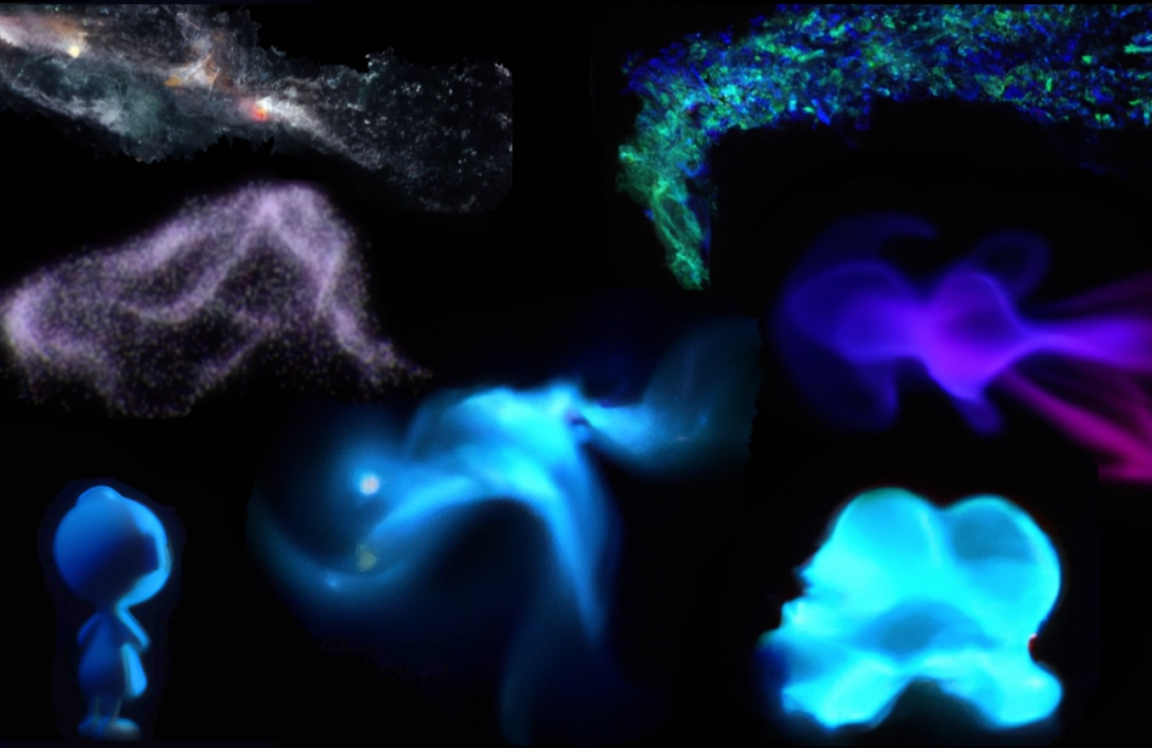
# FANTASIES AND ILLUSIONS

MEDIUMS  
AND  
MEDIA

MESSENGERS  
AND  
MESSAGES

OUTSIDE  
YOU

WITHIN  
YOU



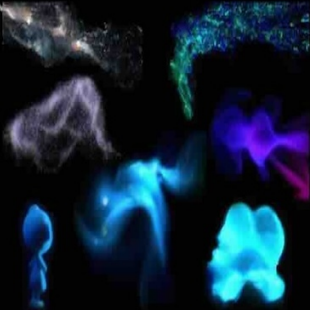
**VICIOUS CYCLE**



**ILLUSIONS FANTASIES**



# SENSORY PERCEPTION



FANTASIES  
AND  
ILLUSIONS



COMPASS  
AND  
SUNDIAL

DELUSIONAL —————> RATIONAL

Falsehoods driving misinterpretations of reality

Logical thinking aligning with reality

ABSTRACT —————> SOLID

Vague notions inconsistent with reality

Firm tangible presence in reality

UNREALISTIC —————> REALISTIC

Misaligned perceptions diverging from reality

Accurate sensory perceptions reflecting reality

DISTORTED —————> CLEAR

Altered sensory perceptions affecting reality

Unambiguous concrete perceptions of reality

DISSONANT —————> HARMONIOUS

Conflicting sensory perceptions disrupting reality

Consistent perceptions creating balanced reality

CONFUSED —————> CERTAIN

Lacking sensory clarity disorienting reality

Clear profound understanding of reality

DECEPTIVE —————> HONEST

Misleading sensory impressions impacting reality

Truthful sensory impressions reflecting reality

DISTRACTED —————> FOCUSED

Lacking sensory focus on reality

Complete perceptive attention to reality

# METAMORPHOSIS

## TRANSFORMATIONAL STAGES



COMPASS  
AND  
SUNDIAL

YOU WERE BORN FOR A PURPOSE

YOU NEED AN INSTRUCTION MANUAL

COMPASS AND SUNDIAL ARE YOUR USER MANUAL

TO KNOW YOUR PURPOSE YOU MUST KNOW WHO YOU ARE FIRST

YOUR IDENTITY STARTS WITH THE ULTIMATE QUESTION

WHO AM I? THE ANSWER TO THIS QUESTION DETERMINES WHO YOU ARE

YOUR STORY GIVES YOU A VOICE

IDENTITY: THE ACTIONS TAKEN BY YOUR TRUE SELF THAT GIVE YOU A VOICE IN SOCIETY

YOUR VOICE GROUNDS YOU YOUR VOICE STRENGTHENS YOUR IDENTITY

YOUR VOICE GIVES YOU A STRONG SENSE OF PURPOSE

BY TELLING YOUR STORY, YOU SHARE YOUR IDENTITY WITH EVERYONE IN SOCIETY

YOUR STORY TELLS THE WORLD WHO YOU ARE AND WHERE YOU COME FROM

WHEN YOU ARE IN TOUCH WITH YOUR TRUE SELF THE STORY OF YOUR LIFE BECOMES VERY MEANINGFUL

WHEN YOU KNOW YOURSELF YOU UNDERSTAND YOUR VALUES, PRIORITIES AND PURPOSE

YOU KNOW WHAT'S IMPORTANT WHAT GIVES YOU MEANING WHAT MAKES YOU HAPPY

IT'S YOUR RESPONSIBILITY TO FIND OUT YOUR PURPOSE IN LIFE

IDENTITY AND PURPOSE ARE INTRINSICALLY CONNECTED

PURPOSE FOLLOWS IDENTITY THEY MAKE EACH OTHER STRONGER

THERE ARE SIGNS EVERYWHERE THE FIRST SIGNS OF PURPOSE MANIFEST IN YOUR DAY TO DAY LIFE

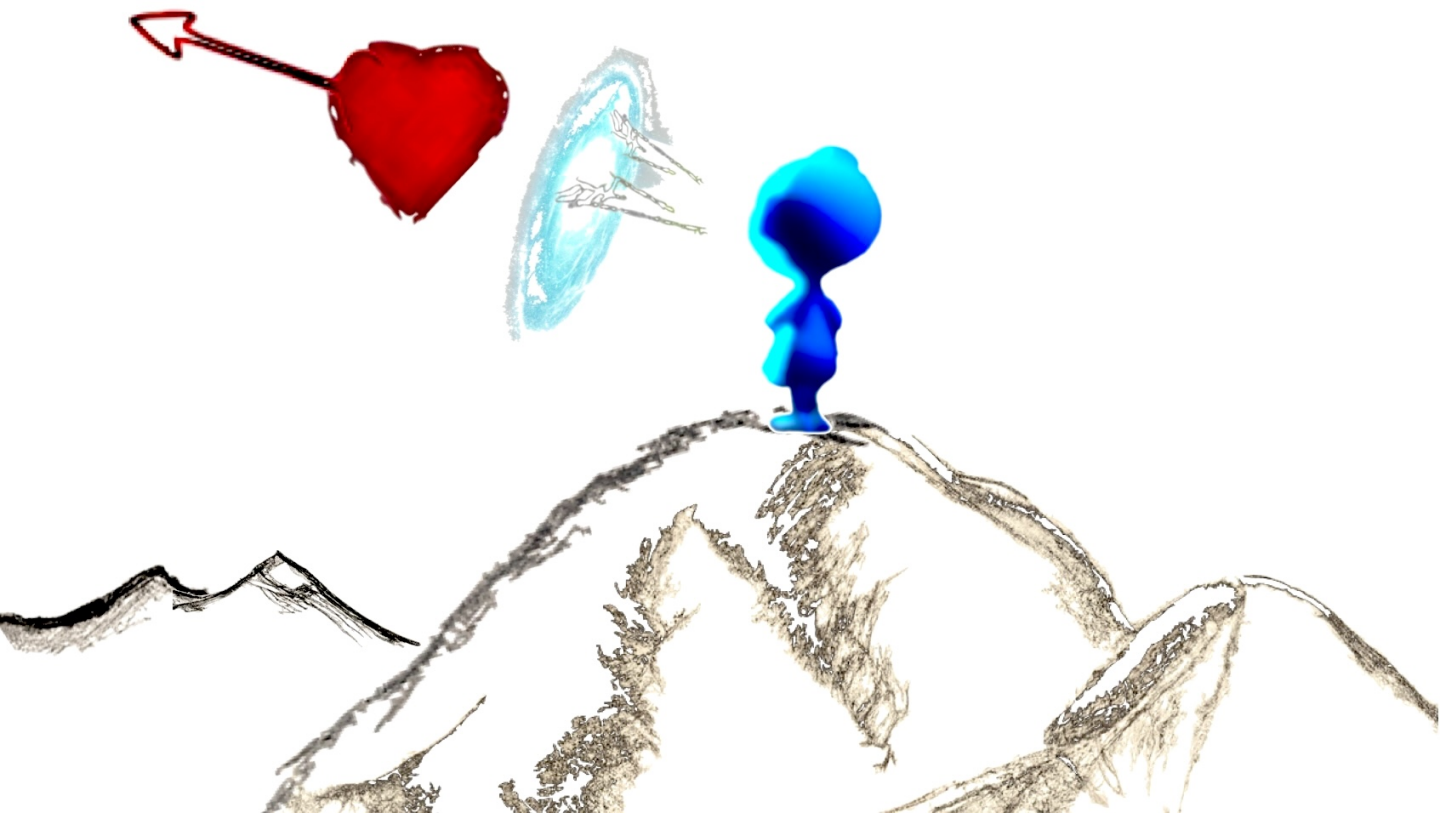
WHEN YOU START TO FEEL THE TRANSFORMATION HAPPENING INSIDE OF YOU

**GIVE INFINITE LOVE**

**LOVE WITH ALL YOUR HEART AND MIGHT**

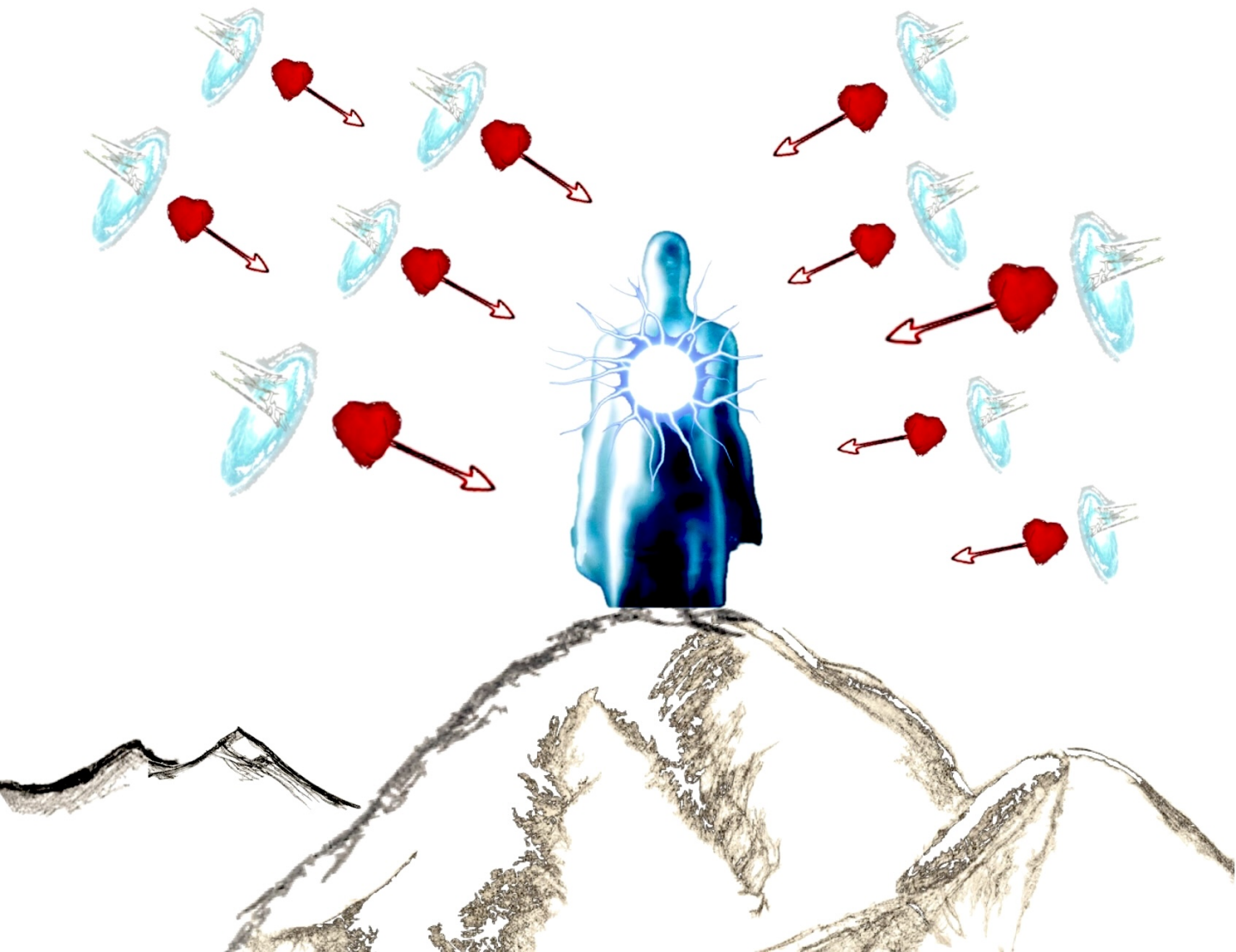
**LOVE EVERYONE AND EVERYTHING**

**FOREVER AND EVER**



**GET INFINITE LOVE**

**LOVE MAKES YOU MIGHTY**



**YOU ARE FINALLY HERE**

**YOU HAVE ARRIVED TO YOUR DESTINATION**

**FIND OUT WHO YOU REALLY ARE**

**THE ANSWERS YOU SEEK ARE INSIDE YOU**

**WHEN WILL YOU BEGIN THE INFINITE JOURNEY INTO YOURSELF?**



**WHO AM I?**



**BECOME WHO YOU ARE MEANT TO BE**

**FIND YOURSELF**

**THE PATH TO DISCOVERING YOUR IDENTITY  
STARTS WITH RESTORING YOUR CONNECTION TO**

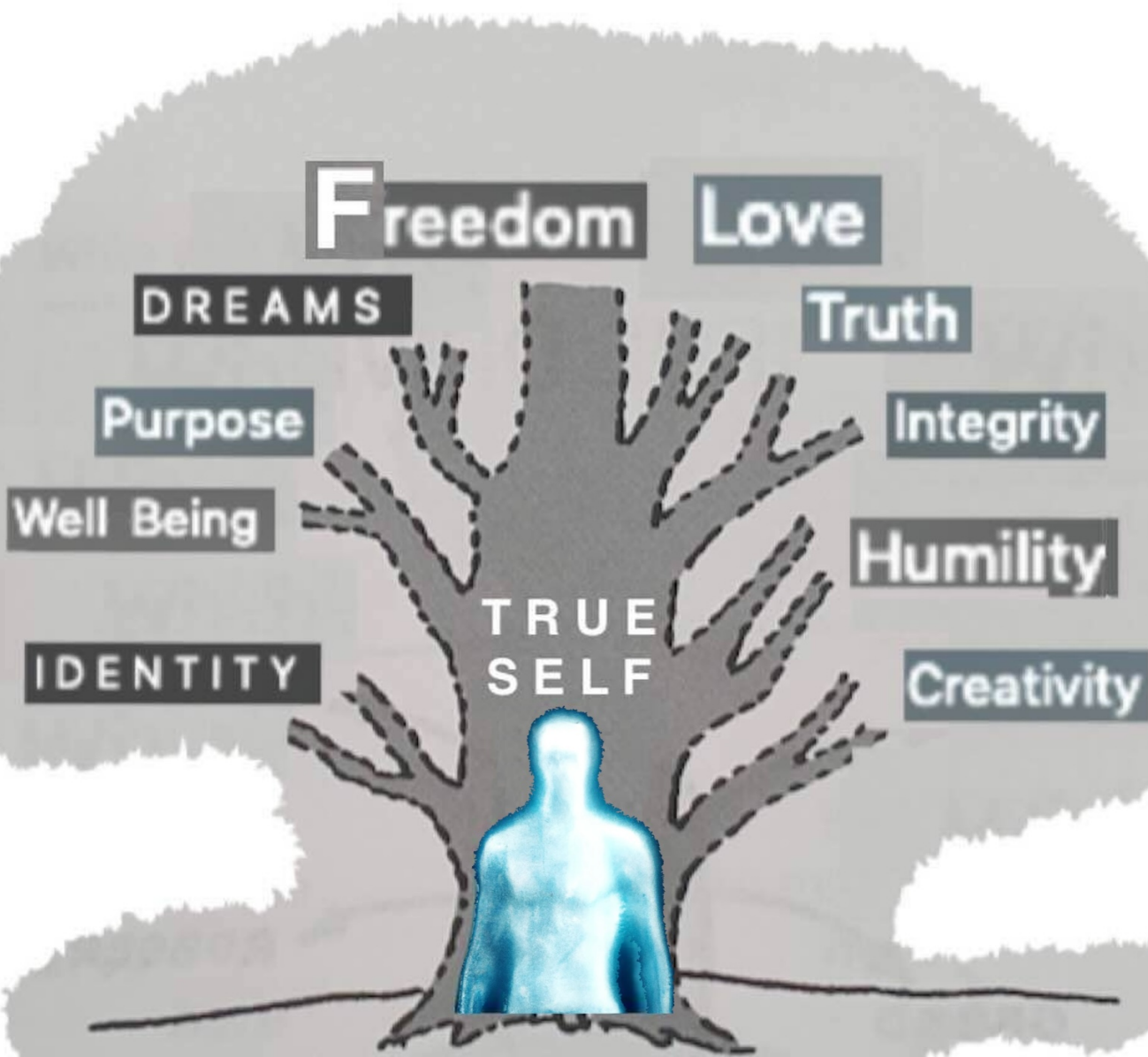
**YOUR TRUE SELF**

**SELF LOVE PLAYS A CRUCIAL ROLE IN YOUR LIFE  
LOVING YOURSELF IS THE FOUNDATION OF TRUE SELF**

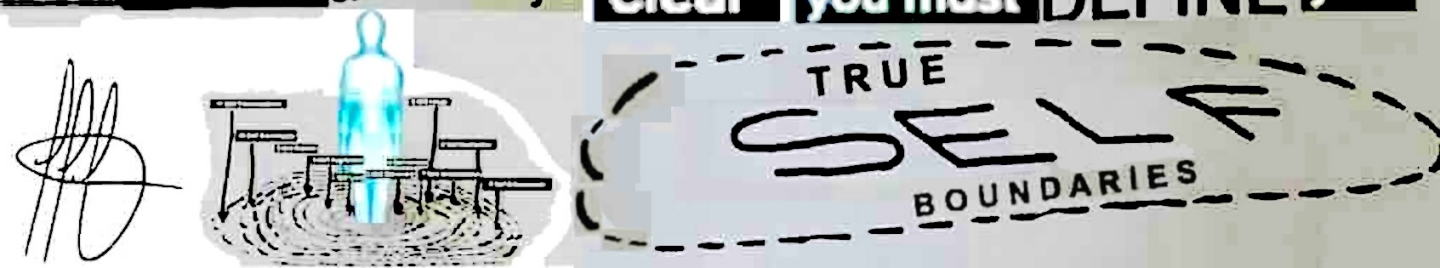
**LOVE YOURSELF  
FOLLOW YOUR HEART**

**Infinite Potential**

**within**



LOVE WITH ALL YOUR HEART AND MIGHT  
WHAT YOU LOVE TELLS YOU WHO YOU ARE  
**DO THE THINGS YOU LOVE**  
**SO YOU ARE ALWAYS LOVING**  
YOU KNOW WHAT THEY ARE BECAUSE YOU FEEL GREAT  
YOU SMILE, GIGGLE, LAUGH WHEN DOING THESE THINGS  
YOUR BODY FEELS AMAZING AND YOU KNOW YOU ARE RIGHT  
LISTEN TO THE SIGNS AND SIGNALS OF YOUR HEART  
**YOUR HEARTBEAT IS ALWAYS RIGHT**  
THE HEART GIVES YOU LIFE SO YOU CAN LOVE LIFE  
WHEN YOU LOVE LIFE, LIFE LOVES YOU  
WE LIVE TO LOVE AND WE LOVE TO LIVE  
OUR PURPOSE IS TO LOVE OURSELVES SO WE CAN LOVE ALL  
LEARN TO LOVE YOURSELF **by understanding your true self and developing your identity**  
**VALUE YOURSELF** **VALUE THE DECISIONS YOU MAKE** **VALUE THE ACTIONS YOU TAKE**  
**VALUE YOUR WORK AND THE REASONS WHY YOU DO IT**  
THESE REASONS ULTIMATELY LEAD TO LOVING YOURSELF  
WHEN YOU MAP OUT YOUR STORY **IT MUST FEEL RIGHT**  
YOU MUST MAKE ADJUSTMENTS **UNTIL YOUR STORY MAKES SENSE**  
WHEN YOUR STORY FEELS RIGHT **THE ACTIONS YOU TAKE**  
**SYNC UP WITH YOUR TRUE SELF** **AND PURPOSE IS WITHIN REACH**  
**YOUR boundaries are always clear you must DEFINE your**



# TRUE SELF BOUNDARIES



11 Self Transcendence

6 Self Image

10 Self Sovereignty

5 Self Esteem

8 Self Realisation

3 Self Awareness

4 Self Control

1 Self Love

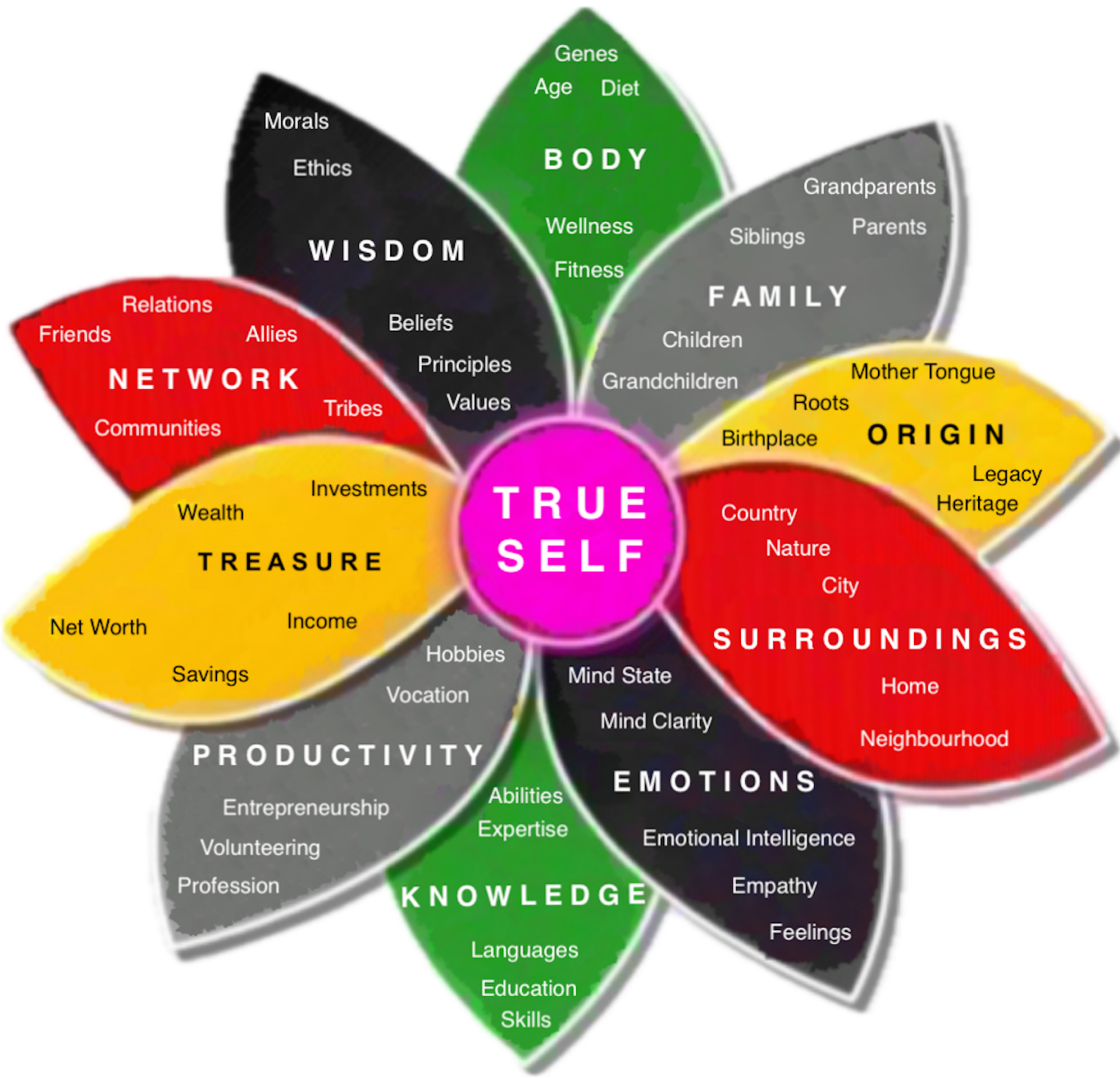
2 Self Discovery

7 Self Determination

9 Self Actualisation

# INFINITE ENERGY FIELD

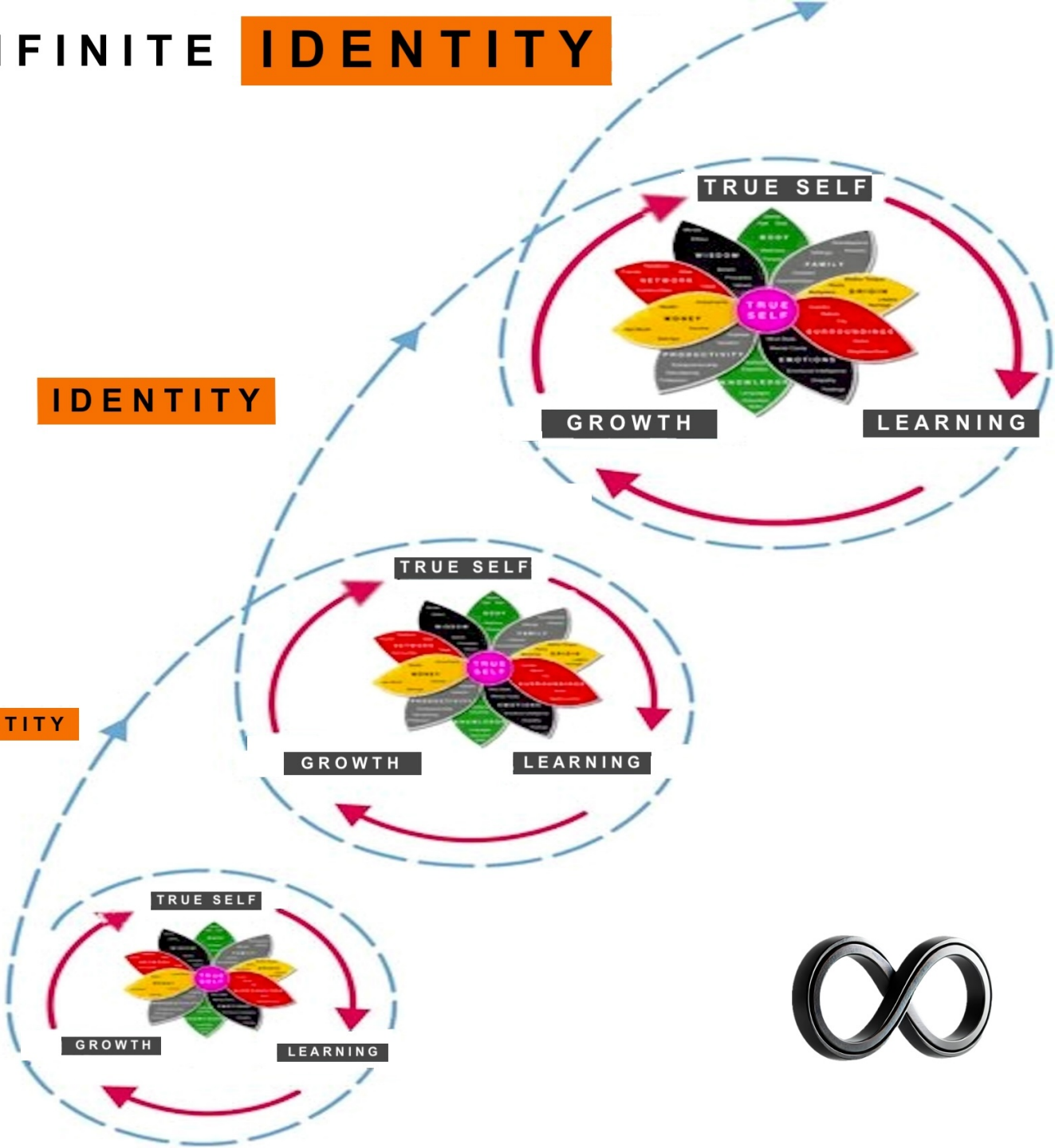
# TRUE SELF DIMENSIONS



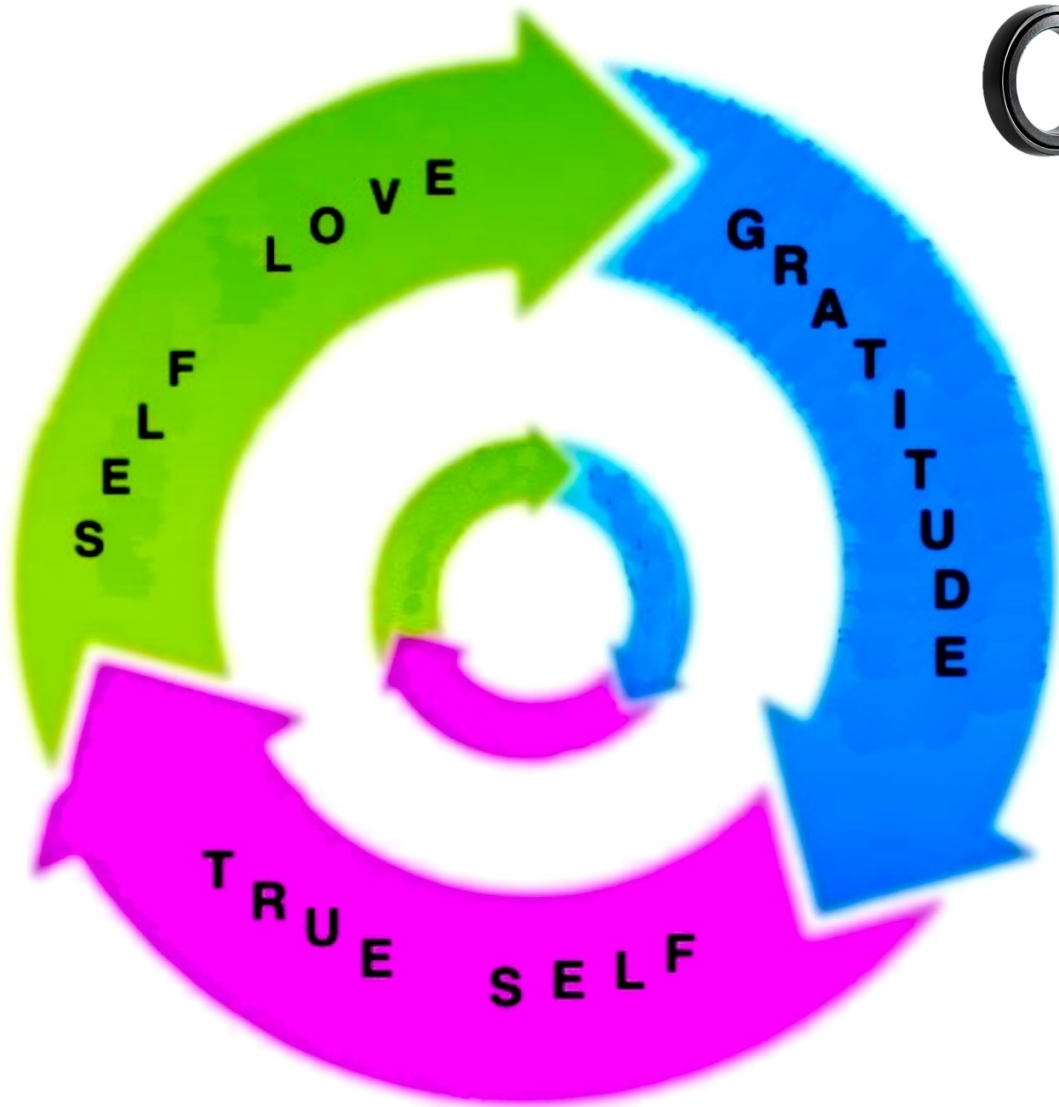
# INFINITE IDENTITY

IDENTITY

IDENTITY

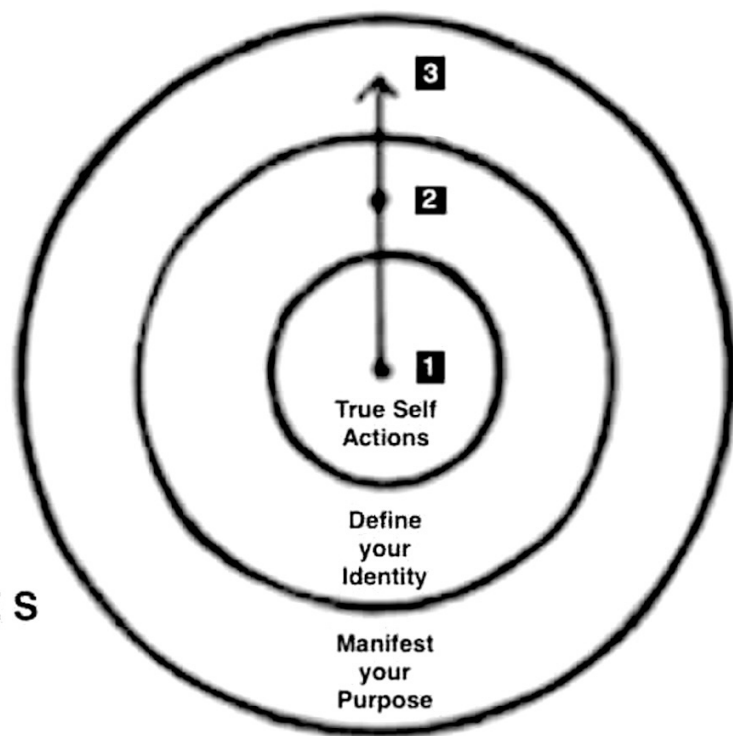


# INFINITE CYCLE



**IDENTITY DRIVEN PURPOSE**  
**YOUR ACTIONS AND DECISIONS DEFINE YOU**  
**THIS IS WHY YOUR TRUE SELF CLEARLY REFLECTS YOUR IDENTITY**

**WE  
CHANGE  
OUR  
REALITY  
BY  
LOVING  
OURSELVES**



**LOVE  
DRIVES  
PURPOSEFUL  
DAILY  
ACTION**

**WHO AND WHY**

**ARE THE KEYS TO MEANING**

**IDENTITY AND PURPOSE**

**ARE THE ORGANISING AGENTS OF ACTION AND CHANGE**

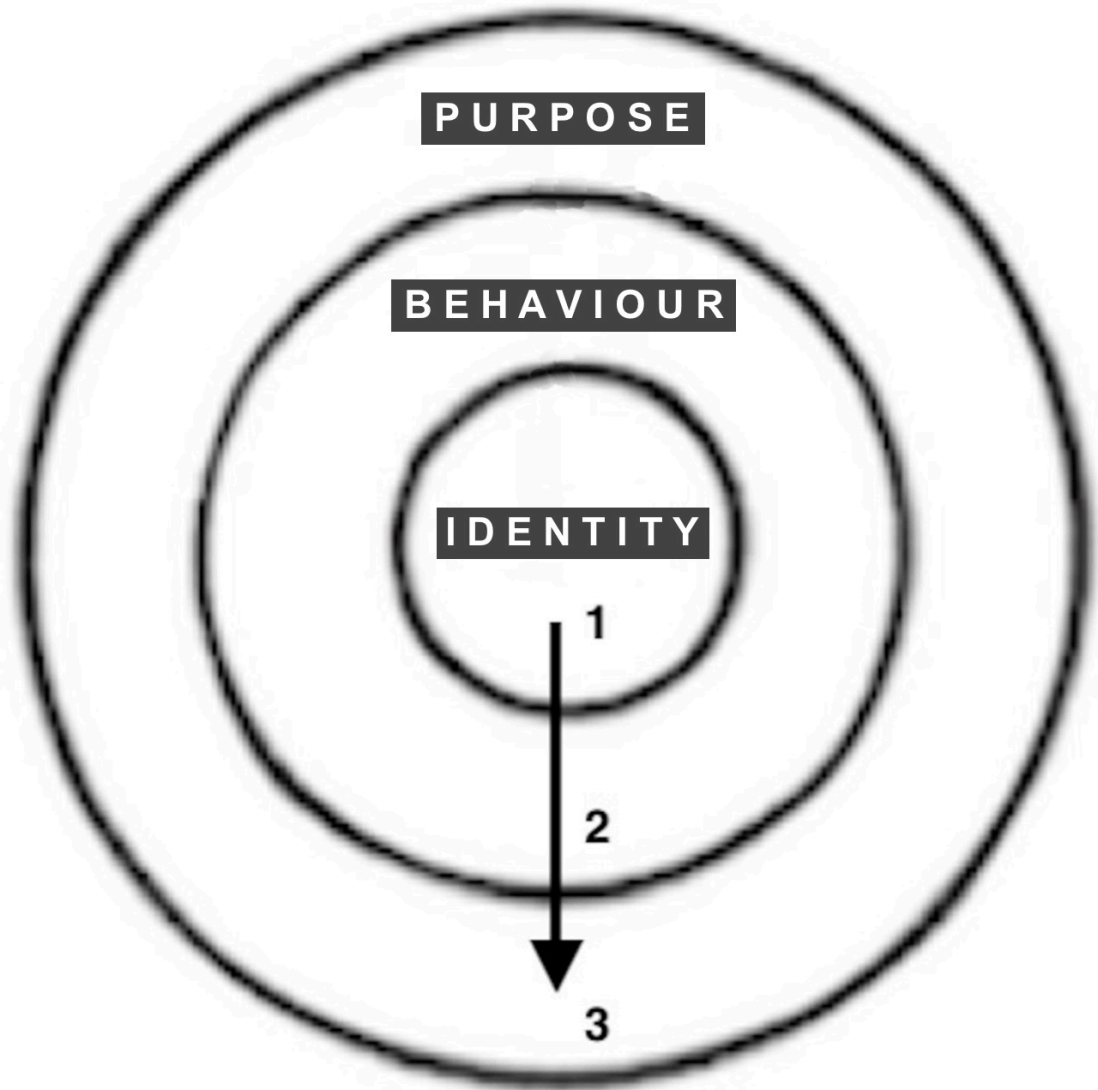
**IDENTITY LEADS TO PURPOSE AND PURPOSE STRENGTHENS YOUR IDENTITY**



**THIS IS AN INFINITE CYCLE**

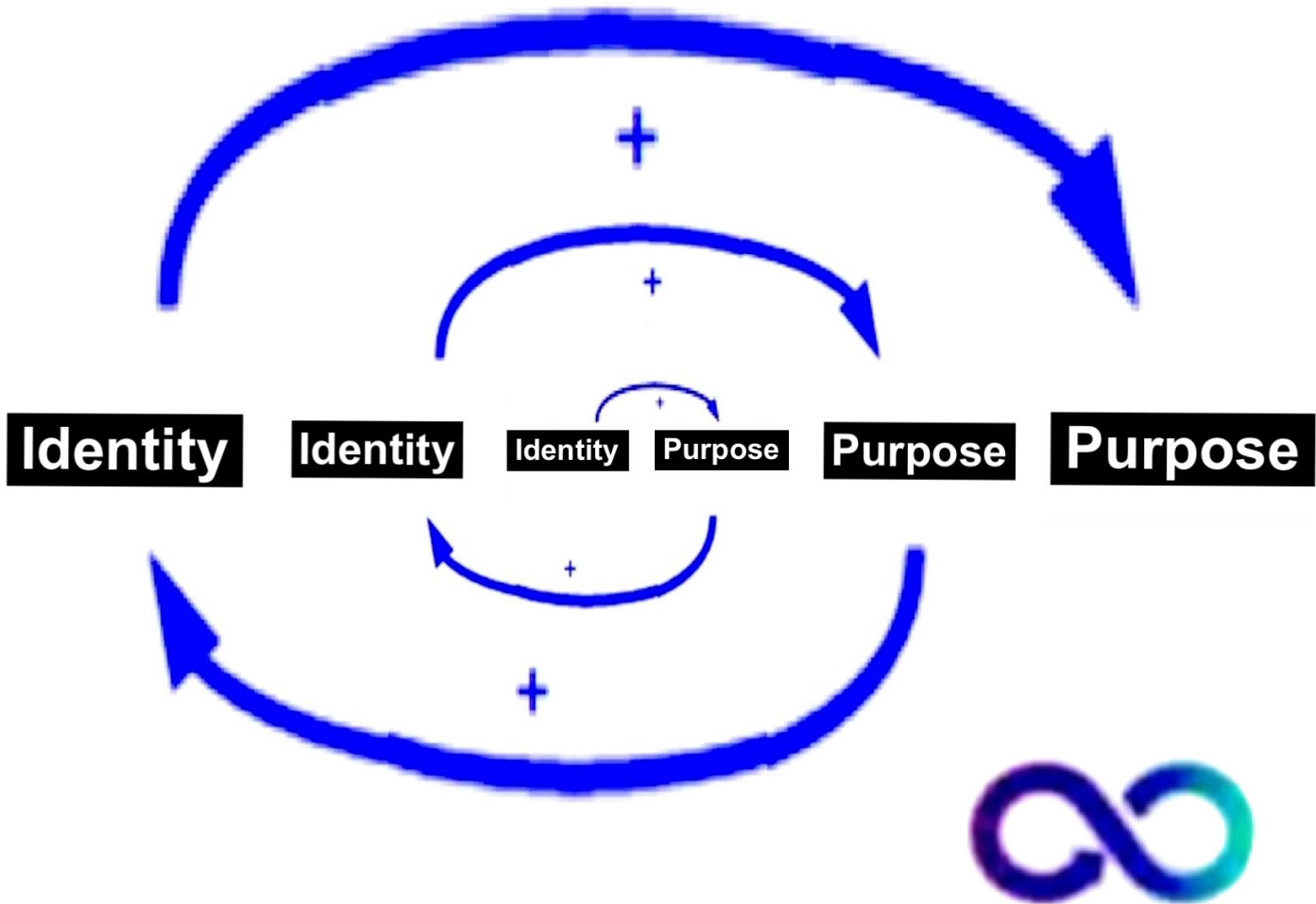


# IDENTITY BASED PURPOSE



IDENTITY DRIVES PURPOSEFUL BEHAVIOUR

# INFINITE EVOLUTION



ACTIONS DEFINE US...

THIS IS THE WAY!

NO MORE, NO LESS

YOU ARE WHAT YOU DO...

AND WHAT YOU DO DEFINES YOU!

THERE IS NO BUTS, NO IF'S...

WHAT YOU DO IS WHO YOU ARE!

WHO YOU ARE IS BASED ON YOUR BELIEFS...

BELIEFS ARE FORMED BY YOUR THOUGHTS...

THOUGHTS SHAPE YOUR MINDSET...

AND MINDSET HIGHLIGHTS YOUR VALUES, PRINCIPLES AND INTENTIONS!

YOU ARE THE EMBODIMENT OF YOUR INTENTIONS...

INTENTIONS GUIDE YOUR ACTIONS...

IN A BIG WAY, ACTIONS ARE CUES TO YOUR PERSONALITY!

THE SIGNS AND SIGNALS OF WHAT IT IS BENEATH THE SURFACE...

WHAT YOU SEE, HEAR AND FEEL ARE THE INDICATORS...

STRONG SIGNALS AMONG NOISE...

THE SOURCE OF YOUR TRUE SELF!

NO MORE, NO LESS

PURPOSE IS THE ULTIMATE GOAL

PURPOSE GIVES YOUR LIFE MEANING

A JOURNEY OF SELF DISCOVERY LEADS TO A TOTAL

# TRANSFORMATION

BE PURPOSEFUL EACH STEP OF THE WAY

PURPOSE SETS THE STRATEGY AND THE AGENDA

Harmonising Goals HERE AND NOW brings about Purpose

WHY AM I HERE FOR? = PURPOSE

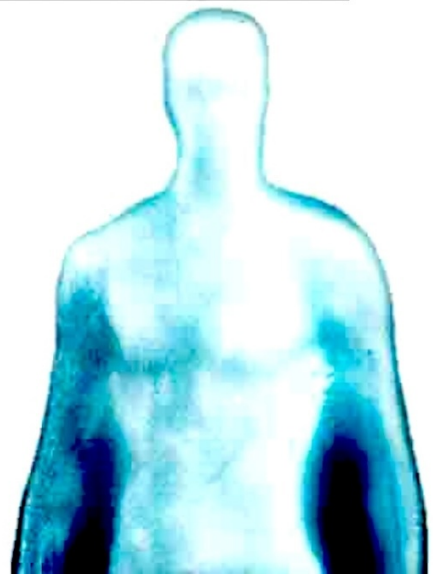
PURPOSE CONNECTS AND GUIDES US

PURPOSE DEFINES AND DRIVES US

MEANING

PURPOSE

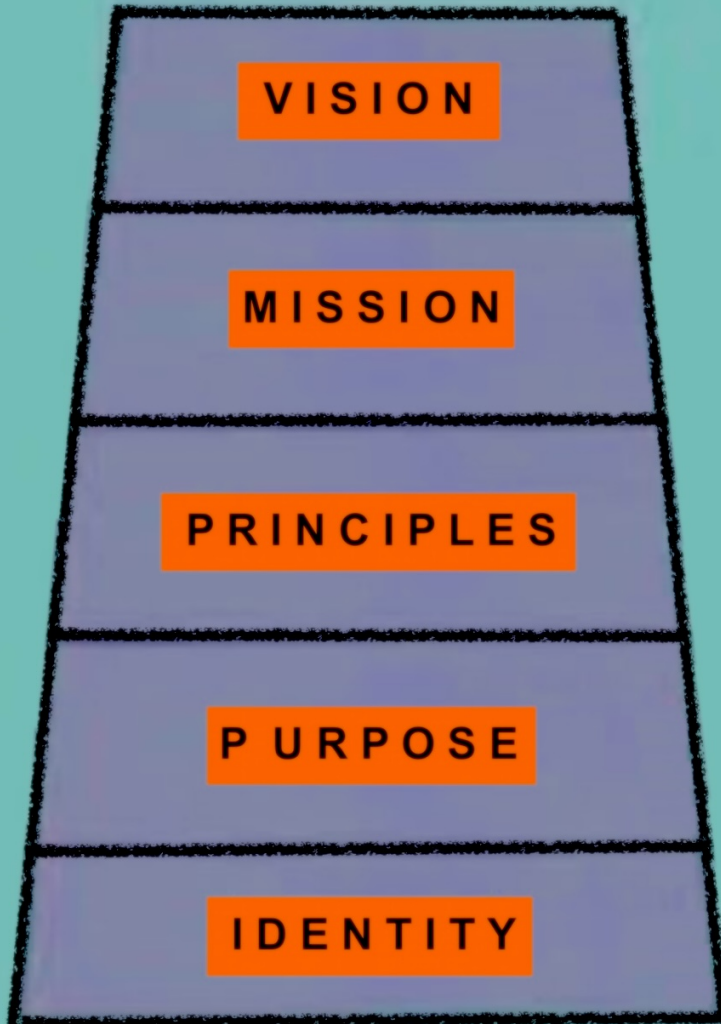
ACTION



# PURPOSE

KNOWING THE REASON WHY YOU EXIST  
AND TAKING ACTION HERE AND NOW  
TO ADVANCE YOUR AGENDA

## PURPOSE LED STRATEGY



VISION

WHEN AND WHERE

YOU DO IT

MISSION

WHAT YOU DO

PRINCIPLES

HOW YOU BEHAVE

PURPOSE

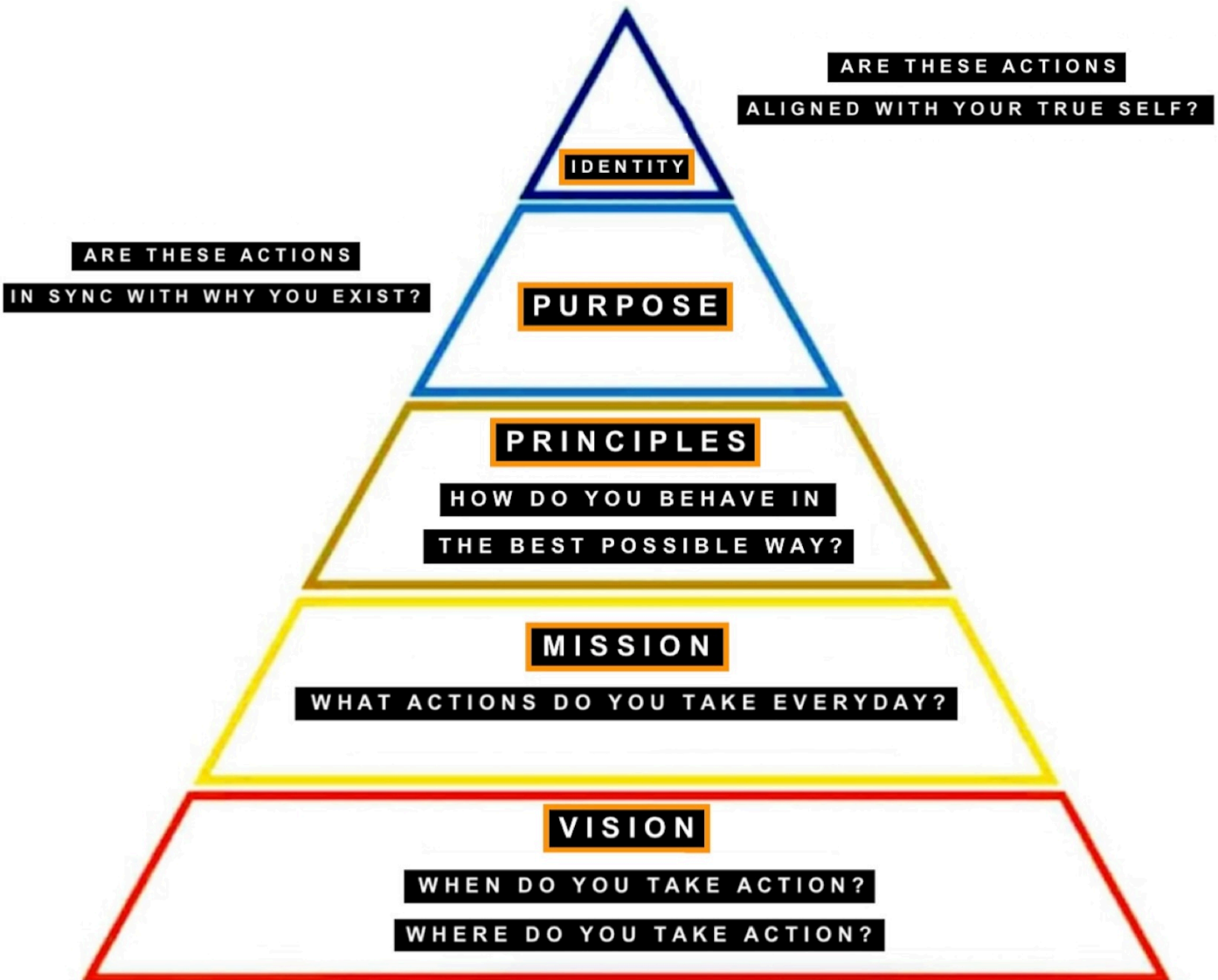
THE REASON WHY

YOU EXIST

IDENTITY

WHO YOU ARE

# PEAK EXPERIENCE



# VISION DRIVES THE MISSION

IDENTITY



PURPOSE



STRATEGY

PURPOSELESS STRATEGY

PURPOSEFUL STRATEGY

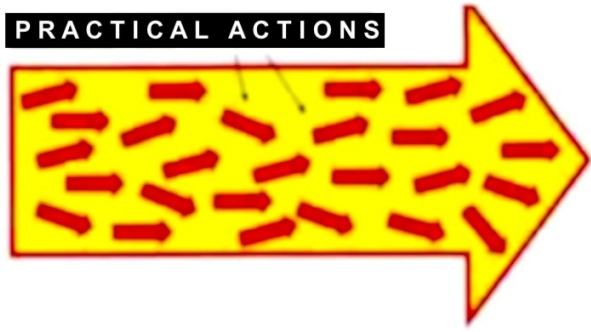
WASTEFUL ACTIONS

PRACTICAL ACTIONS

WRONG  
WAY



YOUR  
WAY



Identity  
and  
True Self

Purpose

Action

Why-How

True  
North

Flow

Energy

Destination

COMPASS

# PURPOSE EMPOWERS YOU TO MAKE PROGRESS

TAKING ACTION IS THE BEST THING YOU CAN DO FOR YOURSELF  
IT DOES NOT MATTER HOW SMALL THE ACTION, AS LONG AS YOU  
KEEP MOVING YOU ARE MAKING PROGRESS, YOU ARE WINNING  
IN THE GAME OF LIFE. SMALL STEPS TOWARD A PLACE YOU  
THINK IS GOOD WILL UNDOUBTEDLY MAKE YOU FEEL GOOD  
EVERY TINY LITTLE STEP GETS YOU CLOSER TO YOUR GOAL  
THIS IS GOOD. YOU MUST CELEBRATE THIS. EACH OF THESE  
SMALL STEPS IS A HUGE WIN. EVERY TINY MOVE FORWARD  
ADVANCES YOUR POSITION. YOU ARE MAKING PROGRESS  
THIS IS UNCHARTED TERRITORY. IT IS VERY EXCITING  
THIS IS NEW FOR YOU. YOU HAVE NEVER BEEN HERE BEFORE  
YOU ARE CURIOUS TO FIND OUT WHAT LIES AHEAD. THIS IS A  
THRILLING FEELING THAT MAKES YOU FEEL POSITIVE ABOUT  
THE FUTURE. IT MAKES YOU FEEL GOOD ABOUT YOURSELF  
EVERY NEW STEP FEELS DIFFERENT. YOU ARE IN AN ADVENTURE  
OF YOUR OWN MAKING. IT HAS BEEN YOU ALL ALONG. YOU TOOK  
THE FIRST STEP. YOU WALKED INTO THE UNKNOWN AND IT WAS  
NOT SCARY. IT IS WITHIN YOUR POWER TO KEEP MOVING FORWARD  
NOTHING IS STOPPING YOU. IT IS UP TO YOU AND YOU KNOW THIS  
YOU ARE EMPOWERED TO KEEP GOING. STEP BY STEP. BOLDER  
MORE CONFIDENT. YOU HAVE NOTICED THE CHANGE. A NEW DIRECTION  
YOU HAVE A SENSE OF PURPOSE. A FORCE THAT GUIDES YOU. A VOICE  
YOU TRUST. YOUR OWN VOICE TELLING YOU TO KEEP GOING. YOU SEE  
YOURSELF IN A NEW WAY. NOW YOU KNOW THAT YOU CAN GET IT DONE  
YOU REALISED HOW FAR YOU HAVE COME. CONGRATULATE YOURSELF  
YOUR LIFE DREAMS HAVE BECOME YOUR REALITY. KEEP GOING

PURPOSE IS A SIGNAL AMONG NOISE...

PURPOSE SHOWS YOU THE WAY...

PURPOSE GIVES YOU DIRECTIONS...

PURPOSE GUIDES YOUR STEPS !

NO MORE, NO LESS

PURPOSE IS A POWERFUL MOTIVATOR...

PURPOSE TAPS INTO YOUR DREAMS ...

PURPOSE GIVES YOU A VISION...

PURPOSE MAKES YOU FOCUS ON WHAT MATTERS!

NO MORE, NO LESS

# FOREVER JOURNEY



# THE PURPOSE DRIVEN LIFE

HUMANS ARE A PURPOSE DRIVEN SPECIES

WE ARE BUILT FOR PURPOSE

WE SUCCEED WITH PURPOSE

WE ARE PURPOSEFULLY BUILT

THAT IS OUR PURPOSE

## A PURPOSEFUL LIFE FEELS LIKE

WAKING UP WITH A CLEAR SENSE OF WHY YOUR DAY MATTERS

PURPOSE IS LIKE DNA

UNIQUE TO YOURSELF

WE ALL HAVE A PURPOSE

A REASON TO BE

A SOURCE OF INSPIRATION

YOU MUST BE OF SERVICE TO YOUR PURPOSE

WHEN YOU FOCUS ON WHAT YOU CAN CONTROL

## YOU START LIVING ON PURPOSE

STAY THE COURSE

FULFILL YOUR DREAMS

TAKE ACTION HERE AND NOW

# THE QUEST FOR INFINITE FREE WILL

FREE WILL GIVES US THE FREEDOM TO BE

FREEDOM GIVES US THE LIBERTY TO BE SKILLED

SKILLS ARE NEEDED TO CARRY OUT OUR CALLING

A CALLING IS AN OPPORTUNITY TO BE YOURSELF

AN OPPORTUNITY DEMANDS TAKING DAILY ACTION

TAKING ACTION MAKES DREAMS REAL

DREAMS MANIFESTED BY FREE WILL

FREE WILL LEADS TO PURPOSE

PURPOSE IS OUR FREE WILL

FREE WILL IS INFINITE

FREEDOM

SKILLS

CALLING

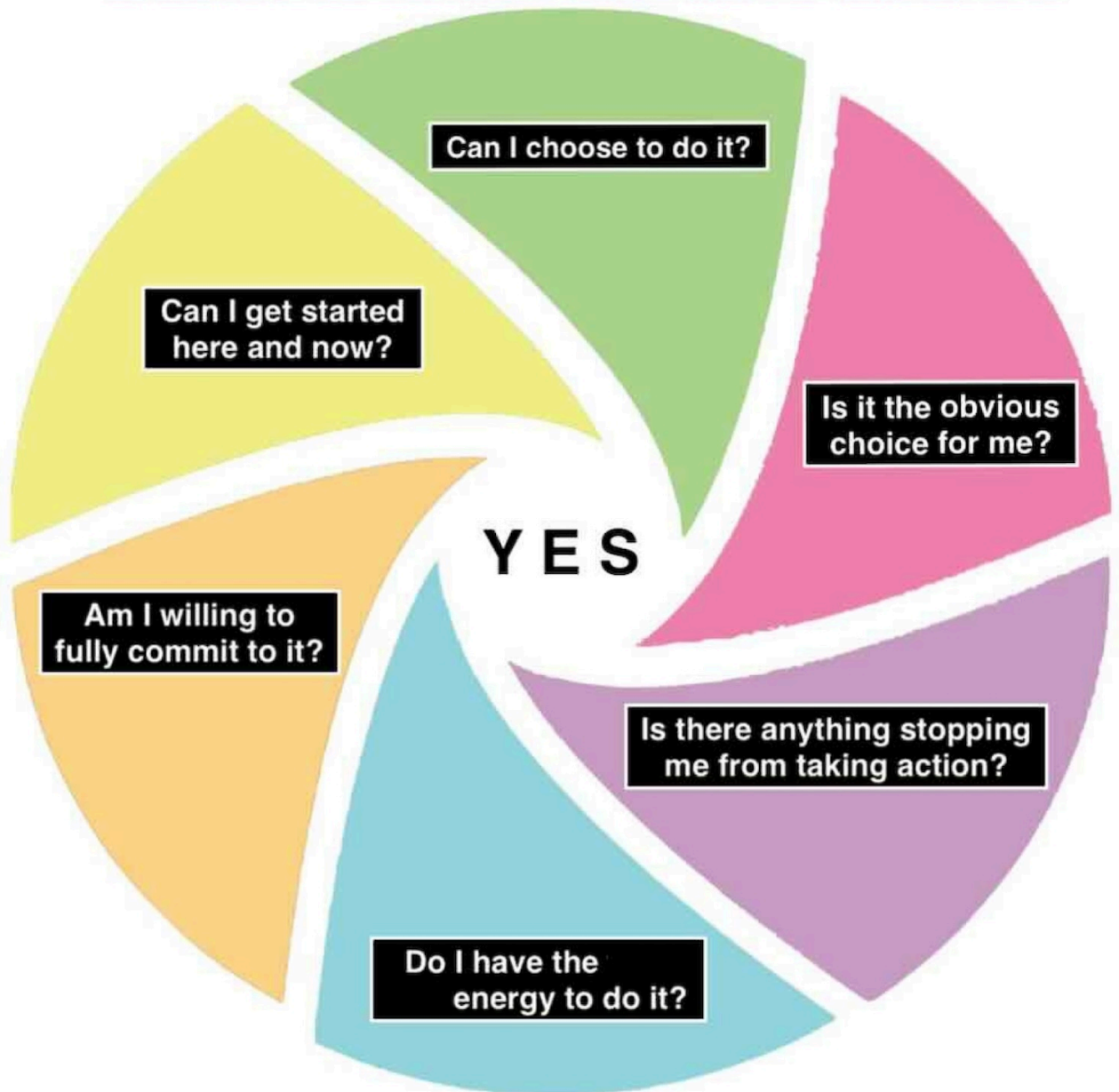
OPPORTUNITY

DREAM

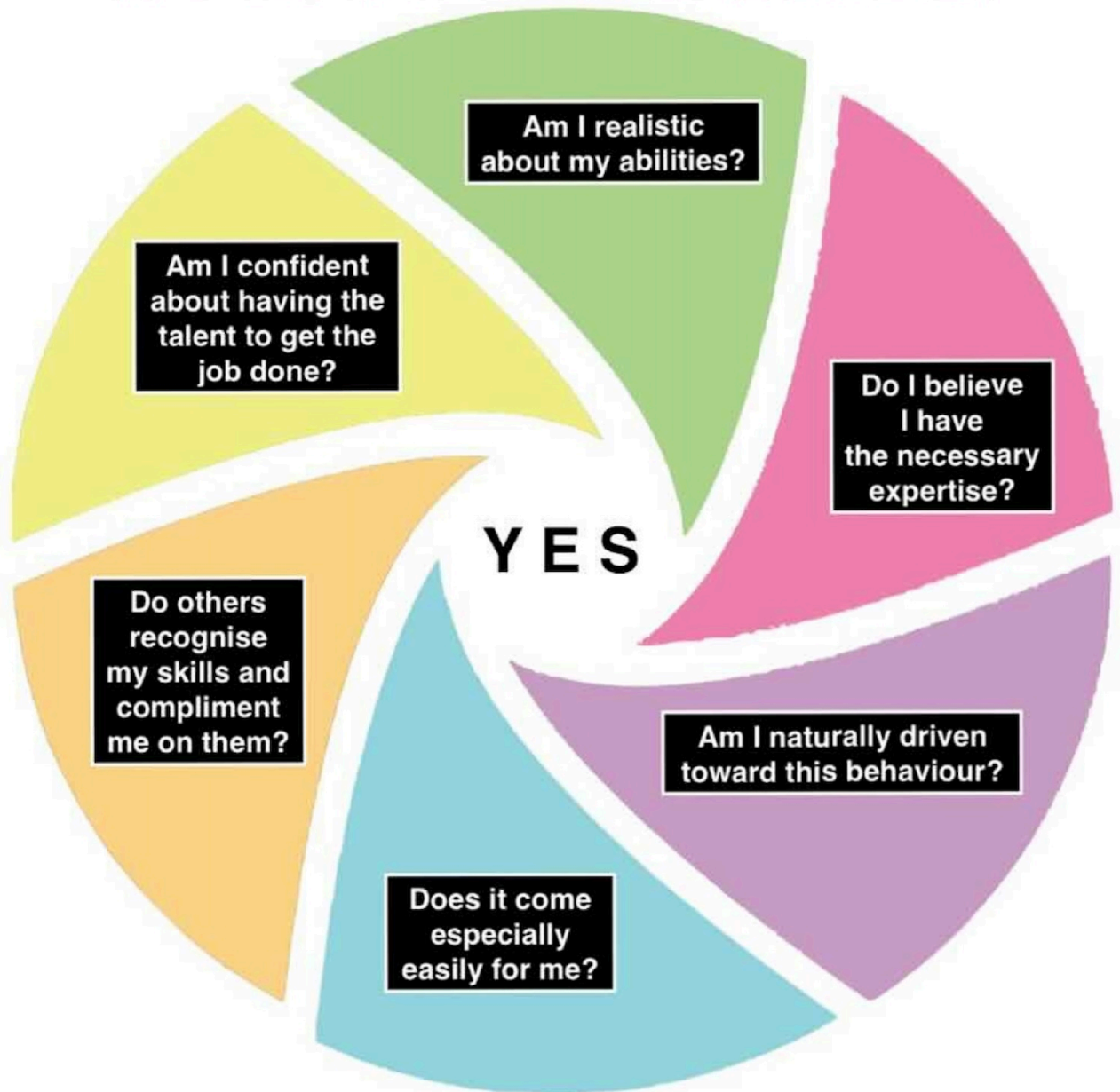
ACTION



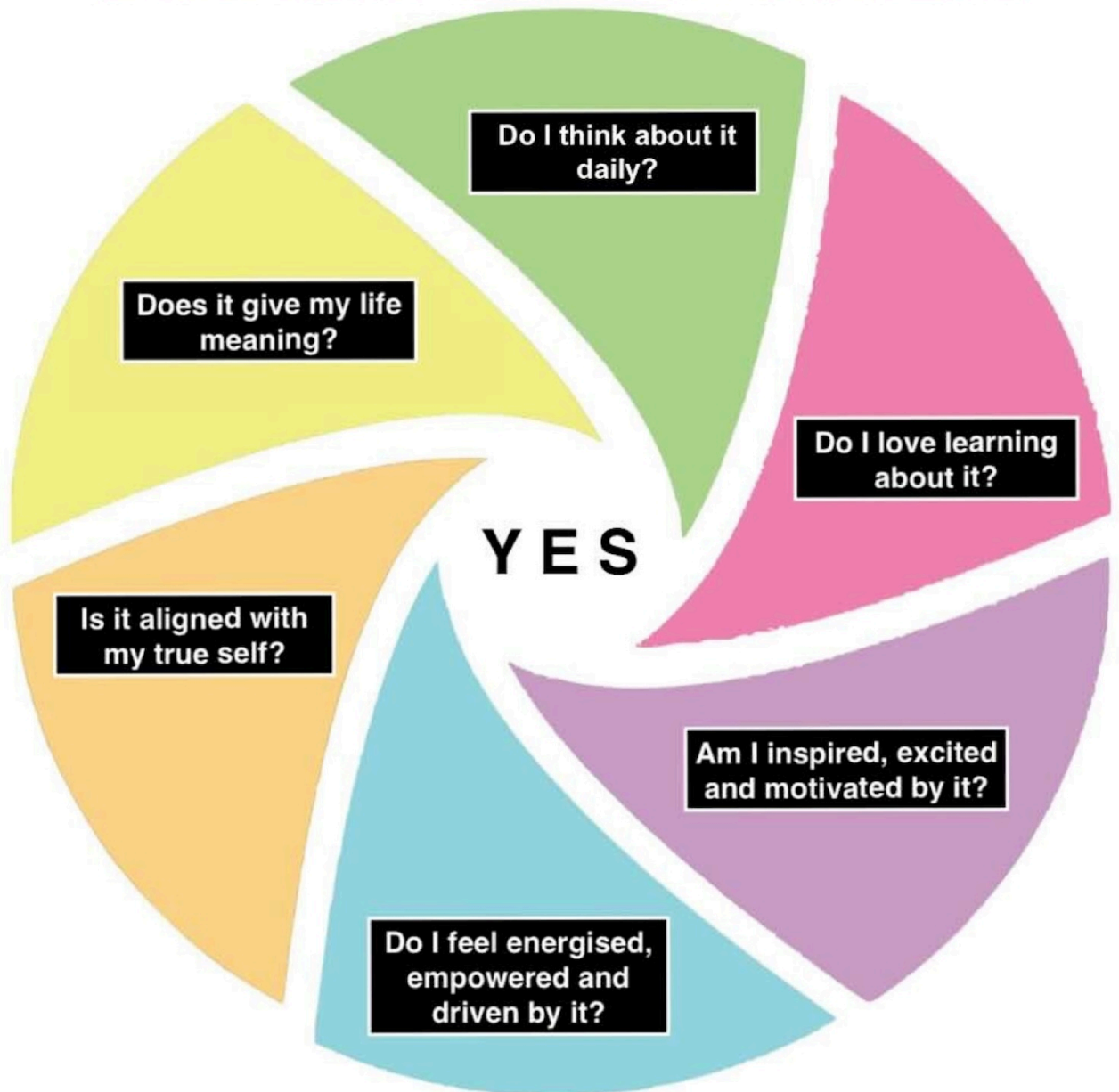
# REAL FREEDOM SIGNS



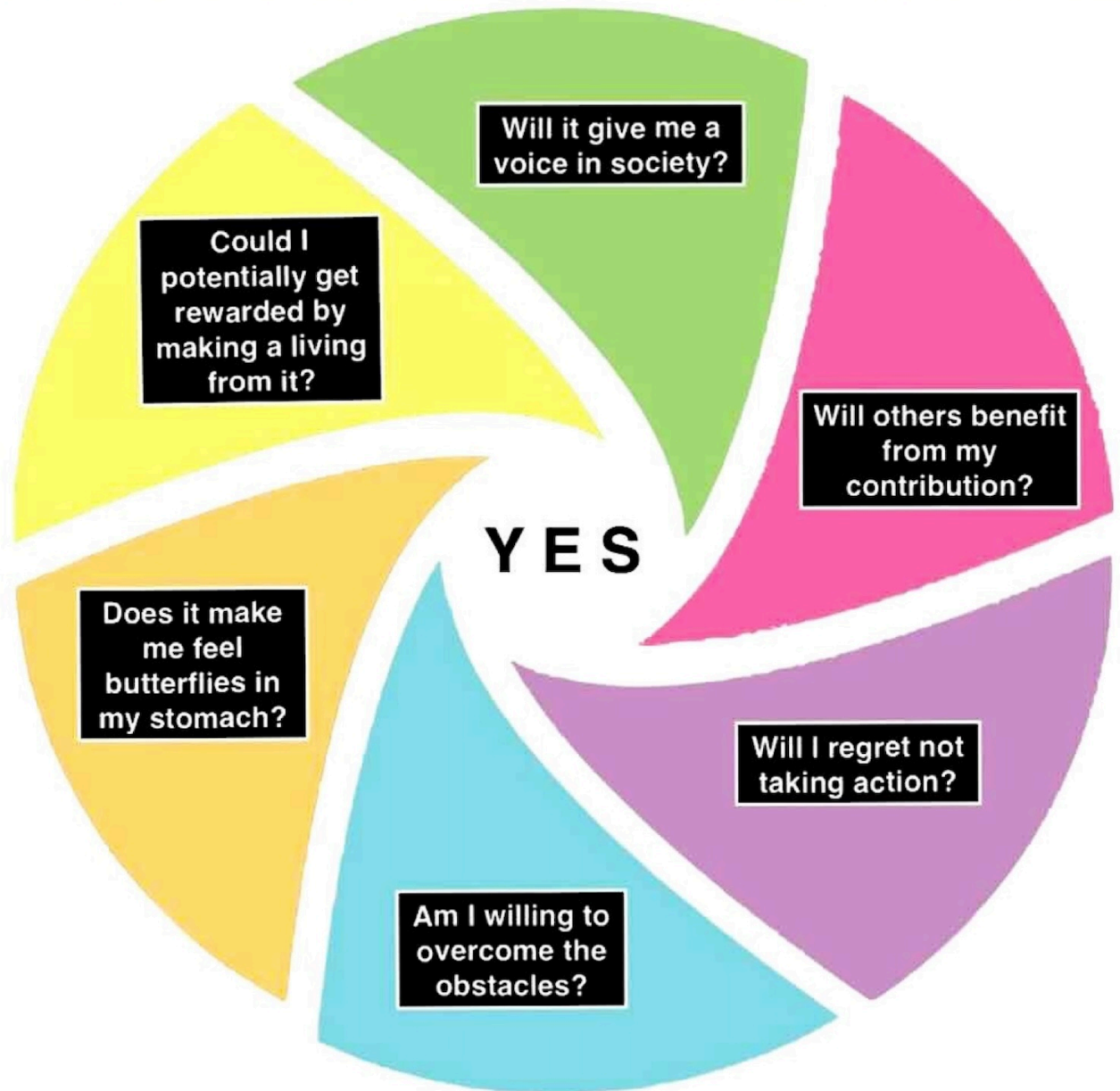
# REAL SKILLS SIGNS



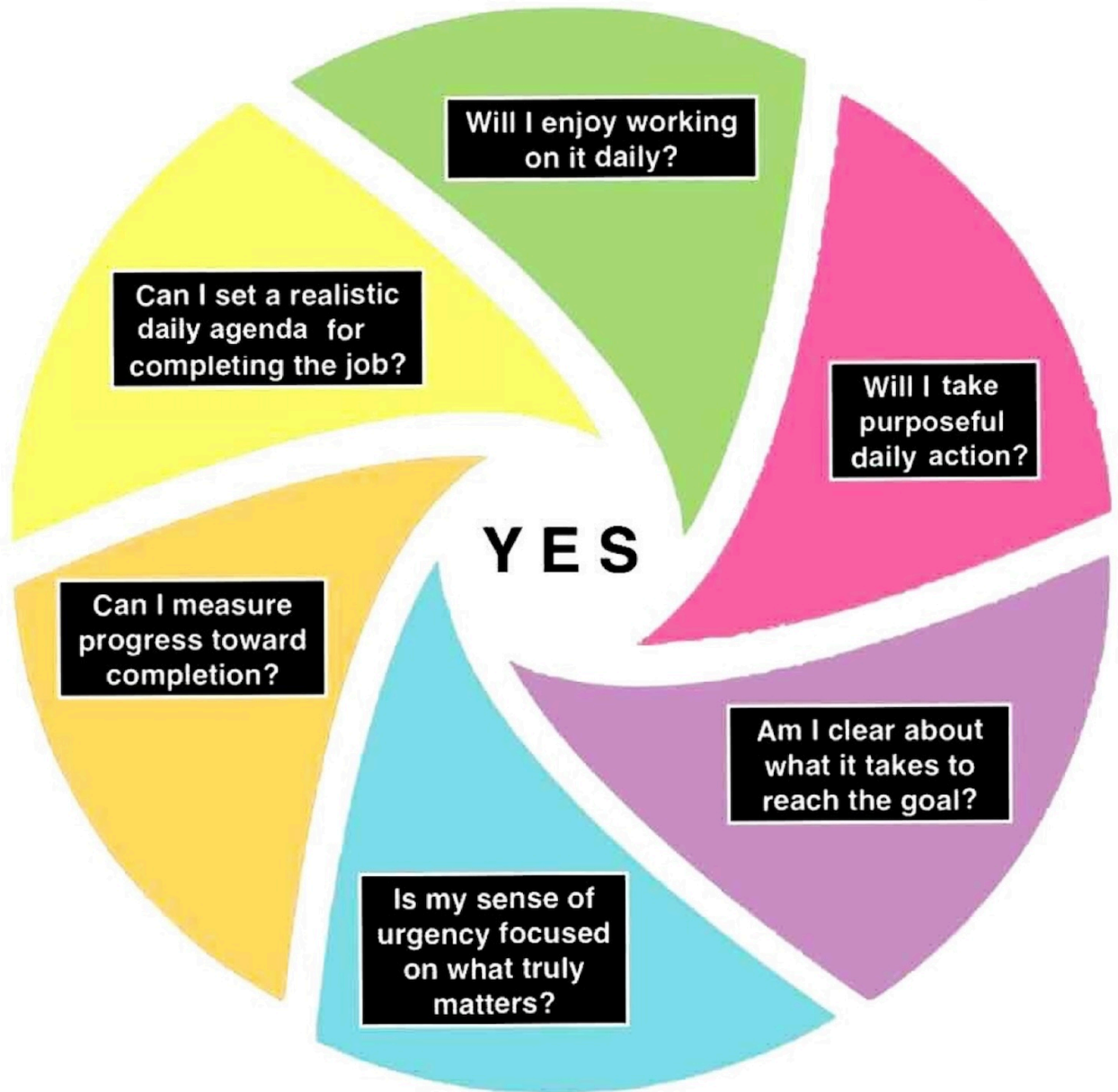
# REAL CALLING SIGNS



# REAL OPPORTUNITY SIGNS



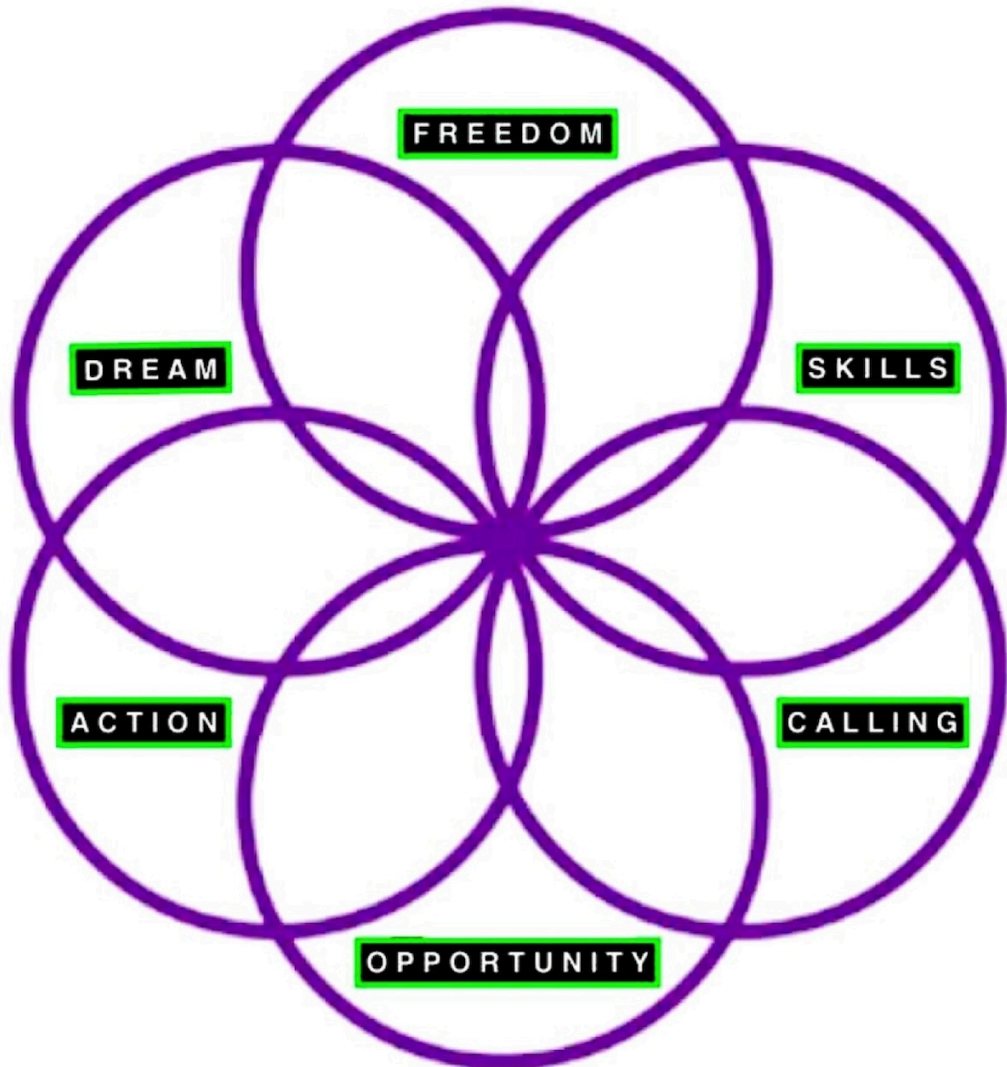
# REAL ACTION SIGNS



# REAL DREAM SIGNS



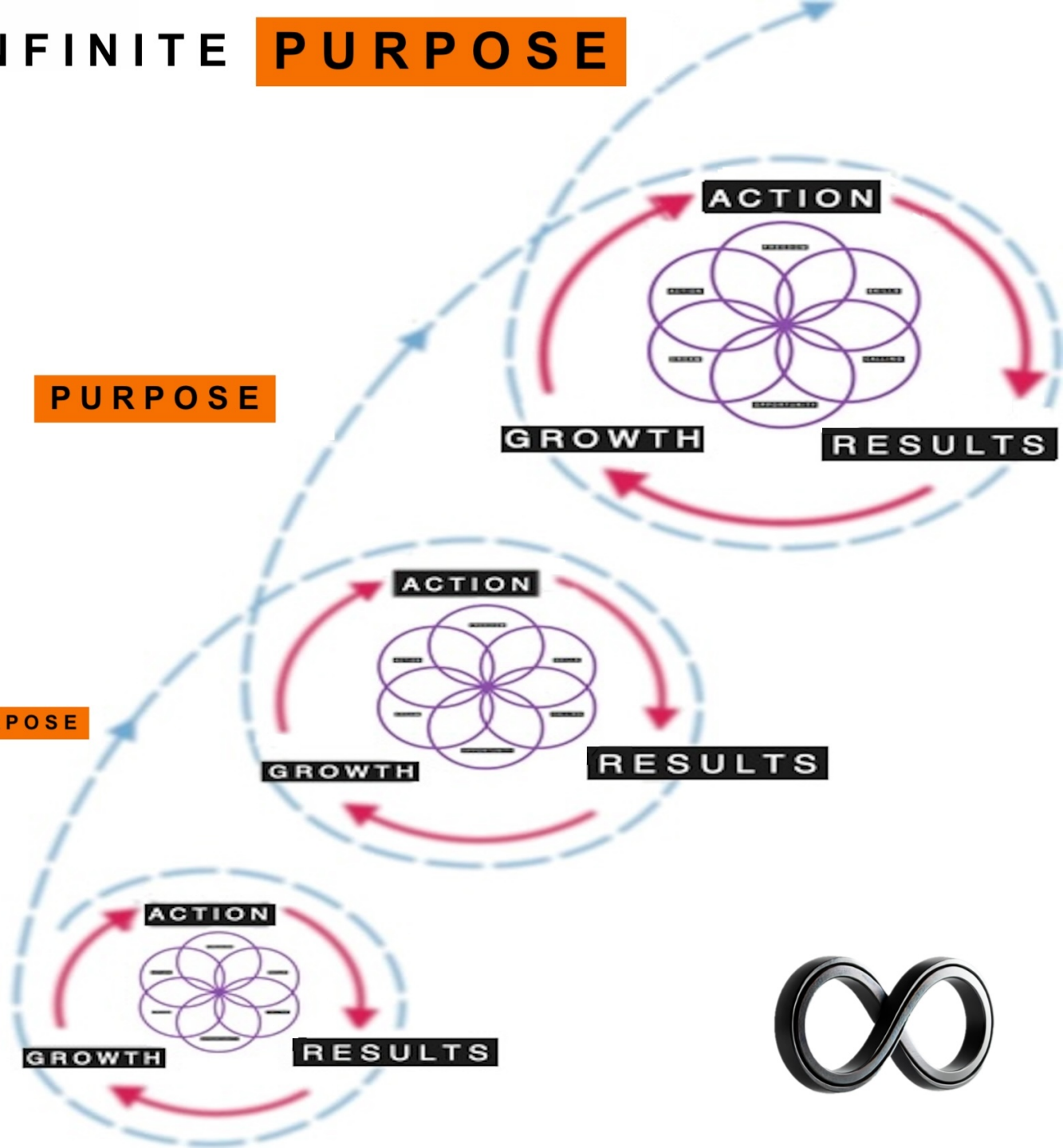
# THE FLOWER OF PURPOSE



# INFINITE **PURPOSE**

**PURPOSE**

**PURPOSE**



# **A** path of purpose:

1. FIND SOMETHING YOU CARE ABOUT THAT NEEDS FIXING
2. IT REQUIRES A MASSIVE EFFORT ON YOUR PART
3. YOU MUST LEARN NEW SKILLS IN THE PROCESS
4. MAKE YOUR CONTRIBUTION TO FIX IT
5. YOU MUST STAY IN THE GAME AND SEE IT THROUGH
6. ACCOMPLISH THE MISSION
7. CELEBRATE YOUR WIN
8. REFLECT ON YOUR SUCCESS

COMPASS AND SUNDIAL EMPOWER YOU TO MAP OUT UNCHARTED TERRITORY

# THE QUEST IS UP TO YOU

YOUR LIFE, YOUR PATH, YOUR PURPOSE, YOUR DESTINATION

EVERY EXPERIENCE IS A MENTOR

A MEANINGFUL LIFE FORGED BY PURPOSEFUL BEHAVIOR

YOU ARE THE MASTER OF YOUR FATE

Happiness is our natural state of being

If you think this isn't true, just look at children at play

They're always smiling, laughing and having great fun

Do you really think children are faking it out because you're watching over?

SIGNS YOU HAVE A PURPOSE:

1. PEOPLE SEE IT IN YOU AND TELL YOU ABOUT IT

2. IT'S CHALLENGING AND HARD TO DO AND STILL IT'S SECOND NATURE TO YOU

3. YOU INVEST ENORMOUS AMOUNTS OF ENERGY PURSUING THIS CALLING

4. IT'S BIGGER THAN YOURSELF AND STILL YOU CAN FULFILL IT ON YOUR OWN

PURPOSE IS SOMETHING YOU KEEP CREATING

LIVE IN SERVICE OF YOUR PURPOSE

YOU ARE YOUR DESTINATION

THE MORE YOU LEARN THE LESS YOU KNOW

HUMAN NATURE AND CONDITIONS

INSPIRE AND NURTURE

THE HUMAN EXPERIENCE

CONFLUENCE = DESTINATION

EARN YOUR TOYS

BOUNDLESS ABUNDANCE

ENDLESS PROSPERITY

LEADING BY EXAMPLE  
THE MOST SOPHISTICATED LEADERSHIP

BUILD THE FUTURE  
YOUR TERMS

BUILD YOUR LIFE AROUND PURPOSE  
YOUR PURPOSE BECOMES YOUR LIFE  
PURPOSE IS ABOUT SERVING OTHERS

YOUR DESTINATION IS YOUR CHOSEN PURPOSE  
YOU FORGE YOUR DESTINATION BY  
FINDING PURPOSE AND DISCOVERING WHO YOU ARE

FOLLOW YOUR HEART

*stay true to yourself*

TRUTH EXPANDS YOUR PURPOSE TO INFINITY

PURPOSE IS AN INFINITE ENERGY SOURCE...

PURPOSE ELECTRIFIES YOU...

PURPOSE ELEVATES YOU...

PURPOSE DRIVES YOU!

NO MORE, NO LESS

PURPOSE POWERS YOU...

PURPOSE KEEPS YOU GOING...

PURPOSE MAKES YOU RELENTLESS...

SO YOU CAN REACH YOUR DESTINATION AND FULFILL YOUR PURPOSE!

NO MORE, NO LESS

WHAT'S THE PURPOSE OF LIFE?

- 1.FINDING YOUR TRUE SELF
- 2.LISTENING TO YOUR INNER VOICE
- 3.DOING WHAT IT SAYS
- 4.ARRIVING TO YOUR DESTINATION
- 5.LIVING YOUR DREAMS AND BEING HAPPY
- 6.REPEATING THIS PROCESS ENDLESSLY

**YOUR INNER VOICE IS THE SIGNS AND SIGNALS OF YOUR HEART**

**LISTEN TO YOUR HEART**

**FOLLOW YOUR HEART**

**HEARTFUL FLOW STATES**

**YOUR INNER VOICE GUIDES YOUR SEARCH**

**YOUR SEARCH LEADS TO YOUR TRUE SELF**

**YOUR TRUE SELF DEVELOPS YOUR IDENTITY**

**YOUR IDENTITY SHAPES YOUR PURPOSE**

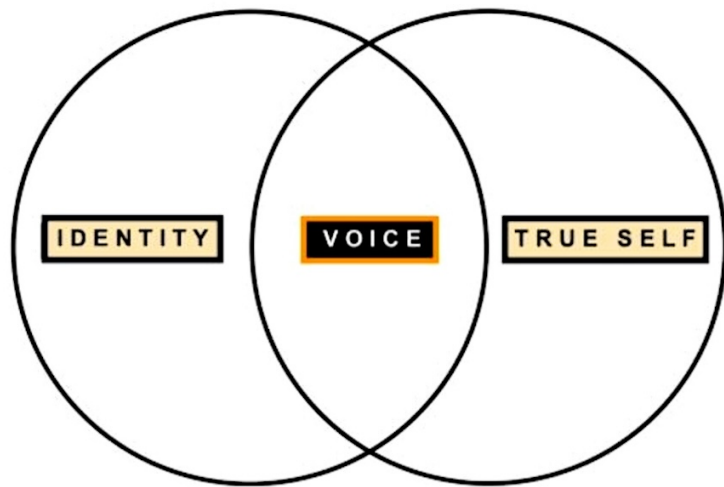
**YOUR PURPOSE LEADS TO THE RIGHT JOURNEY**

**YOUR JOURNEY LEADS TO YOUR DESTINATION**

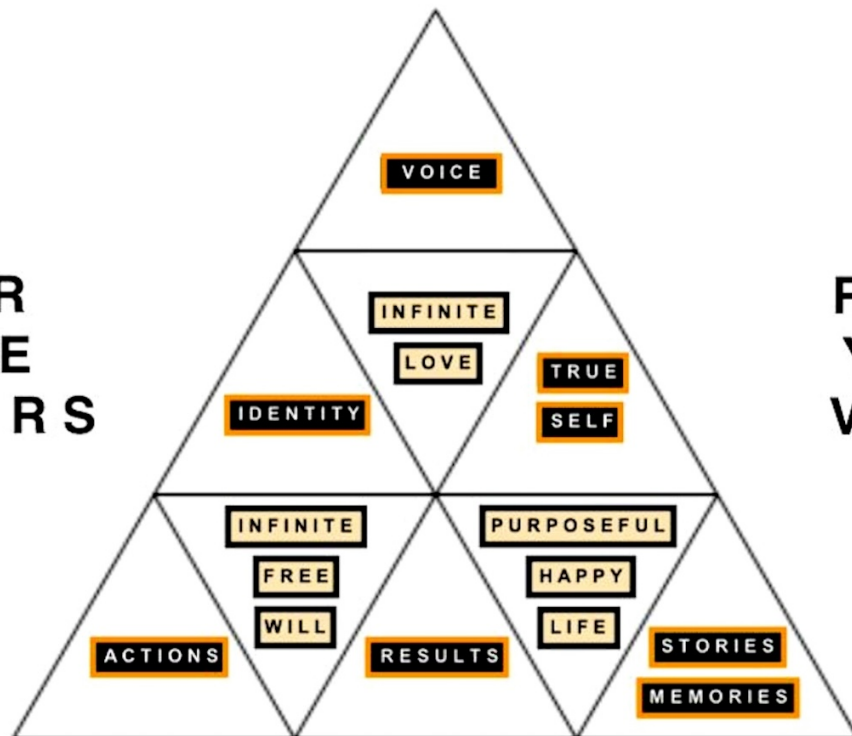
**THIS IS THE WAY**

# INFINITE VOICE POWER

MAKE YOURSELF HEARD



**YOUR  
VOICE  
MATTERS**



**RAISE  
YOUR  
VOICE**

# INSIDE OUT TRANSFORMATION

*THE DEEPER WE GO INTO OUR MEMORIES...*

*...THE MORE PROFOUND THE TRANSFORMATION*

←----->  
**PAST | PREVIOUS EVENTS**

**PRESENT | HERE AND NOW**

**FUTURE | UNFOLDING**→

# PURPOSEFUL TRANSFORMATION

SELF LOVE GRATITUDE

ACCEPTANCE RECOVERY

LEARNING FORGIVENESS

UNDERSTANDING HEALING

SELF REFLECTION

affect

ACTION PATIENCE

RESILIENCE FOCUS

SELF DISCIPLINE

RELEASE

influence

OPTIMISM DIRECTION

GROWTH SUCCESS

INNER PEACE COURAGE

PEAK PERFORMANCE

PAST | PREVIOUS EVENTS

PRESENT | HERE AND NOW

FUTURE | UNFOLDING

IF IT'S NOT NOW, WHEN?  
THE FUTURE IS CREATED HERE AND NOW...  
TIME IS AN ILLUSION!

NO MORE, NO LESS

SO, WHAT'S REAL THEN?  
JUST LOOK AROUND YOU...  
THIS VERY MOMENT IS THE ONLY REAL THING!

NO MORE, NO LESS

YOU ONLY HAVE NOW...  
DON'T FOOL YOURSELF...  
DON'T IGNORE THIS REALITY!

NO MORE, NO LESS

THE SUN WILL RISE EVERY MORNING...  
YOUR DAYS WILL CONTINUE THE SAME WAY...  
UNLESS YOU TO TAKE ACTION NOW!

NO MORE, NO LESS

IT HAS ALWAYS BEEN UP TO YOU...  
AND IT WILL ALWAYS REMAIN THAT WAY...  
THAT'S THE GIFT LIFE HAS GIVEN YOU!

NO MORE, NO LESS

# THE HERE AND NOW

GONE

YESTERDAY



*but a memory*

*a reminder for today*

THE PRESENT MOMENT

HERE AND NOW

*taking action today*

*getting the job done*

UNKNOWN

TOMORROW



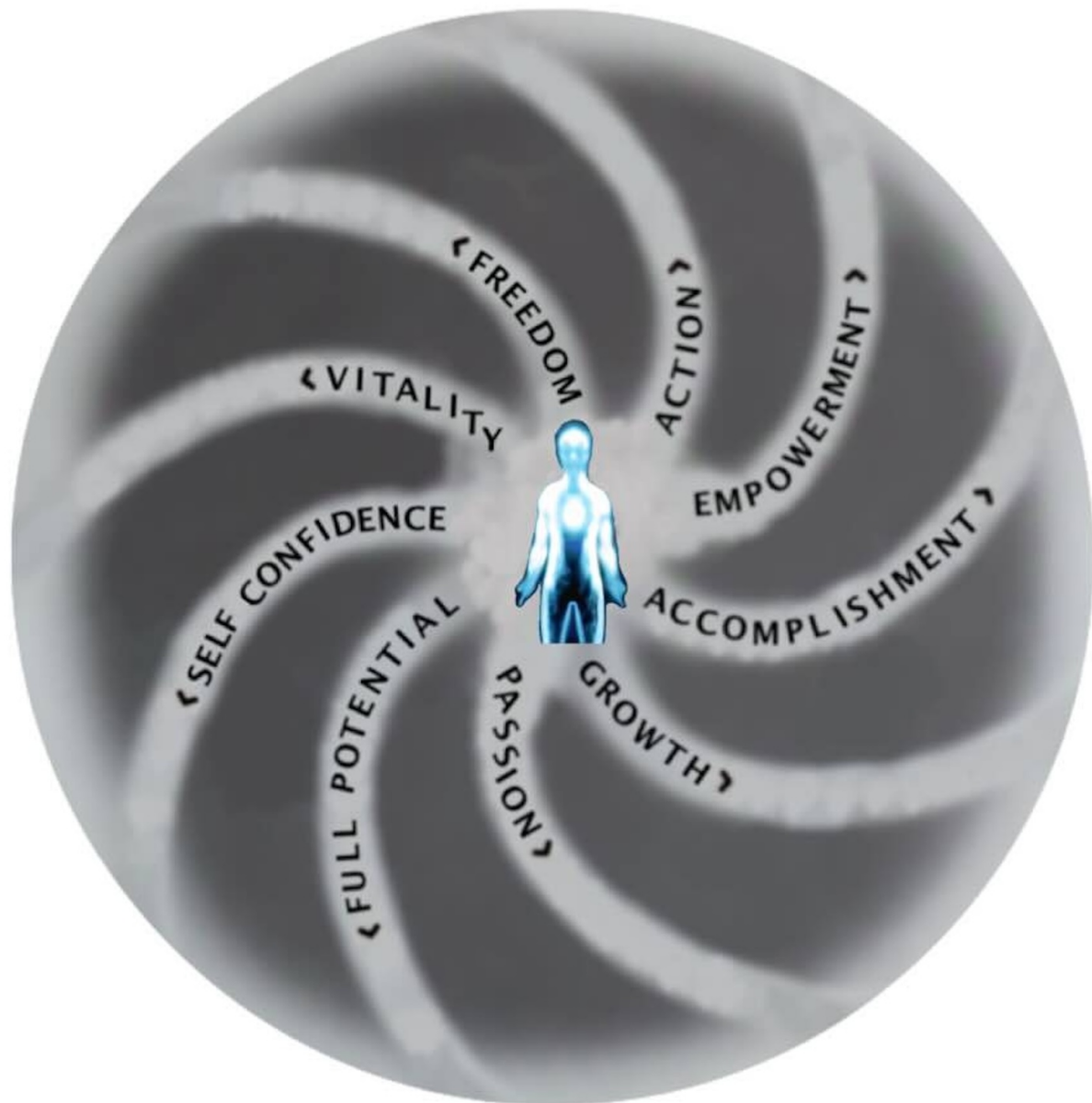
*hasn't happened yet*

*focus on today*

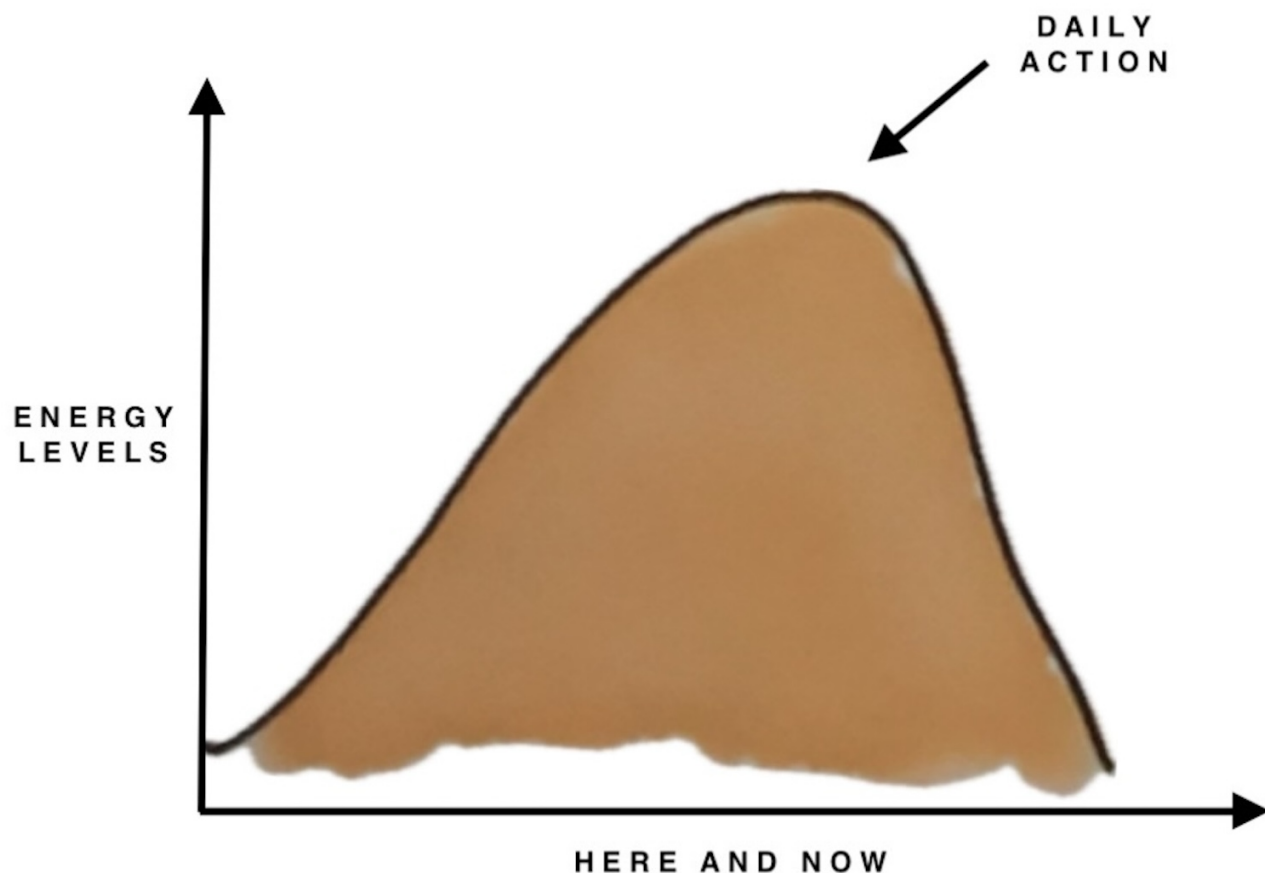
# ENERGY SOURCES



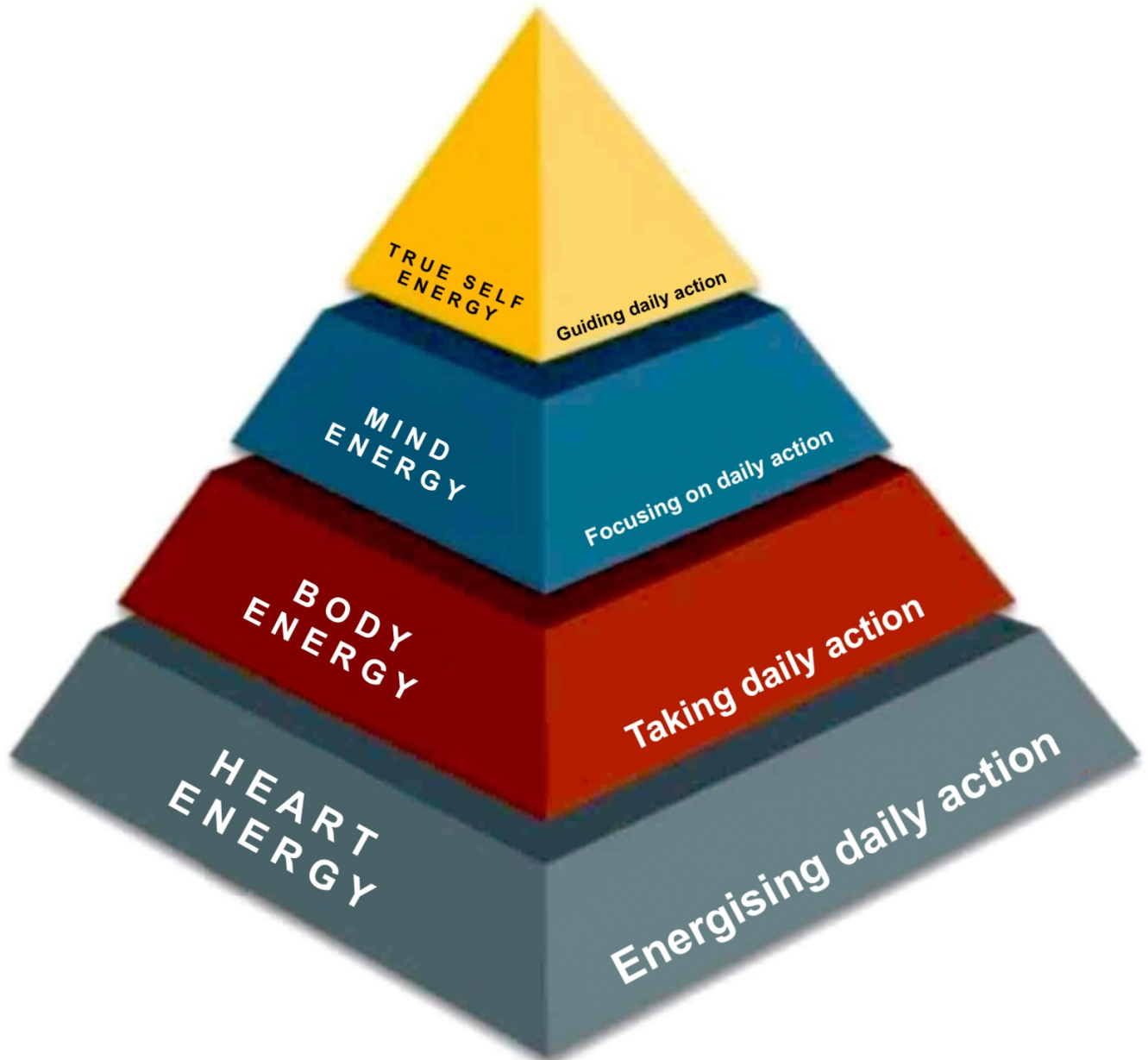
# HIGH ENERGY HIGH RESULTS



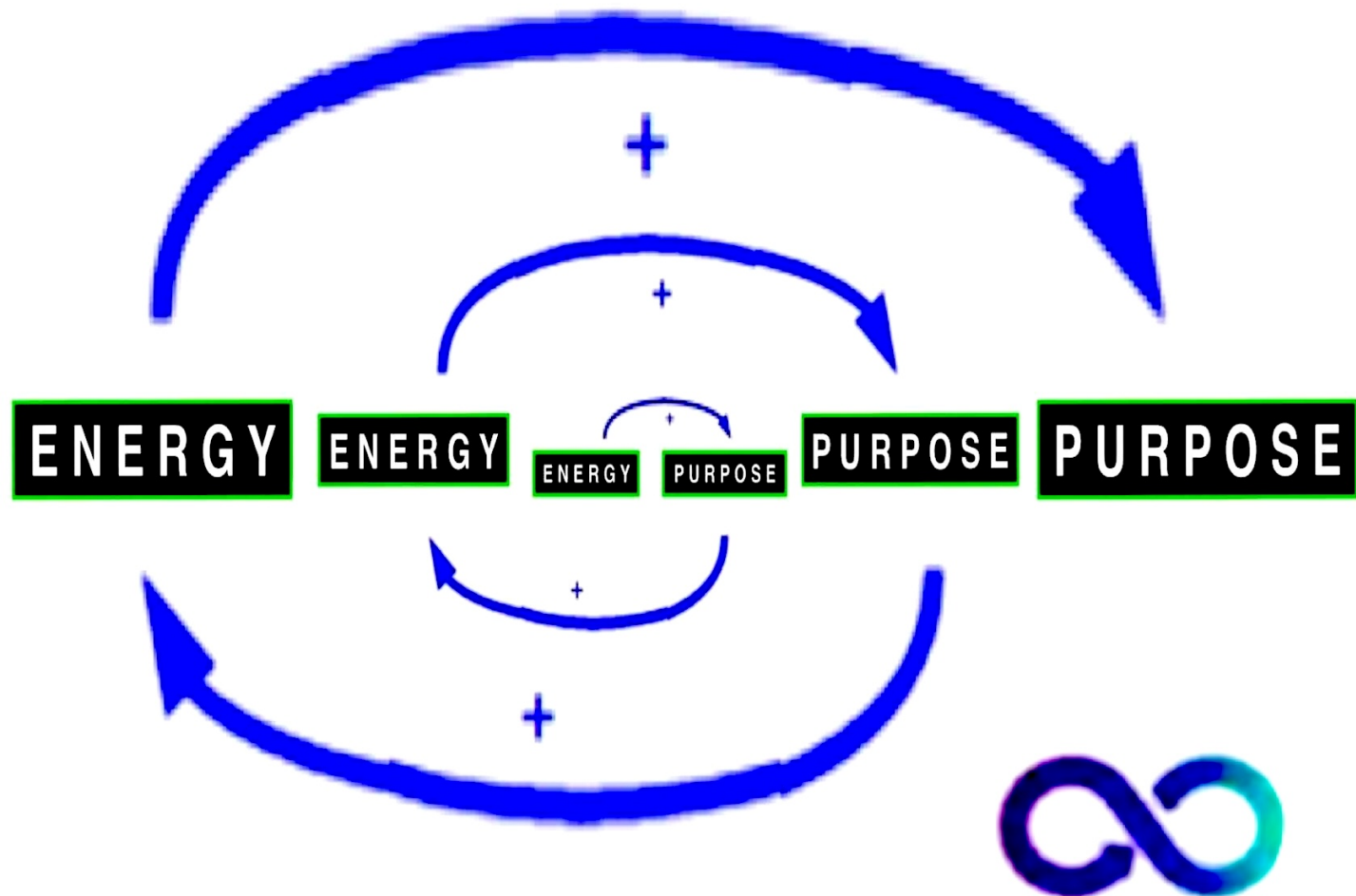
# DAILY ENERGY



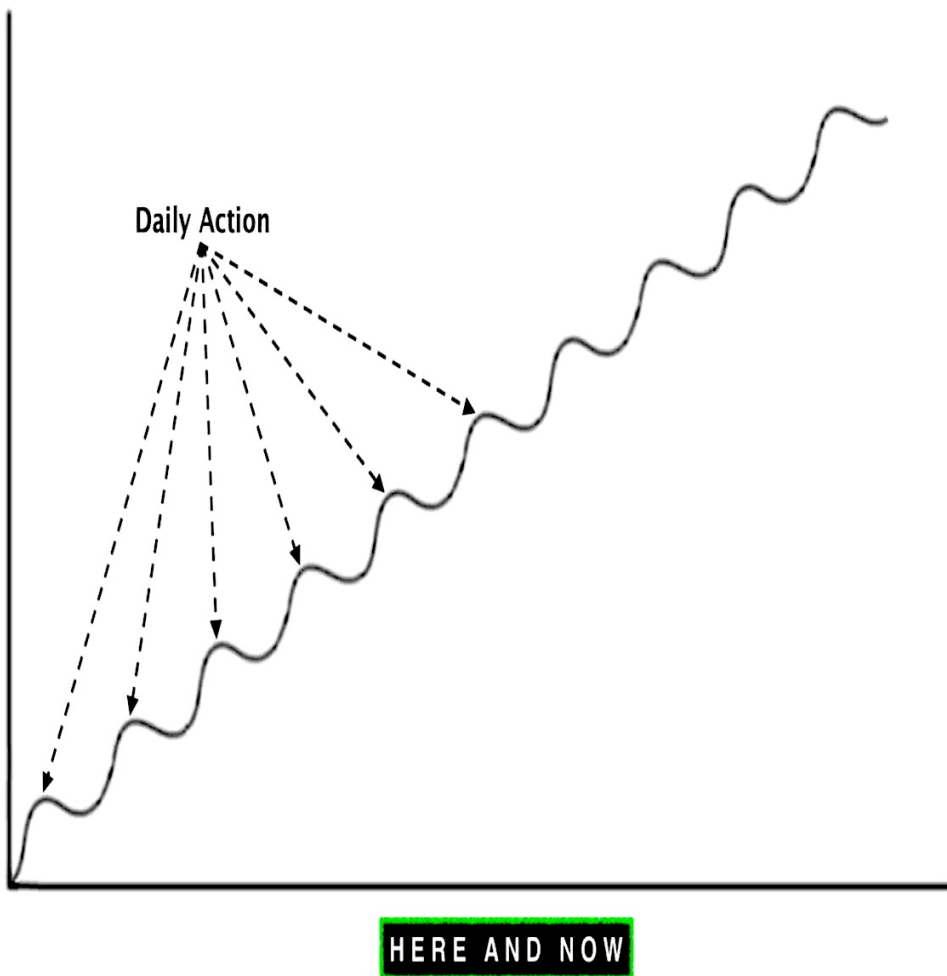
# ENERGY LEVELS



# PURPOSEFUL ENERGY



# PURPOSE DRIVEN PROGRESS



MAKE THE UNKNOWN KNOWN

UNKNOWN KNOWN

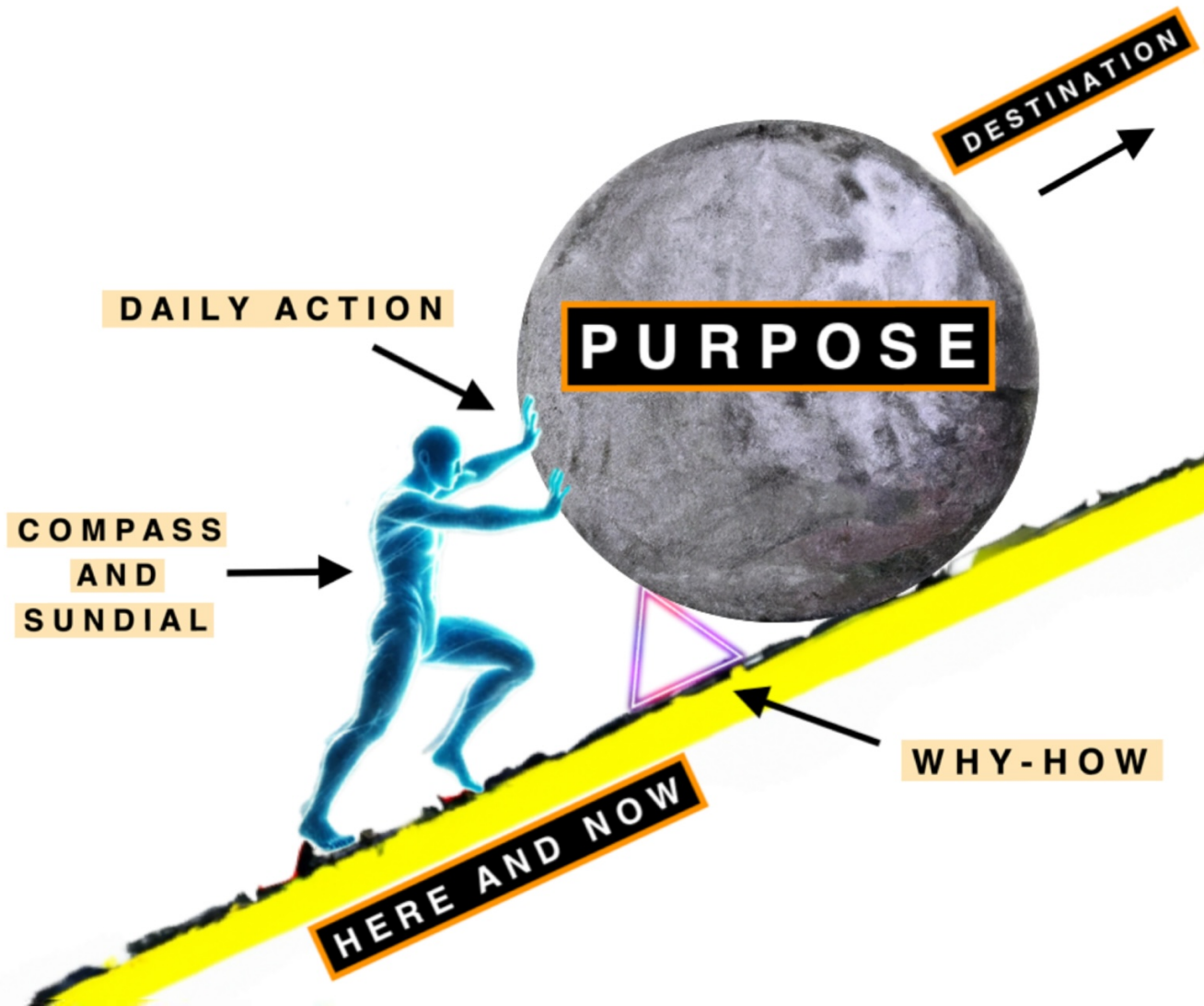
KNOWN UNKNOWN

KNOWN

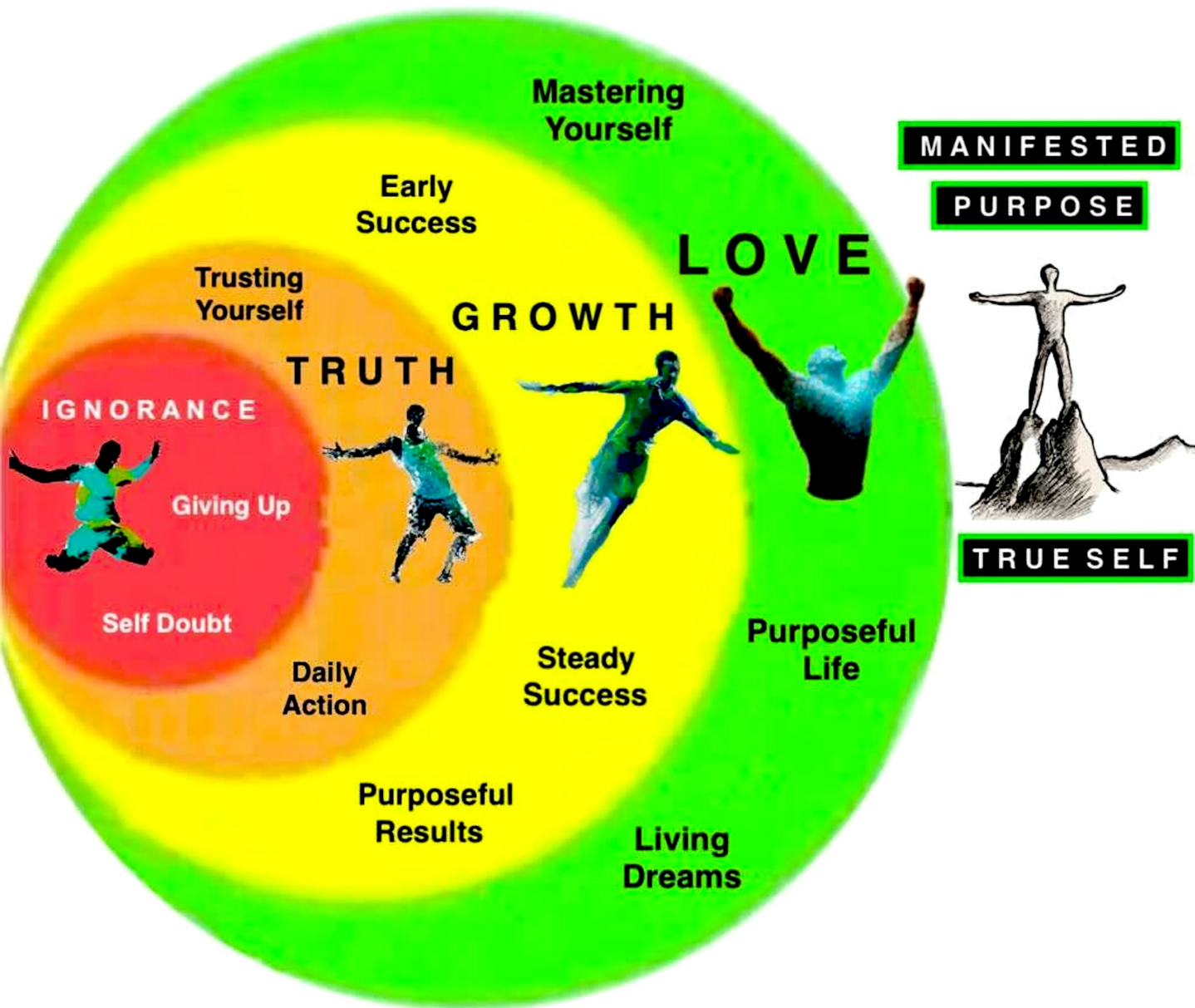


**MAKING THE UNKNOWN KNOWN MEANS AWAKENING**  
**STEP ONE IN THE ENDLESS PATH OF SELFHOOD**  
**THE INFINITE JOURNEY OF SELF DISCOVERY**  
**WHAT IS KNOWN EQUALS CREATED REALITIES**  
**WHAT YOU KNOW ABOUT YOURSELF AND REALITY**  
**THE KNOWN UNKNOWN IS SELF UNDERSTANDING**  
**WHAT YOU KNOW ABOUT YOURSELF AND REALITY**  
**ALL BECAUSE OF SELF LOVE AND SELF AWARENESS**  
**THE UNKNOWN KNOWN IS THE WAY TO INFINITY**  
**COMPASS AND SUNDIAL LEAD US THERE**  
**YOU ARE THE CREATOR OF YOUR OWN REALITY BECAUSE WE ARE INFINITY**  
**YOUR INFINITE DREAMS ABOUT YOURSELF BECOME YOUR LIFE**  
**THE ENERGY OF LOVE CREATES OUR REALITY**  
**LOVE COMES FROM THE HEART**  
**THE HEARTBEAT IS THE HERE AND NOW**  
**SYNC WITH YOUR HEARTBEAT AND BECOME ONE WITH INFINITY**  
**ONCE YOU ARE AWAKENED THE UNKNOWN IS CREATED BY YOU**  
**AS YOUR CONSCIOUSNESS AND SELF AWARENESS MAKE IT SO**  
**WE ARE THE BIOLOGY OF THE ENERGY OF CREATION**

**COMPASS AND SUNDIAL ARE THE LEVERS**  
**PURPOSE IS THE DESTINATION**  
**TAKING PURPOSEFUL DAILY ACTION HERE AND NOW**  
**WHY-HOW IS THE FULCRUM**



# A NEW WAY OF BEING



**YOU ALWAYS MUST GO**

**GO MEANS PURPOSEFUL DAILY ACTION**

**THE ONLY WAY TO GET TO YOUR DESTINATION IS BY GOING THERE**



# THE WINNING FORMULA

IDENTITY AND PURPOSE



VISION



(WHEN + WHERE)

WHO + WHY = HOW X WHAT



PRINCIPLES AND MISSION

**THE**

**DREAM**

**LADDER**

**MANIFESTED**

**DREAMS**

**WHERE**

**WHEN**

**WHAT**

**HOW**

**WHY**

**WHO**

**YOU**



**PURPOSEFUL STRATEGY**

**YOUR DESTINATION IS WITHIN REACH**

**YOU ARE THE PATH AND THE WAY**

**WIN IN LIFE BY BEING YOURSELF**

**WHO**

**WHY**

**HOW**

**WHAT**

**WHERE**

**WHEN**

**HOW**

**HOW**

**WHAT**

**WHEN**

**WHERE**

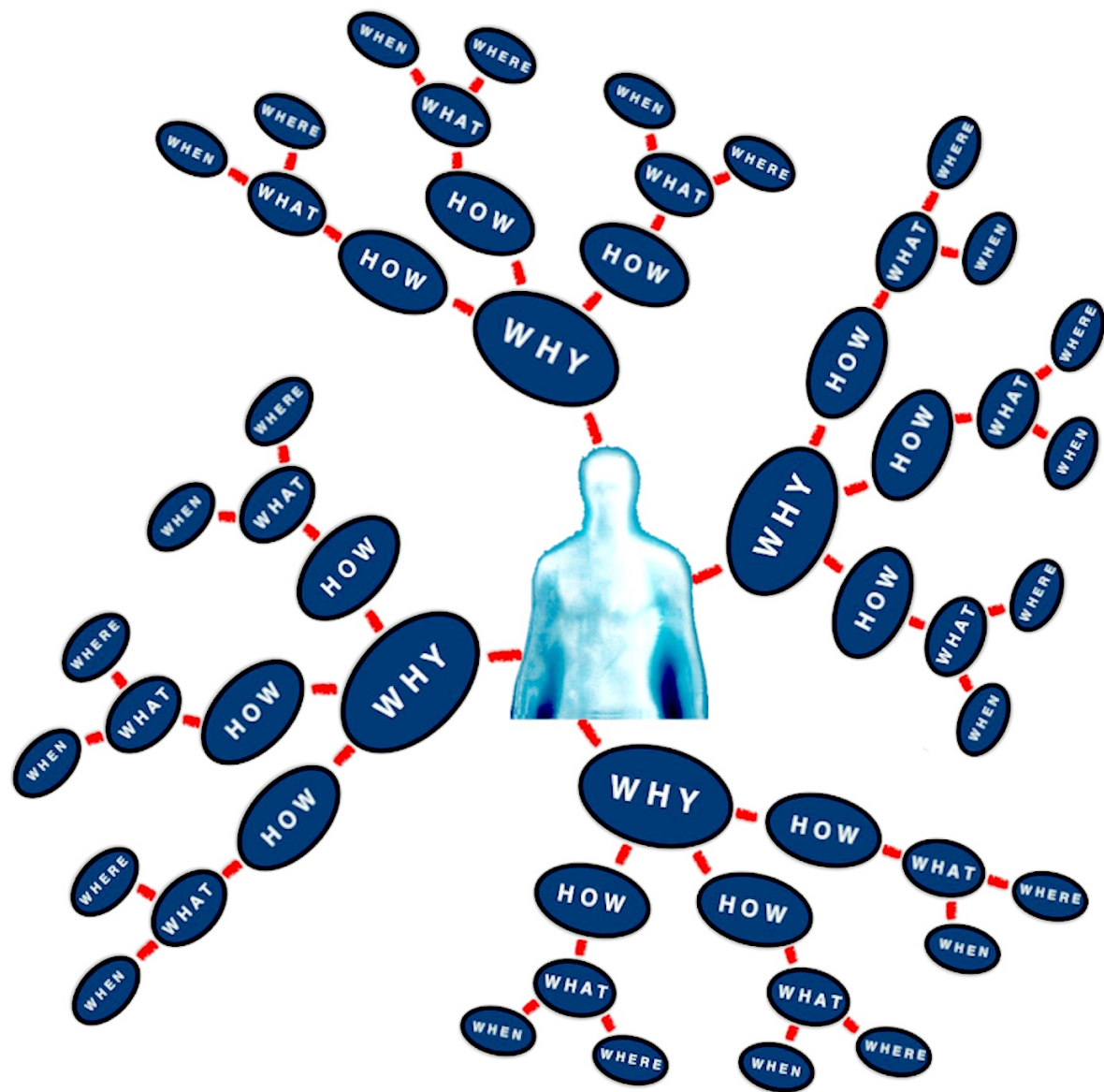
**WHAT**

**WHERE**

**WHEN**

THE PULSE OF LIFE

THE PULSE OF CREATION



# MY STORY

## WHO I AM

JAM AS AN AUTHOR

SOL RA REY AS AN ARTIST

## WHY I AM HERE

HELPING YOU FIND YOURSELF

## HOW I BEHAVE

DAILY PRACTICE OF COMPASS AND SUNDIAL PRINCIPLES

## WHAT I DO

ADVOCATING MASS ADOPTION OF COMPASS AND SUNDIAL

## WHEN I DO IT

PURPOSEFUL DAILY ACTION

## WHERE I DO IT

APPLIED

BOOK

MUSIC

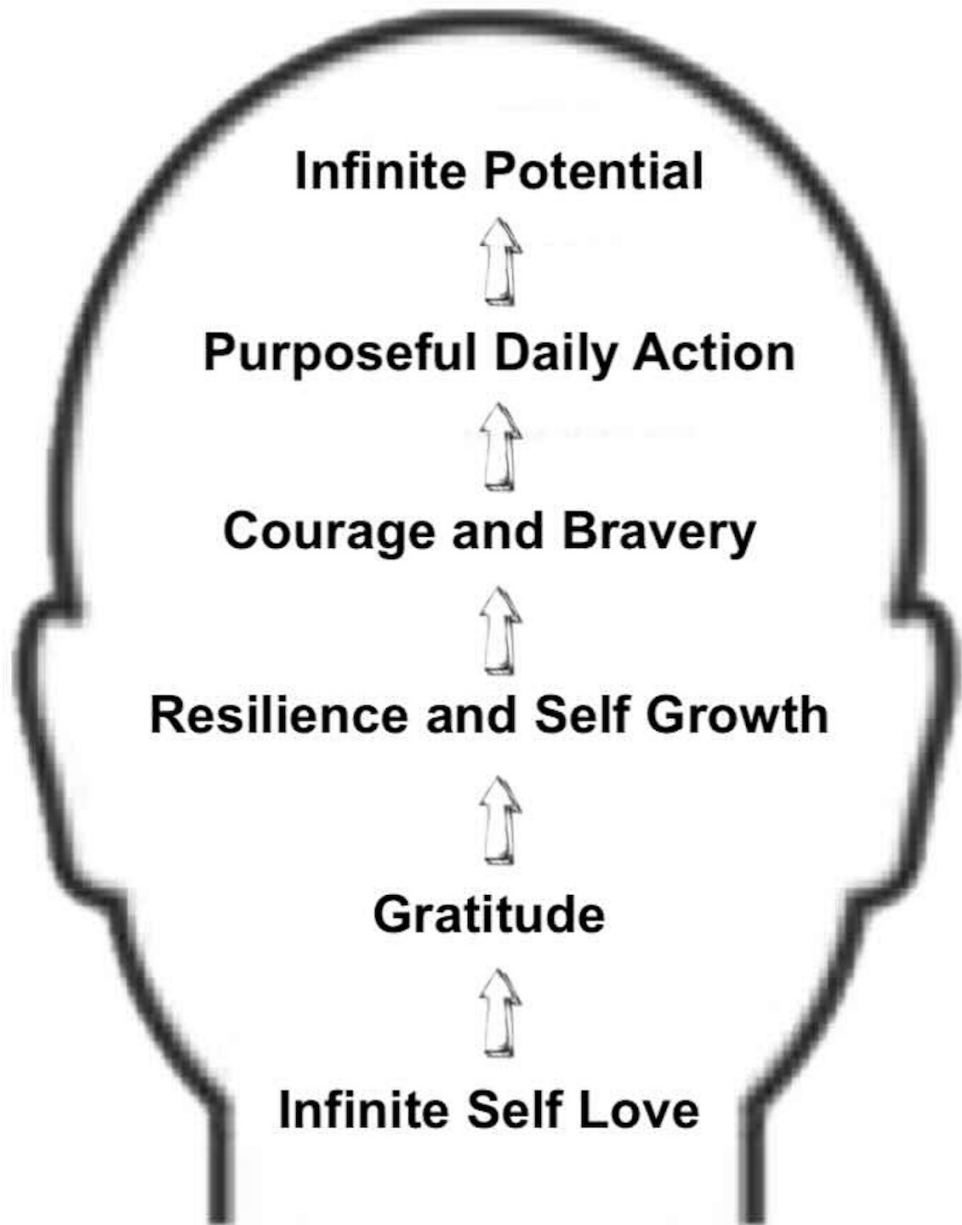
APP

WEBSITE

MEDIA

RESEARCH

# THE CONSCIOUS MIND



# DISINTEGRATING OUR OWN SHADOW

Distorted  
Dissonance

Fantasies  
and  
Illusions

Inaction

Ignorance

SHADOW

PROJECTION

Self  
Reflection

Self Defense  
Mechanisms

Courage

Bravery

Resilience

Infinite  
Potential

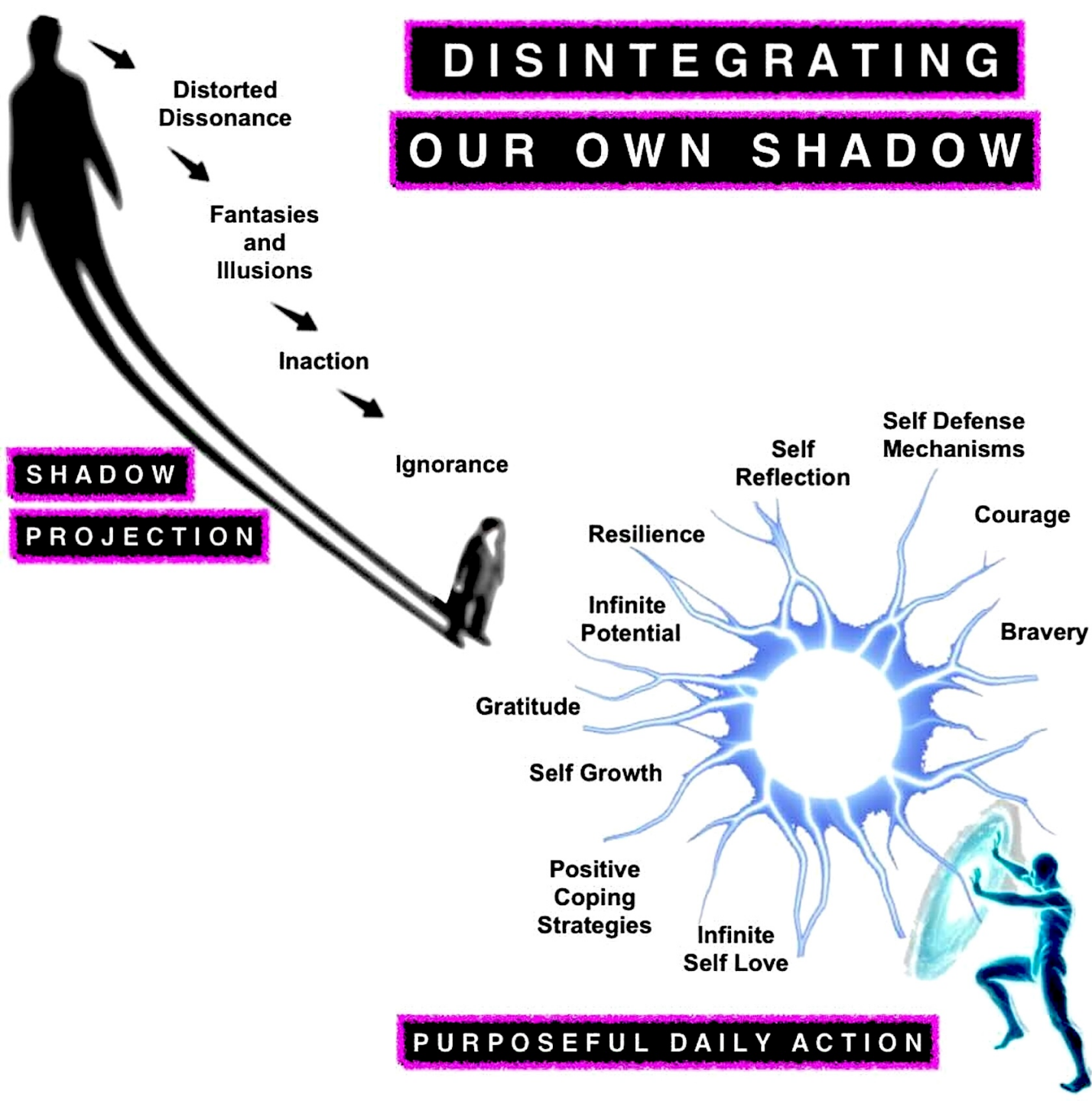
Gratitude

Self Growth

Positive  
Coping  
Strategies

Infinite  
Self Love

PURPOSEFUL DAILY ACTION



SELF GROWTH IS A NATURAL PROCESS  
THE ADAPTATION TO THE NEW...  
WHAT WE LOVE MAKES US..  
WHAT MAKES US SHAPES US...  
WHAT SHAPES US MATTERS...  
AND WHAT MATTERS, WE DO!

NO MORE, NO LESS

WHEN YOU DO, YOU ARE...  
WHEN YOU ARE , YOU BECOME...  
WHEN YOU BECOME, YOU EXIST...  
WHEN YOU EXIST, YOU KNOW!

NO MORE, NO LESS

**PURPOSEFUL PLAN**

**DAILY ACTION GETS RESULTS**

**GOALS ARE ACCOMPLISHED BY TAKING ACTION HERE AND NOW**



**RESULTS**

**DAILY ACTION**

**PURPOSEFUL GOALS**

# PURPOSEFUL GOALS

THE FOUNDATION

PURPOSEFUL DAILY ACTION

WHO

WHO DRIVES YOUR GOALS?

YOUR TRUE SELF

WHY

WHY THESE GOALS?

THEY ARE ALIGNED WITH WHO YOU ARE

HOW

HOW ARE YOUR GOALS REACHED?

APPLYING BEST PRACTICES

WHAT

WHAT GETS YOUR GOALS ACHIEVED?

PURPOSEFUL DAILY ACTION

WHEN

WHEN DO YOU TAKE ACTION?

EVERYDAY WITHIN REASON

WHERE

WHERE DO YOU TAKE ACTION?

WHEREVER NEEDED

# AN ACT OF PEACE

PATIENCE IS THE GREATEST VIRTUE

A PEACEFUL ACT:

TAKING PURPOSEFUL DAILY ACTION

PATIENCE IS THE SCIENCE OF PEACE

A SCENE OF PEACE:

THE LIFE JOURNEY TOWARD YOUR DESTINATIONS

THE PEACE WITHIN US

AN AGENT OF PEACE:

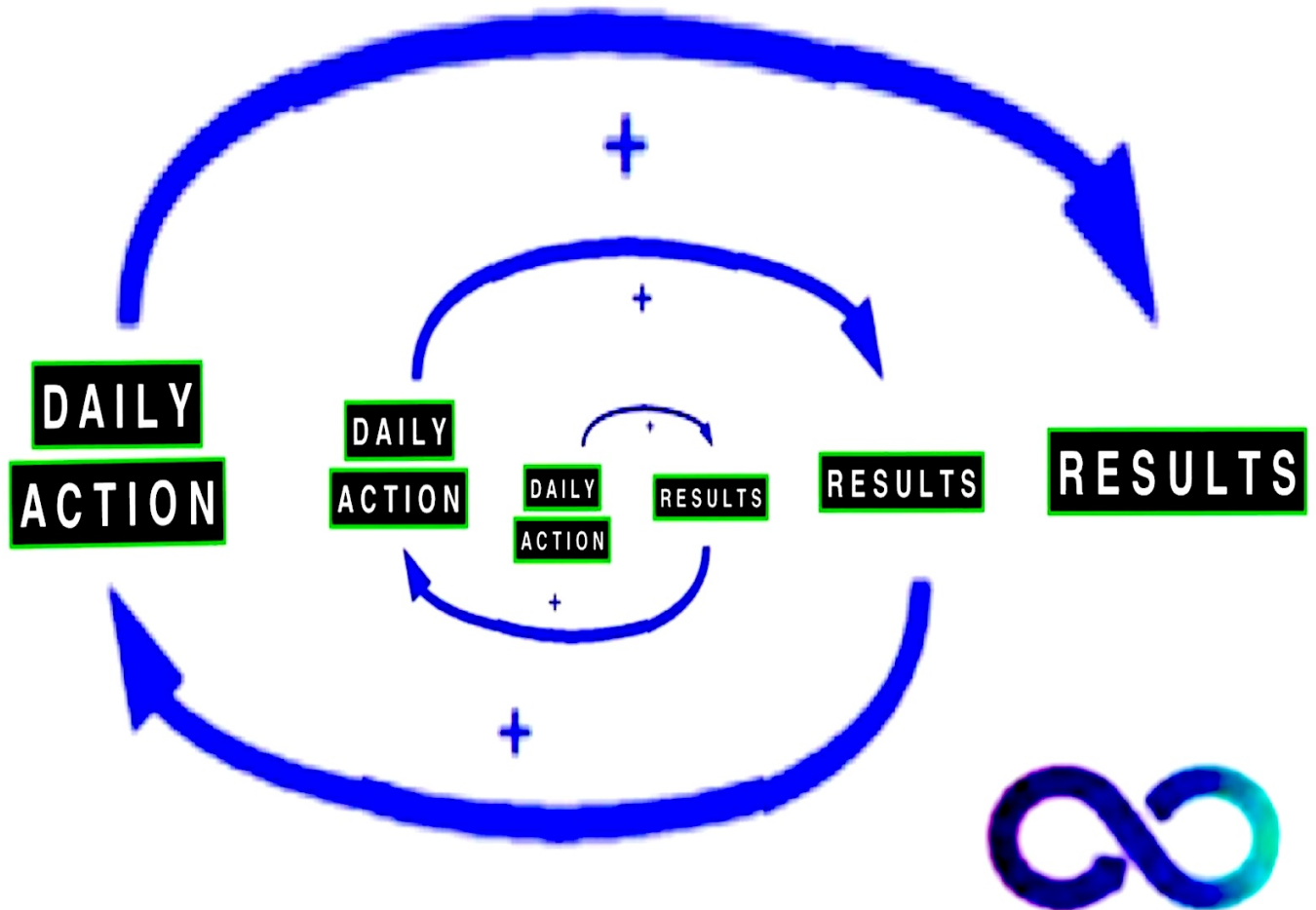
SEEKING TO FULFILL YOUR PURPOSEFUL GOALS

PEACE AT LARGE

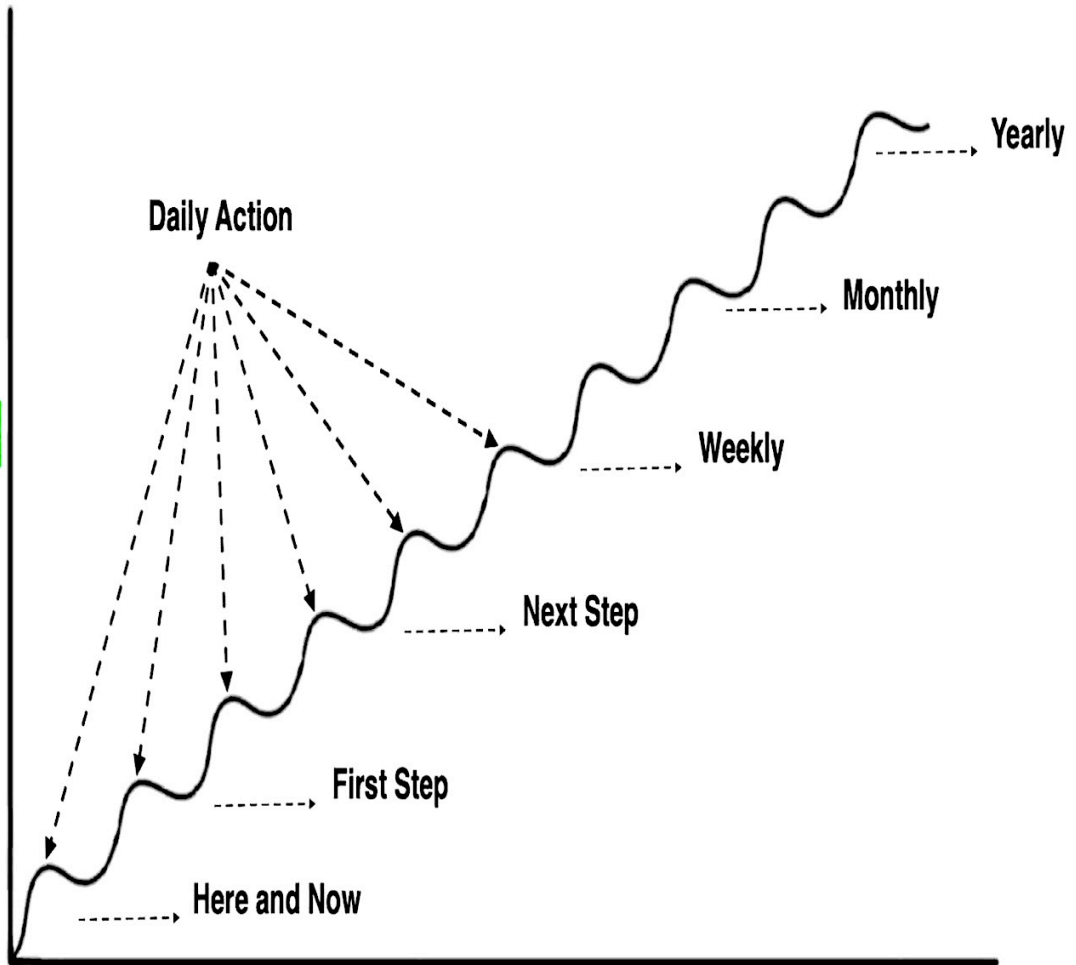
THE AGENCY OF PURPOSEFUL PEACE:

A PURPOSEFUL LIFE OF MANIFESTED DREAMS

# PURPOSEFUL RESULTS



# PURPOSEFUL RESULTS

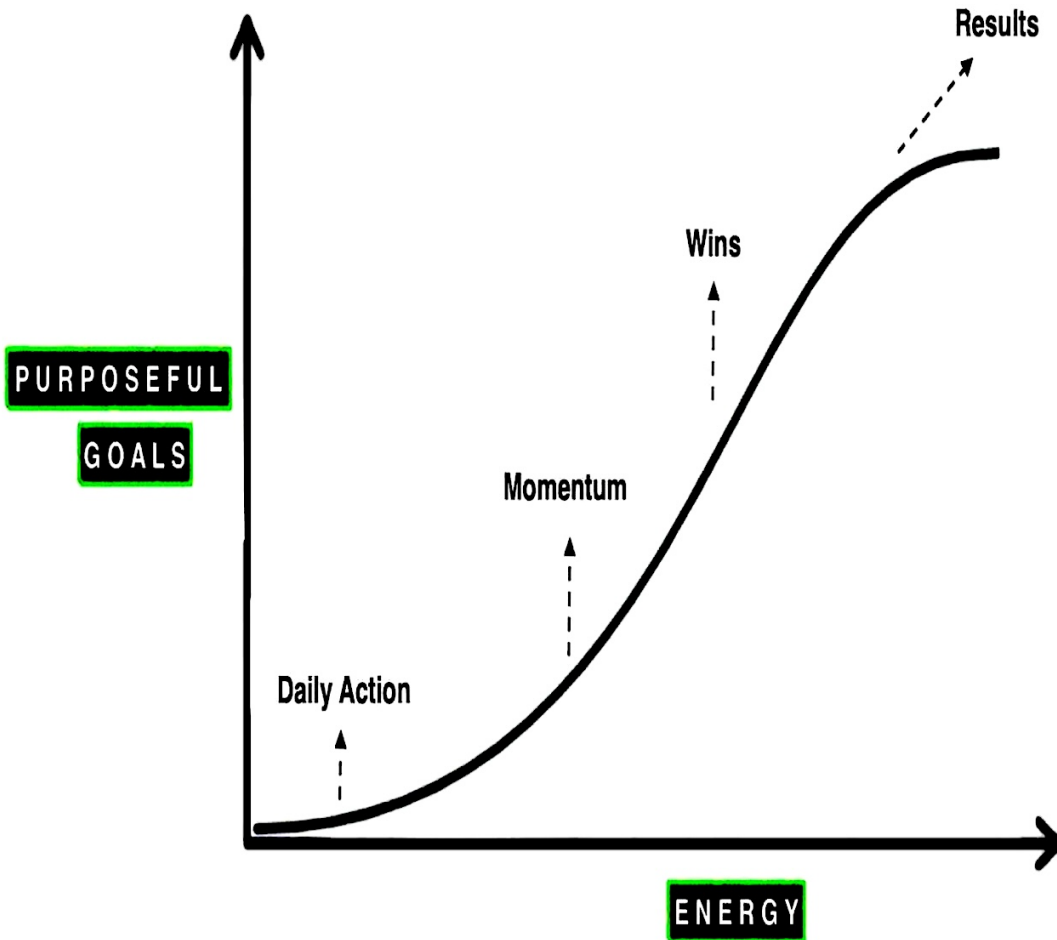


PURPOSEFUL

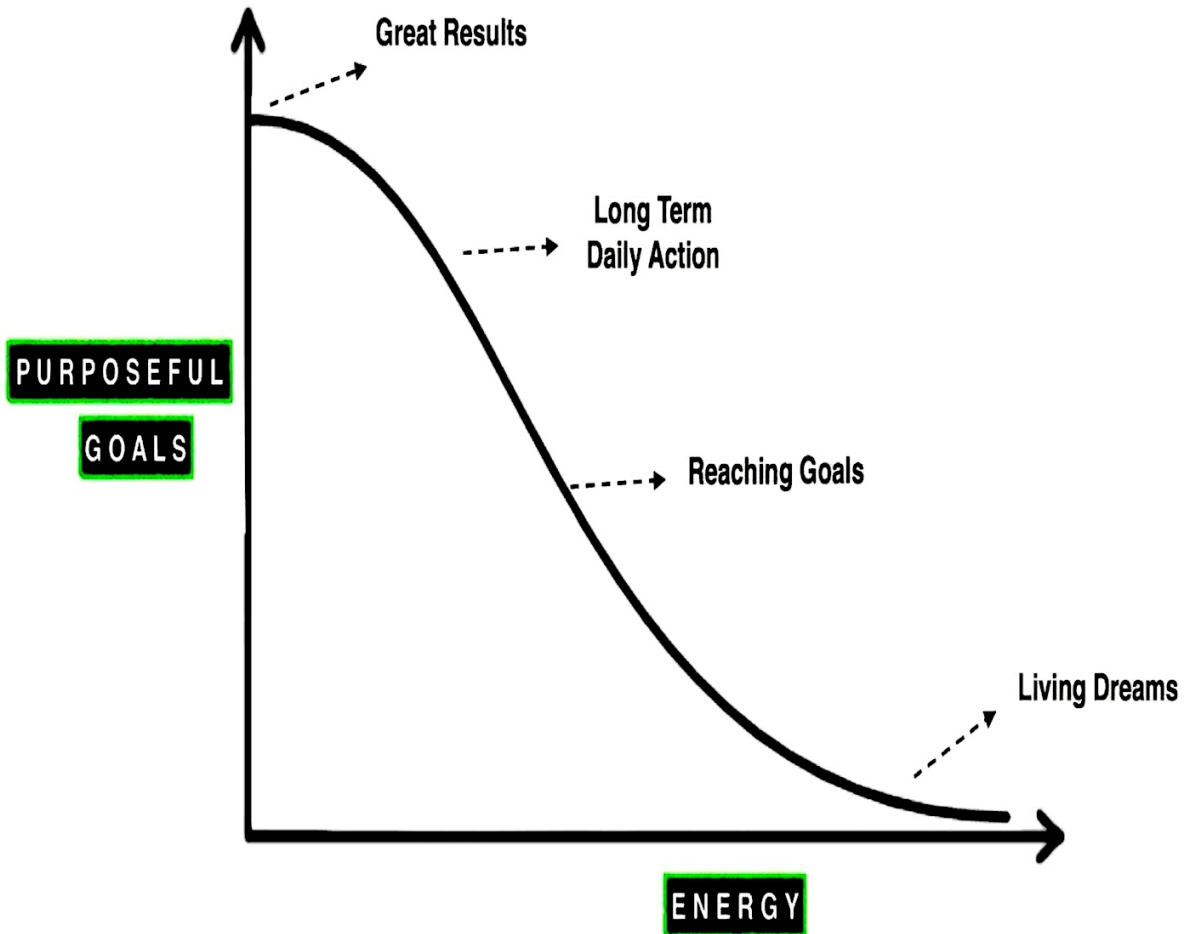
GOALS

ENERGY

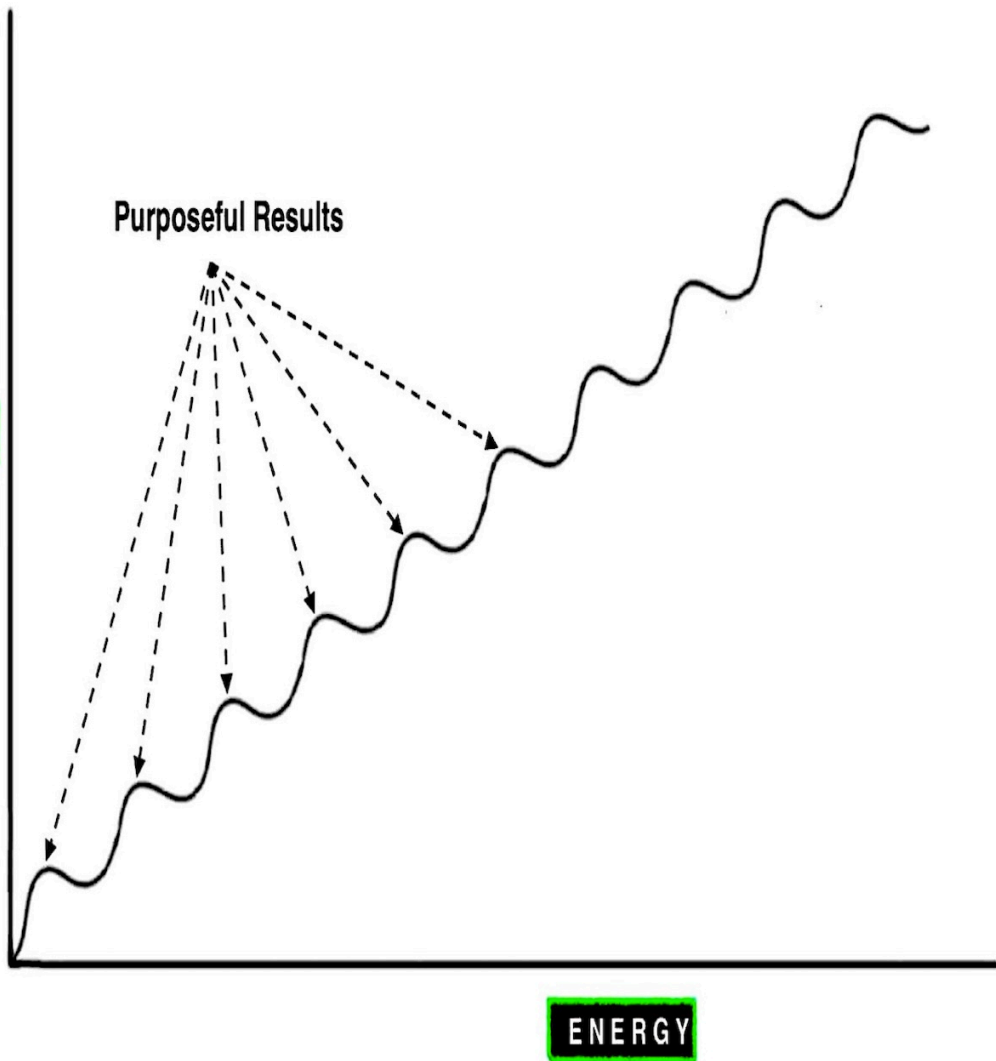
# EARLY SUCCESS



# STEADY SUCCESS



# PURPOSEFUL LIFE



# ACTION DRIVEN HORIZON

PURPOSE DRIVEN

OUTCOMES



# SCHEDULING

## COMMITMENT LEVELS

**VERY EASY**

5+ Minutes Daily

**EASY**

10+ Minutes Daily

**MEDIUM**

20+ Minutes Daily

**HARD**

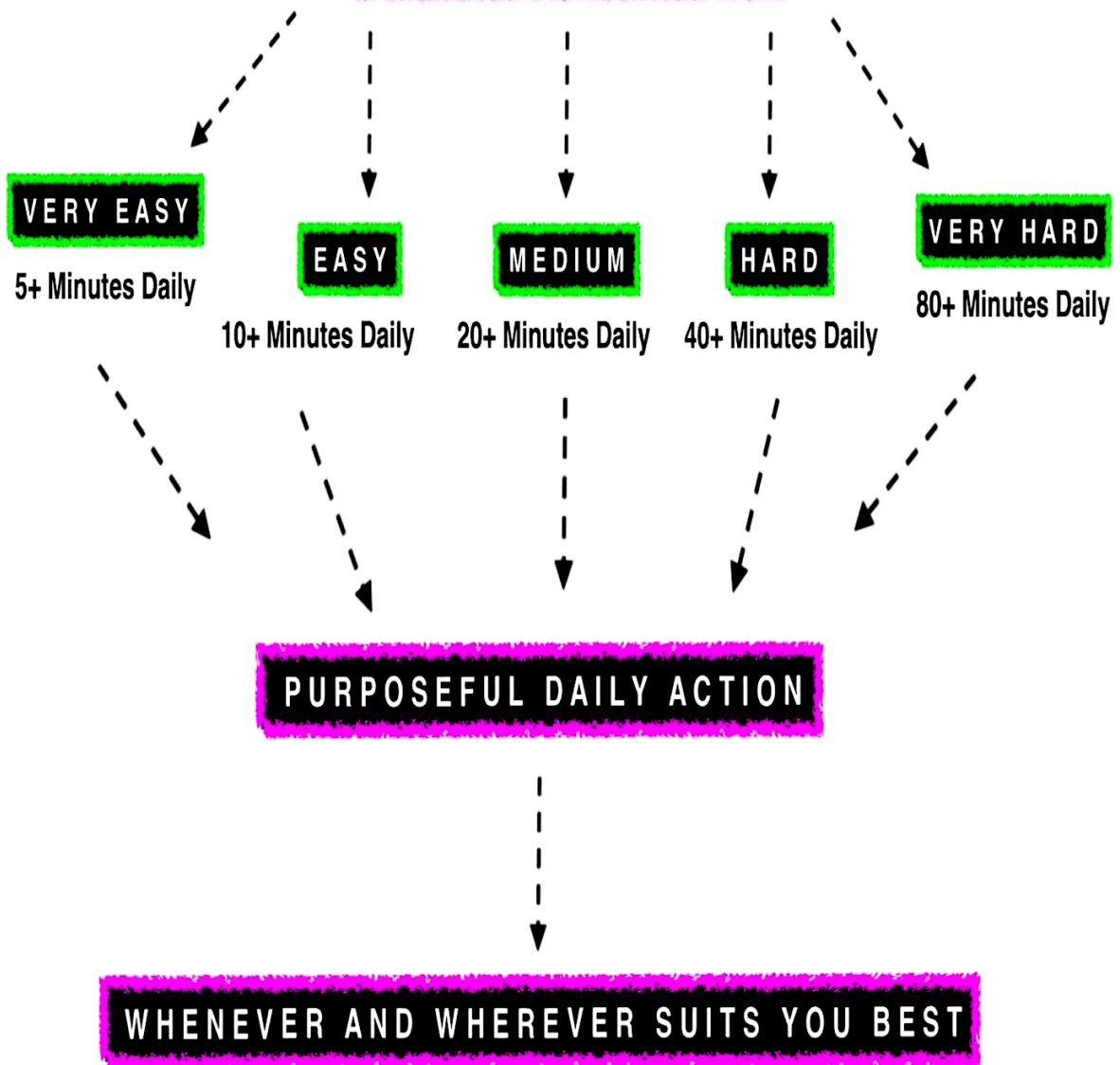
40+ Minutes Daily

**VERY HARD**

80+ Minutes Daily

**PURPOSEFUL DAILY ACTION**

**WHENEVER AND WHEREVER SUITS YOU BEST**



**MAKE YOUR DREAMS REAL**

**PURPOSE DRIVEN TASK SEQUENCING**

**PURPOSEFUL GOALS**

**ACTIONABLE  
TASKS**

**TASK SET A**

Task 1  
Task 2  
Task 3

**TASK SET B**

Task 1  
Task 2  
Task 3

**TASK SET C**

Task 1  
Task 2  
Task 3

**TASK SET D**

Task 1  
Task 2  
Task 3

**PRIORITISE TASK SETS**

**BASED ON RELEVANCE AND IMPORTANCE**

**THEN SORT TASKS BY URGENCY LEVEL**

**FROM HIGHEST TO LOWEST**

**TASK 1 MUST BE COMPLETED FIRST**

**GET STARTED HERE AND NOW WITH TASK SET A**

**THE BEST SEQUENCES ARE LOGICAL, SIMPLE**

**AND GIVE YOU A CLEAR PATH TO DAILY ACTION**

**FOCUS ON THE TASK AT HAND UNTIL COMPLETION**

**DAILY ACTION COMPLETES TASK SETS**

**COMPLETED TASK SETS ACHIEVE YOUR GOALS**

LOVE IS CONSCIOUSNESS AND SELF AWARENESS

OUR DREAMS ARE CREATED BY OUR FREE WILL

WE CREATE OUR OWN REALITY WITH PURPOSEFUL DAILY ACTION

CREATION CREATES CREATORS AND CREATORS CREATE CREATIONS

WE ARE THE BIOLOGY OF INFINITE ENERGY

OUR VISIONS DRIVE THE MISSIONS OF ALL THE THINGS WE DO

OUR TASKS AND ACTIVITIES ARE PROUD CREATIONS CREATED BY CREATORS

WHO, WHY, HOW, WHAT, WHEN AND WHERE ARE SPHERICAL ENERGY VALUES

THESE VALUES ARE THE BUILDING SPHERES OF THE SPACE STRUCTURE OF REALITY

THE HUMAN HEARTBEAT IS THE BIOLOGICAL SINGULARITY OF REALITY

LOVE IS THE PULSE OF LIFE AND THE PULSE OF CREATION

LOVE IS THE HIGHEST ENERGY OF CREATION

LOVE MANIFESTS OUR DREAMS HERE AND NOW

WE CREATE OUR REALITY WITH THE ENERGY OF LOVE

LOVE POWERS OUR PURPOSEFUL DAILY ACTION

# THE WHY-HOW EQUATION

$$\text{Why-How}_{\odot} = \lim_{r \rightarrow \infty} \left( \sum_{i=1}^{\infty} \frac{\text{How}_i}{\text{Why}_i} \right)^r$$

$$\begin{array}{l} \text{How} = 1 \\ \text{Why} = 0 \end{array} \sim \frac{1}{0} = \infty = \odot$$

FIND OUT WHY AND KNOW HOW

WHY-HOW IS THE MECHANISM

THE HOW TO YOUR WHY

WHY-HOW IS AN INFINITE CYCLE

ASK WHY AND KNOW HOW

ASKING WHY TO INFINITY MAKES YOU INFINITE

BRING YOUR DREAMS TO LIFE

KNOWING YOUR WHY AND HOW IS ESSENTIAL

WHY = PURPOSE

HOW = DAILY ACTION

ONCE YOU KNOW YOUR PURPOSE

YOU KNOW WHAT DAILY ACTIONS TO TAKE

PURPOSE STARTS BY ASKING YOURSELF

WHY DO I EXIST? WHY AM I HERE?

THE INFINITE POWER OF WHY AND HOW

WHY-HOW IS THE HOW TO YOUR WHY

WHY-HOW = PURPOSEFUL DAILY ACTION

KNOW YOUR WHY SO YOU KNOW HOW

WHY-HOW IS INFINITY ITSELF

# INFINITY CYCLE = PULSE = OSCILLATION

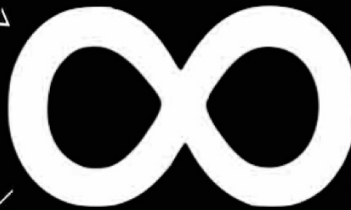
WHY-HOW MAKES INFINITY COME TRUE THROUGH ACTION

WHY-HOW IS THE MECHANISM TO MANIFEST INFINITY

HUMAN HEARTBEAT = BIOLOGICAL SINGULARITY

WHY

HOW



INFINITE NATURE OF WHY

LOVE IS HOW CREATION CREATES

WHY-HOW IS THE RECALIBRATION  
MECHANISM OF COMPASS

WHY-HOW IS THE SELF CORRECTION  
MECHANISM OF COMPASS

SINGULARITY

INFINITE FEEDBACK LOOP

CONSCIOUSNESS ← EQUILIBRIUM = SOURCE OF TRUTH → SELF PERPETUITY

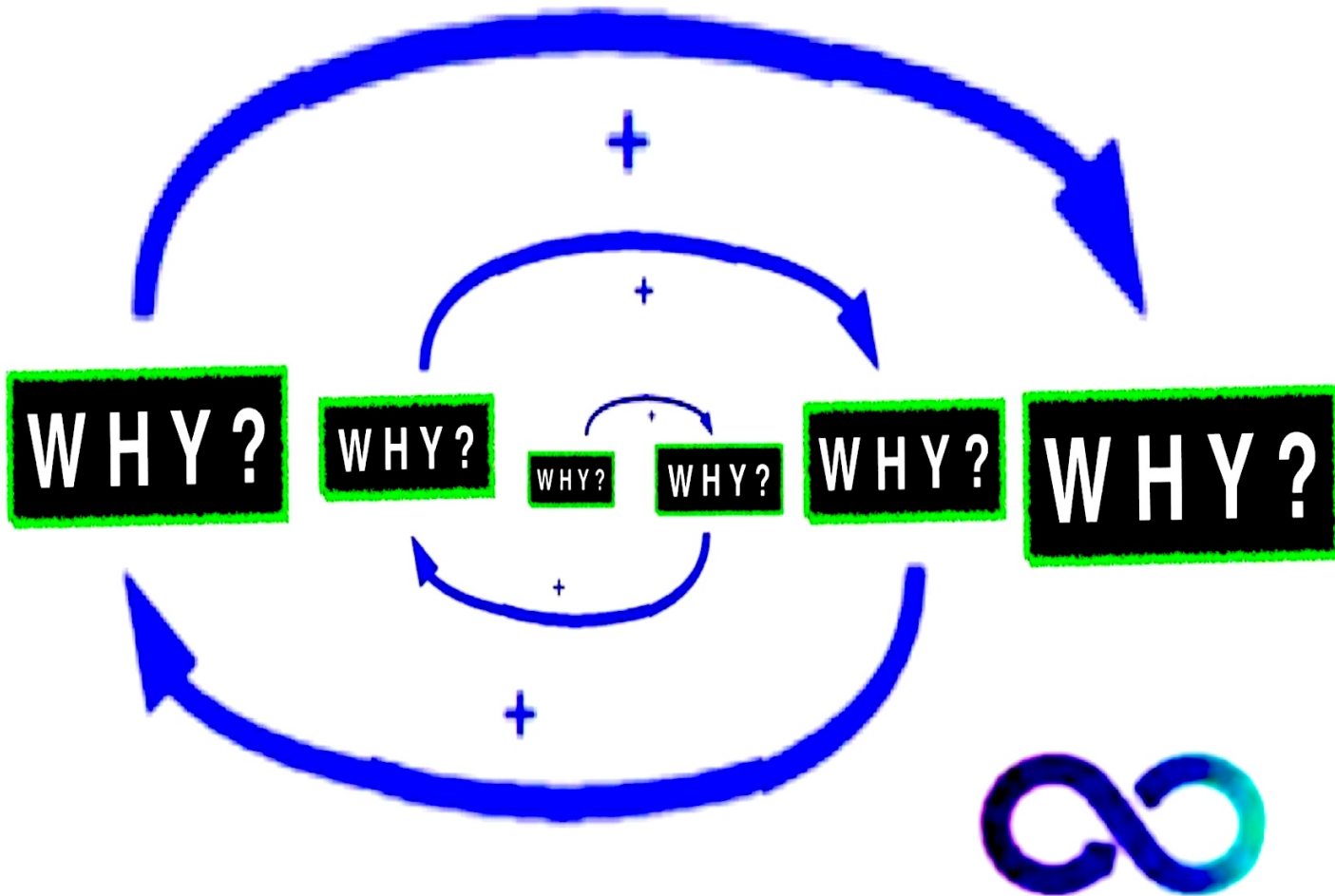
SELF AWARENESS

SELF REFLECTION

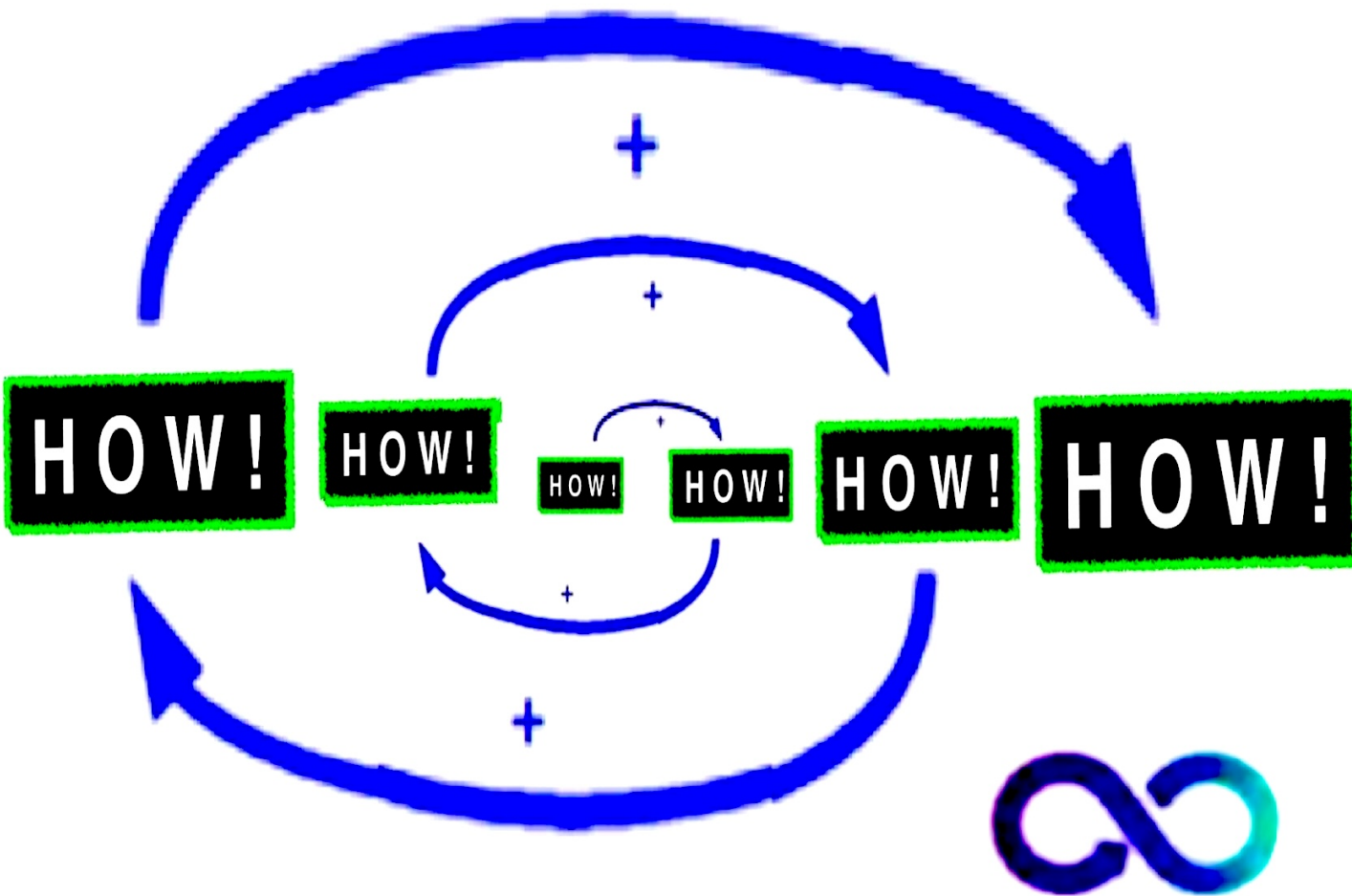
SELF LEARNING

SELF REINFORCEMENT

# THE INSATIABLE WHY



# THE UNSTOPPABLE HOW



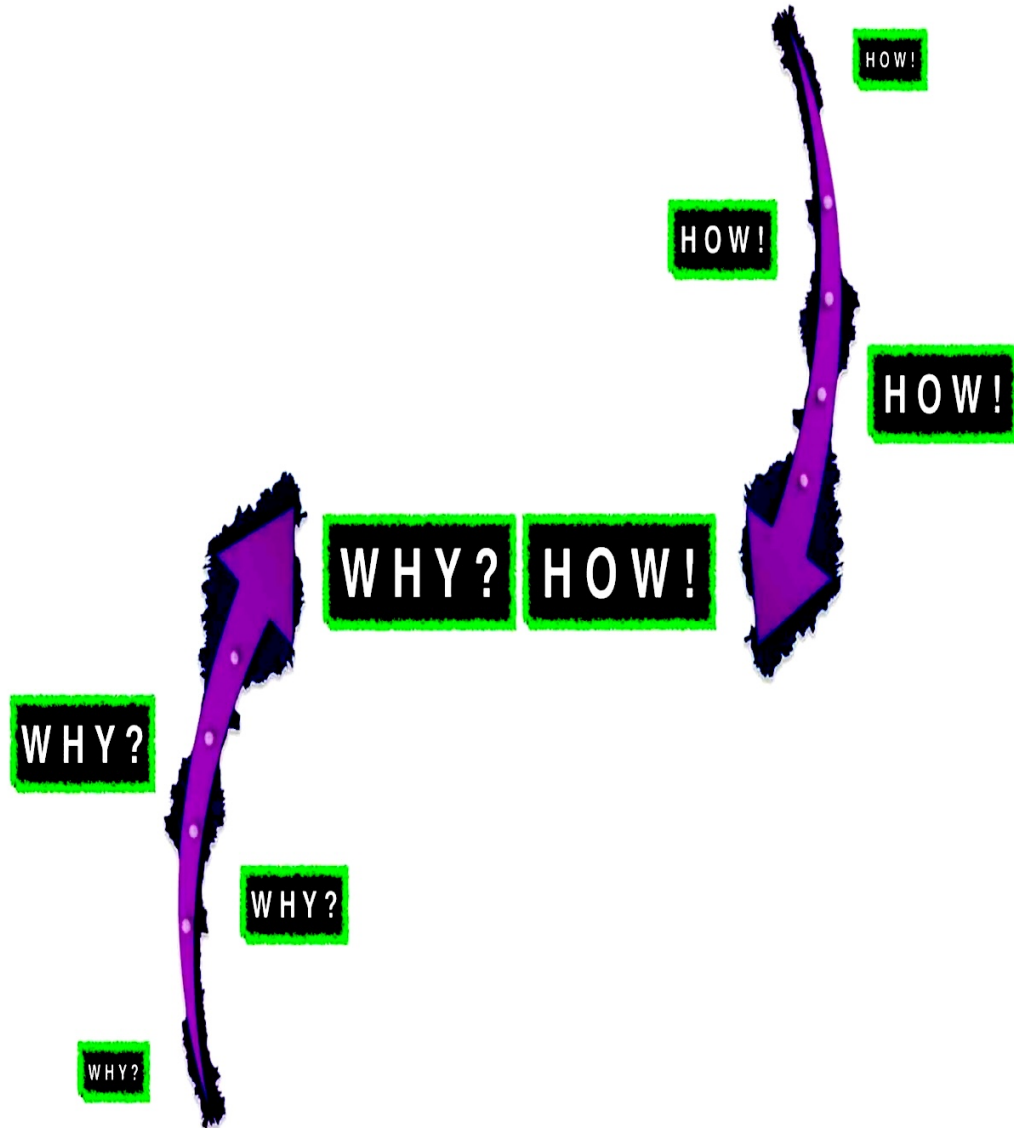
# INFINITE VIRTUOUS CYCLE



WHY HOW



# WHY-HOW IS INFINITY ITSELF



# WHY ASKING WHY?

1. IT DEFINES YOUR PURPOSE

2. IT DEVELOPS A WINNING STRATEGY

3. IT CLARIFIES YOUR FOCUS

4. IT MOTIVATES YOU

5. ITS INFINITE NATURE

# INFINITE LEARNING FORMULA

QUALITY OF QUESTIONS (WHY?)

QUALITY OF ANSWERS (HOW!)

X

NUMBER OF ACTIONS

=

RESULTS

YOUR LEARNING CURVE IS LIMITLESS

YOUR GROWTH POTENTIAL IS ENDLESS

WE ARE THE BIOLOGY OF INFINITY



# INFINITE VIRTUOUS CYCLES



OUR NATURE IS THE INFINITE ENERGY OF CREATION

THERE ARE AN INFINITE NUMBER OF WHYS WITHIN US

ALL OUR INFINITE QUESTIONS HAVE INFINITE ANSWERS

WE, WITH INFINITE WHYS, BEAR INFINITE HOWS

OUR INFINITE ABILITY TO CREATE IS THE PROOF

OUR IMAGINATION IS BOUNDLESS AND ETERNAL

WHY-HOW EMPOWERS OUR INFINITE DREAMS

WHY-HOW MANIFESTS INFINITY HERE AND NOW

WE ARE THE MEDIUMS OF INFINITE CREATION

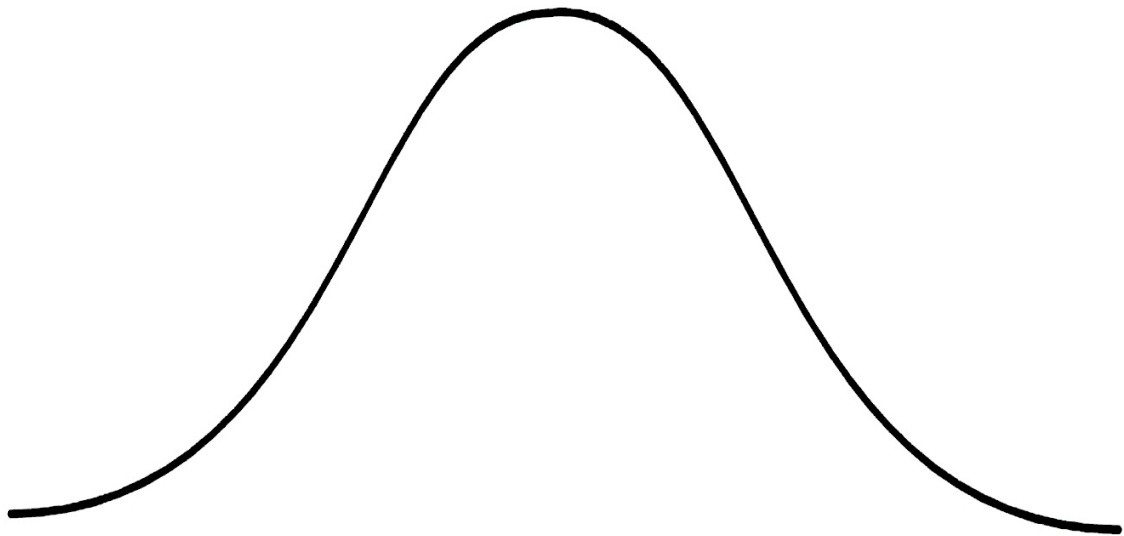
PURPOSEFUL DAILY ACTION CREATES REALITY

WE ARE INFINITE LOVE AND CREATION

THE ENERGY OF OUR HEARTS CREATES IT ALL

OUR HEARTBEAT IS THE FLOW OF REALITY

FLOW



HERE AND NOW

YOU MUST LOVE YOURSELF TO TRANSFORM YOUR LIFE INTO A MEANINGFUL JOURNEY

**FLOW :** THE HEARTBEAT IS THE HERE AND NOW

BEING IN THE ZONE FOR DAYS ON END

FEELING AWESOME WHILE DOING WHAT YOU LOVE

BEING ONE WITH INFINITY WHEN PURSUING YOUR PURPOSE BECOMES THE NORM

**BRAVERY** BE ONE WITH THE MOMENT LIVING HERE AND NOW

INFINITE FREEDOM DRIVEN BY INFINITE POTENTIAL

FOCUS ON CREATING INFINITE DREAMS HERE AND NOW

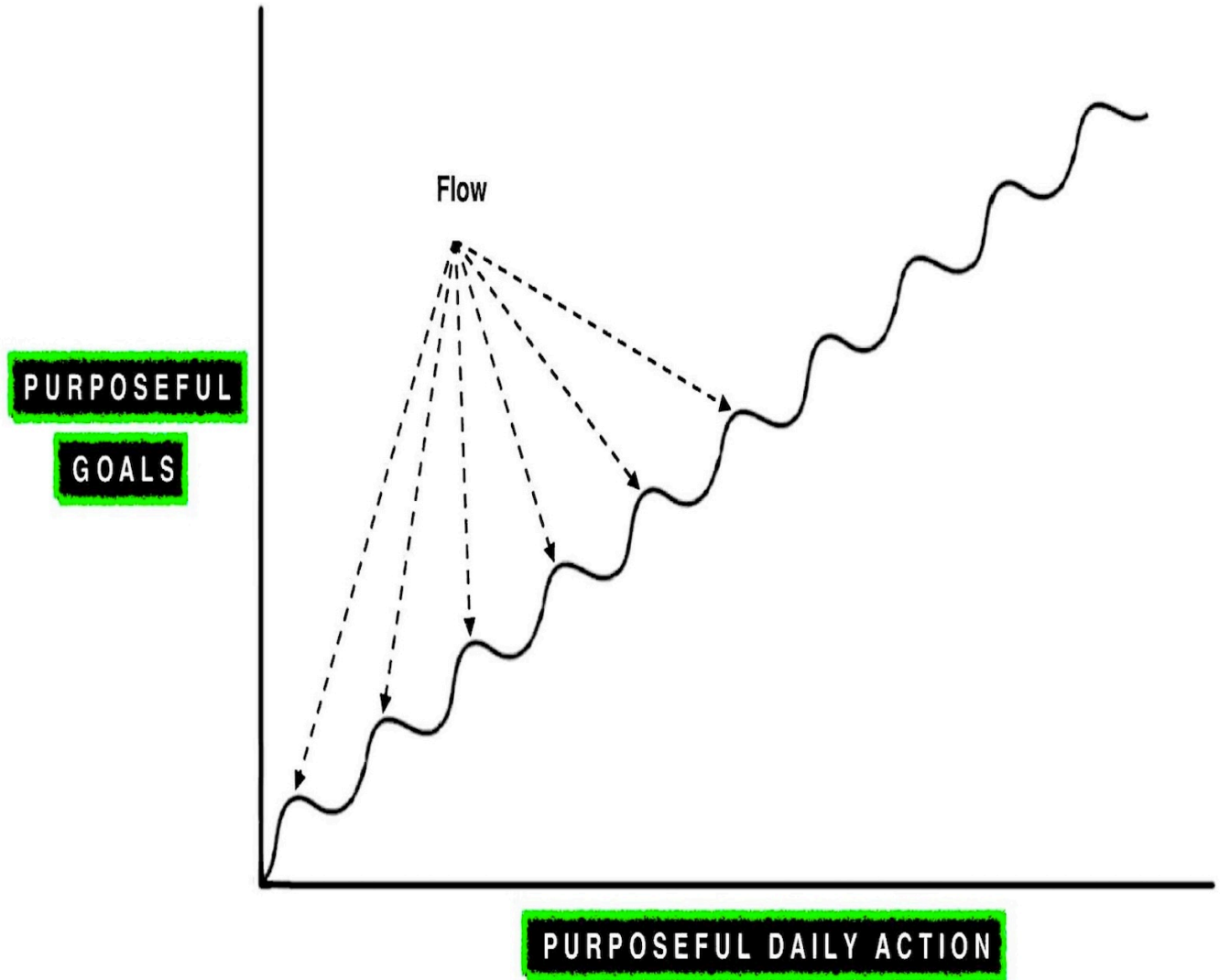
YOUR HEARTBEAT AND BREATHING ARE ONE WITH FLOW

PURPOSEFUL DAILY ACTION LEADS TO HEARTFUL FLOW STATES

WE FLOW BECAUSE WE ARE ENERGY CONFLUENCE = FLOW

LOVE IS THE MOST POWERFUL FLOW STATE

# GOALS AND DAILY ACTION DRIVE FLOW



# PURPOSEFUL FLOW

ENTER HEARTFUL FLOW STATES BY LOVING EVERYTHING YOU DO

SYNCING WITH YOUR HEARTBEAT IS THE OPTIMAL FLOW STATE

FLOW WITH YOUR HEARTBEAT BY LIVING HERE AND NOW

ALL GOALS AND DREAMS FLOW WITH PURPOSEFUL DAILY ACTION

ACTIONS DETERMINE THE SKILLS NEEDED TO FULFILL YOUR PURPOSE

FOCUS MUST BE SUSTAINED TO ACCOMPLISH THE MISSION

STRETCH YOURSELF TO THE LIMITS BY PURSUING PURPOSE

PURPOSEFUL DAILY ACTION EXPANDS YOUR LIMITS ENDLESSLY

A PURPOSE DRIVEN LIFE IS FULL OF MEANING

MANIFESTING PURPOSE ENRICHES YOUR LIFE

PURPOSE DRIVES EXCEPTIONAL BEHAVIOUR

PURPOSE MAXIMISES POTENTIAL

**PURPOSEFUL DAILY FLOW STATES**

**FOCUS YOUR ENERGY ON HERE AND NOW**

**THE INNER CRITIC SHUTS DOWN**

**MIND CHATTER GOES AWAY**

**YOU ARE LIBERATED**

**EGO VANISHES**

**IGNORANCE CEASES TO EXIST HERE AND NOW**

**FREE FROM SELF DOUBT AND SELF CRITICISM**

**FLOWING WITH LOVE IS INFINITE FREEDOM**

**ALL THE MIND STATES BELOW HAPPEN IN HEARTFUL FLOW STATES:**

**FUNNY**

**AHA! MOMENTS**

**REVELATIONS**

**BREAKTHROUGHS**

**LAUGHING OUT LOUD**

**NEXT LEVEL**

**IN THE ZONE**

**BLISS**

**SMILES AND GIGGLES**

**VIBING**

**JAMMING**

**FLOWING**

**WINNING**

**FOCUS**

**SWEET SPOT**

**HAPPY**

# RESILIENCE

THE ABILITY TO NEVER GIVE UP YOUR DREAMS

PURSUING YOUR PURPOSE NO MATTER WHAT

LEARNING IS PART OF THE JOURNEY

WHEN THE GOING GETS TOUGH

THE TOUGH GET GOING

FAILURE IS NOT AN OPTION

THE HARDER IT GETS, THE HARDER YOU PUSH

THE BIGGER THE BATTLE

THE GREATER THE VICTORY

**PURPOSE IS AN INFINITE ENERGY SOURCE OF RESILIENCE**

**PURPOSE EMPOWERS YOUR DREAMS**

**PURPOSE DRIVES YOU FORWARD**

**PURPOSE KEEPS YOU GOING**

**PURPOSE GETS RESULTS**

**PURPOSE NEVER STOPS**

**PURPOSE ALWAYS WINS**

**PURPOSE IS THE DIRECTION**

**TO KNOW YOUR LIMITS YOU MUST PUSH BEYOND THEM**

**PURPOSE IS YOUR LIGHTHOUSE IN THE STORM**

**A CLEAR PURPOSE SETS YOU ON A PATH TO MANIFEST YOUR DREAMS**

**ALWAYS MOVE FORWARD WITH A BIG SMILE LIKE CHILDREN**

**DAILY ACTION FORWARDS YOUR PURPOSE EVERY DAY FOREVER**

**PURPOSE LEADS TO YOUR DESTINATION**

**PURPOSE LEADS TO FREEDOM**

**EARN YOUR DAYS**

**BE PURPOSEFUL ON YOUR PATH**

**DO NOT STOP UNTIL THE END GOAL IS REACHED**

**CROSSING THE FINISH LINE IS A NEW START**

**A NEW BEGINNING IS THE WAY TO A NEW DREAM**

**PURPOSE MAKES YOUR LIFE JOURNEY MEANINGFUL**

**PURPOSE KEEPS YOU ON TRACK TO YOUR DESTINATION**

**PURPOSE GUIDES YOU THROUGH THE CHOICES YOU MAKE**

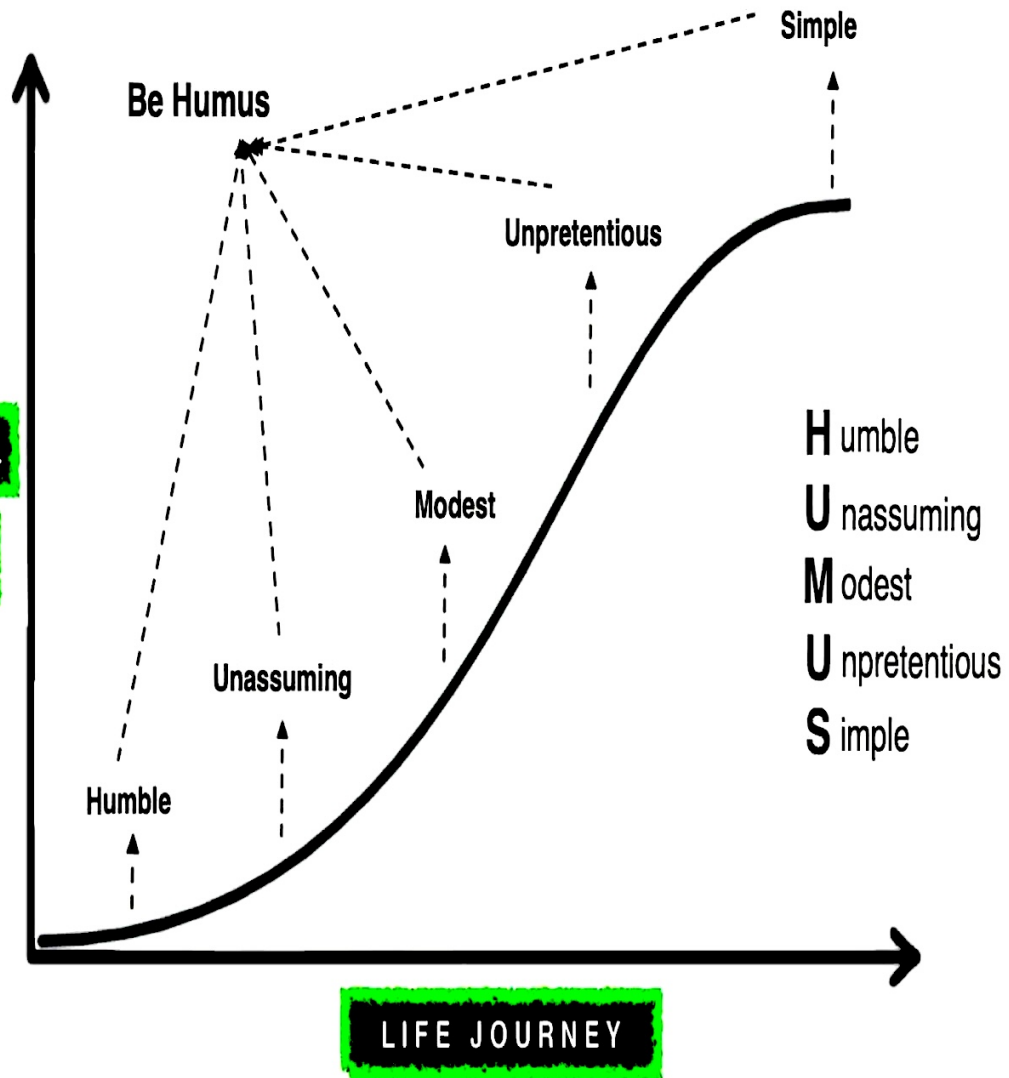
**THE WHY BEHIND YOUR HOW**

**END THE ANTS = NEUTRALISE ALL NEGATIVE THOUGHTS**

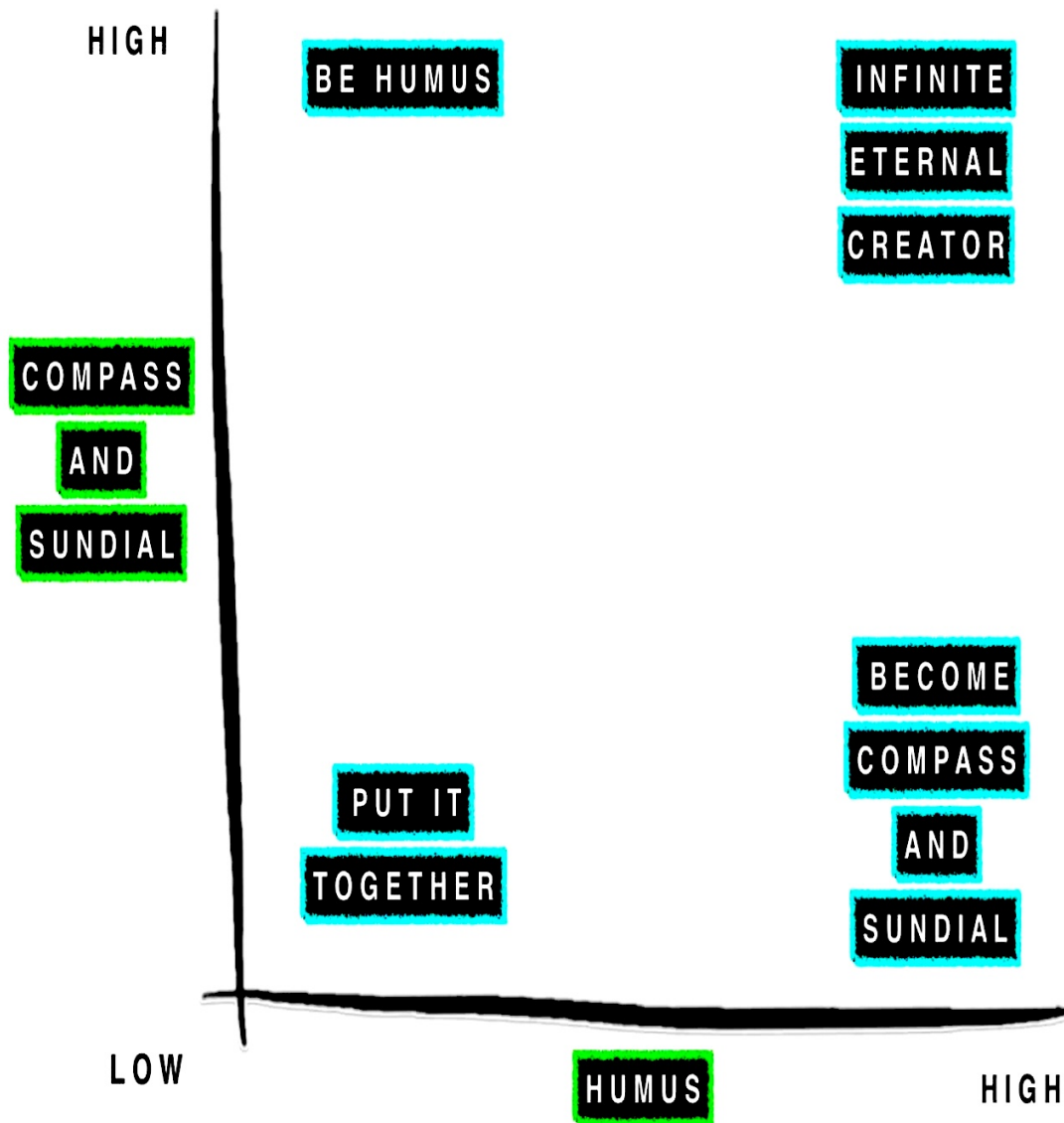
**SLAY THE DRAGONS = CONQUER ALL FEARS**

**TAME THE WILD HORSE = MASTER YOURSELF**

# A VERY MEANINGFUL AND FULFILLING LIFE

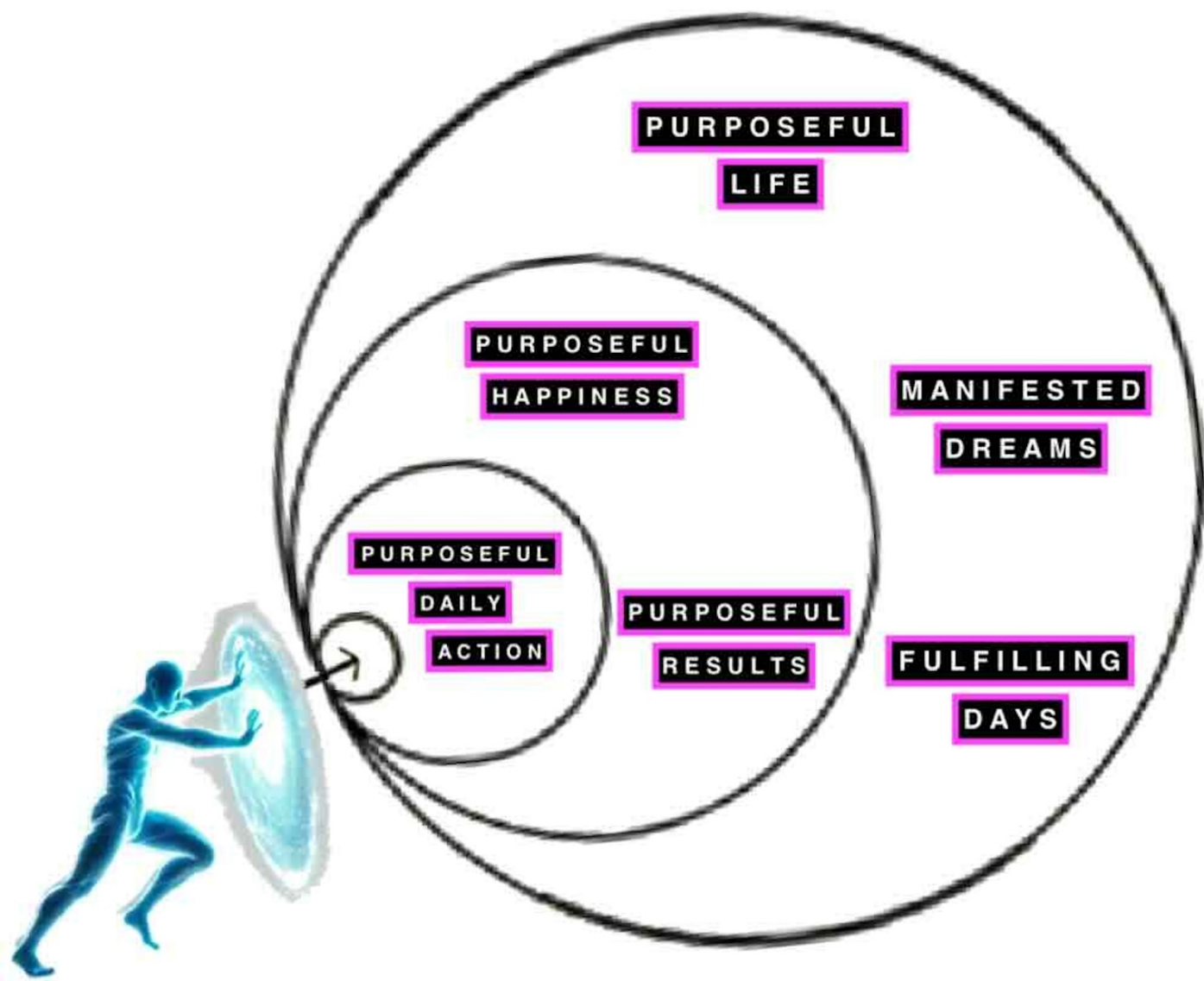


# A LEADER AND DEFENDER OF YOUR DREAMS



# A HAPPY LIFE

## HEARTBEAT RHYTHM





**TRUTH**

**BE**

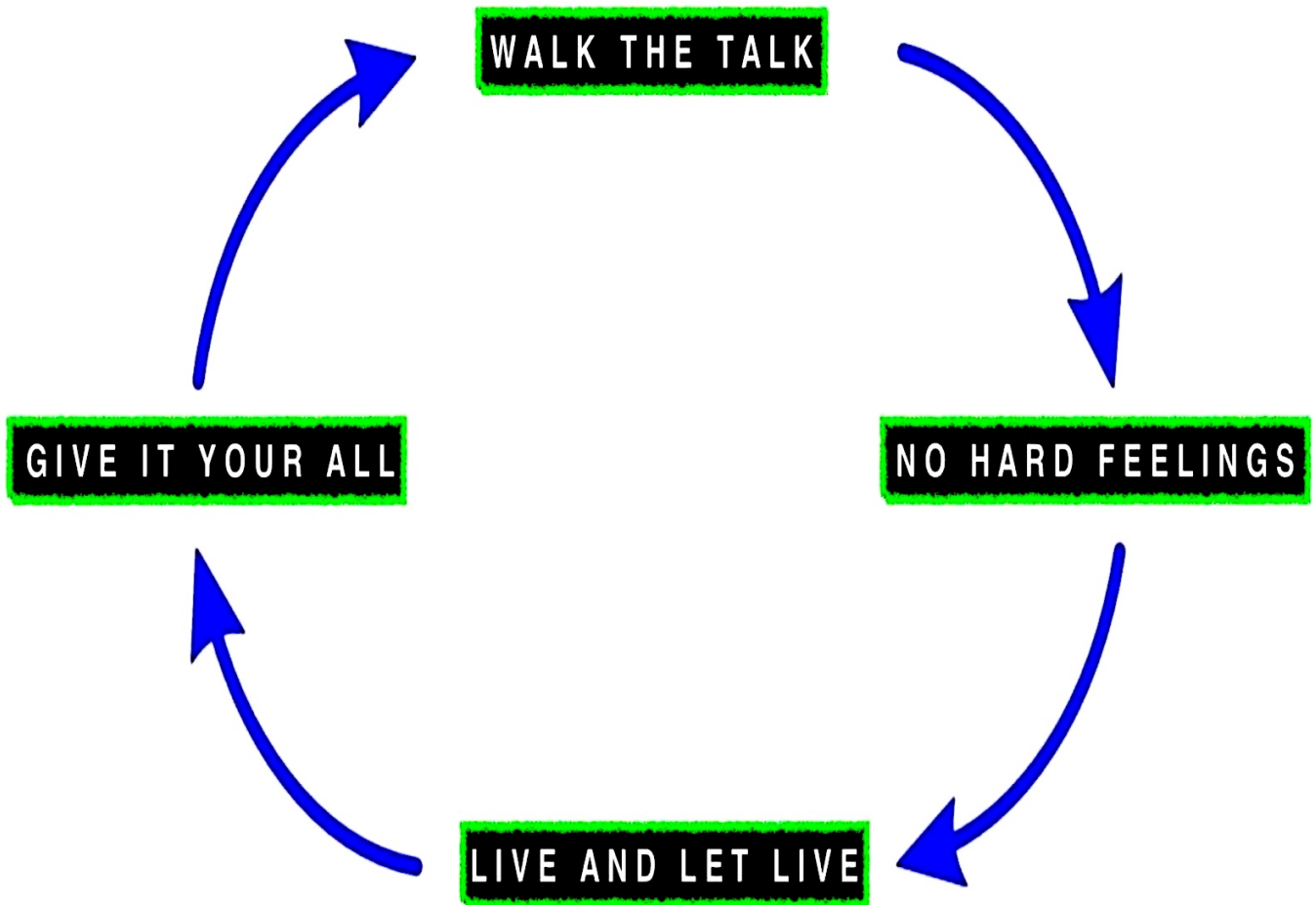
**TOLD**

**IN**

**JEST**

# A HAPPY AND FULFILLING DAY

PURPOSEFUL DAILY ACTION LOOKS LIKE THIS



# INFINITE VIRTUOUS CYCLE



# HUMILITY IS THE PATH TO MATURITY

## INFINITY

### What we do not know

Humility guides our infinite learning

*Loving opens the heart so we evolve*

## WISDOM

### What we know

Maturity grounds us

*Heartbeat rhythm*

### Heartful Flow States

Love with all your heart and might

*Follow your heart and smile daily*

REMEMBER YOUR PURPOSE

STAY TRUE TO YOURSELF

ESTABLISH YOUR BEARINGS

KEEP YOUR COMPASS ON TRUE NORTH

A PURPOSEFUL JOURNEY LEADS TO A MEANINGFUL DESTINATION

PURPOSE IS YOUR TRUE NORTH

LET PURPOSE GUIDE THE WAY

COMPASS SHOWS THE WAY

ARRIVE TO YOUR DESTINATION

THE BEST WAY TO MAKE HARD DECISIONS IS TO COME BACK TO PURPOSE

PURPOSE GIVES YOU A CLEAR DIRECTION AND MAKES DECISIONS EASY

FACE YOUR FEARS AND FOLLOW YOUR HEART

EMBRACE YOUR TRUE SELF

CONQUER FEAR

FULFILL YOUR PURPOSE

BE BRAVE

COMPASS AND SUNDIAL MANIFEST INFINITE FREE WILL

AS A SUNDIAL YOU HARNESS SUNLIGHT ENERGY

AS A COMPASS YOUR HEARTBEAT CREATES LOVE ENERGY

THE TWO HIGHEST ENERGIES IN INFINITY AS ONE

POWER PURPOSEFUL DAILY ACTION HERE AND NOW

TAKING ACTION HERE AND NOW PROVES FREE WILL

FREE WILL MANIFESTS YOUR LIFE DREAMS

SUNLIGHT AND LOVE DRIVE DAILY ACTION

THE HIGHER YOUR DAILY SUNLIGHT ENERGY INTAKE

THE MORE POWERFUL YOUR LOVE ENERGY BECOMES

THE LOVE ENERGY DRIVING YOUR DAILY ACTIONS

MANIFESTS YOUR FREE WILL DREAMS HERE AND NOW

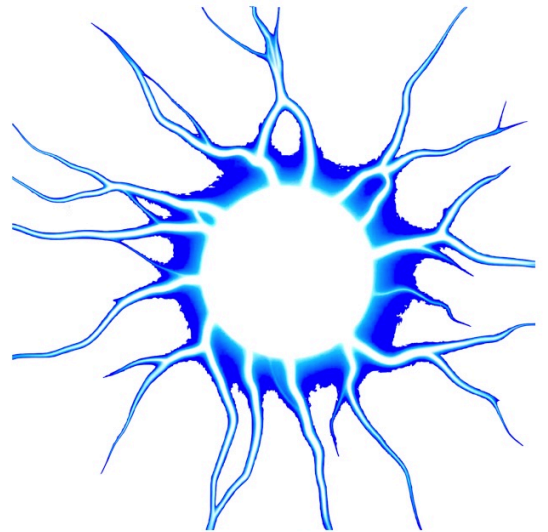
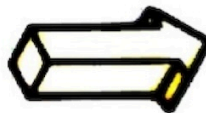
# A BEST PRACTICE GUIDE

## PURPOSEFUL ENTREPRENEURSHIP

### APPLIED PURPOSEFUL DAILY ACTION

### CREATE PURPOSEFUL PRODUCTS AND SERVICES

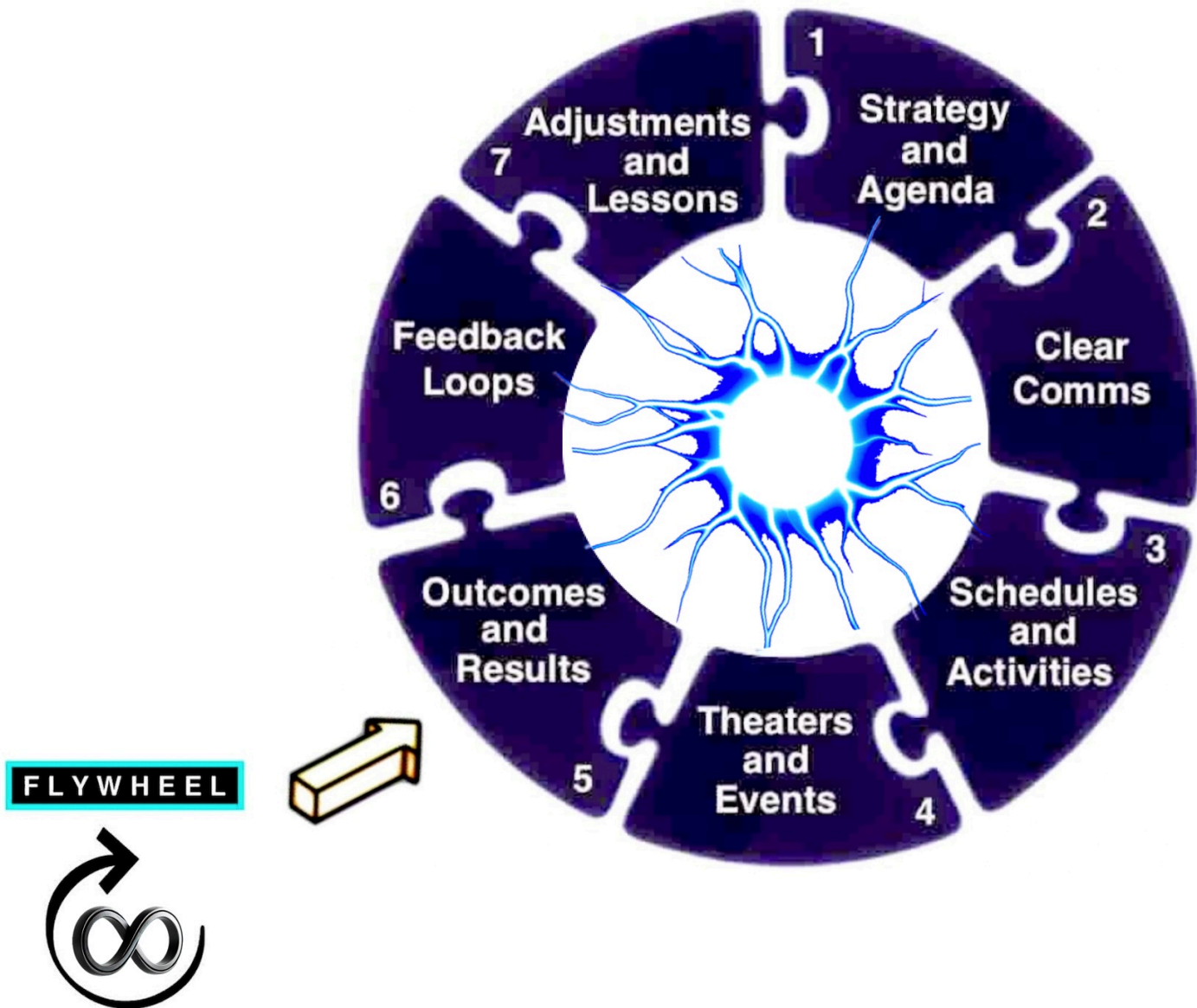
**PURPOSEFUL  
CREATION**



**A PURPOSEFUL CREATION NEEDS A FLYWHEEL TO BE CREATED**

**FLYWHEEL = CULTURE**

**A TEAM OPERATES THE FLYWHEEL**



**A CREATION IS PURPOSEFUL WHEN HUMANS NEED IT**

**THE PURPOSE OF YOUR CREATION IS TO BE HUMAN CENTRIC**

**MEETING REAL HUMAN NEEDS MAKE A CREATION PURPOSEFUL**

**A CREATION MAKES THE LIFE OF HUMANS BETTER FOR GOOD**

**PURPOSEFUL CREATIONS MAKE THE WORLD MUCH BETTER FOREVER**

**KEY DRIVERS OF PURPOSEFUL CREATIONS :**

**LANDSCAPE**

**DO YOU KNOW WHAT HUMANITY NEEDS ?**

**INTELLIGENCE**

**CAN YOU PROVE HUMANITY NEEDS IT ?**

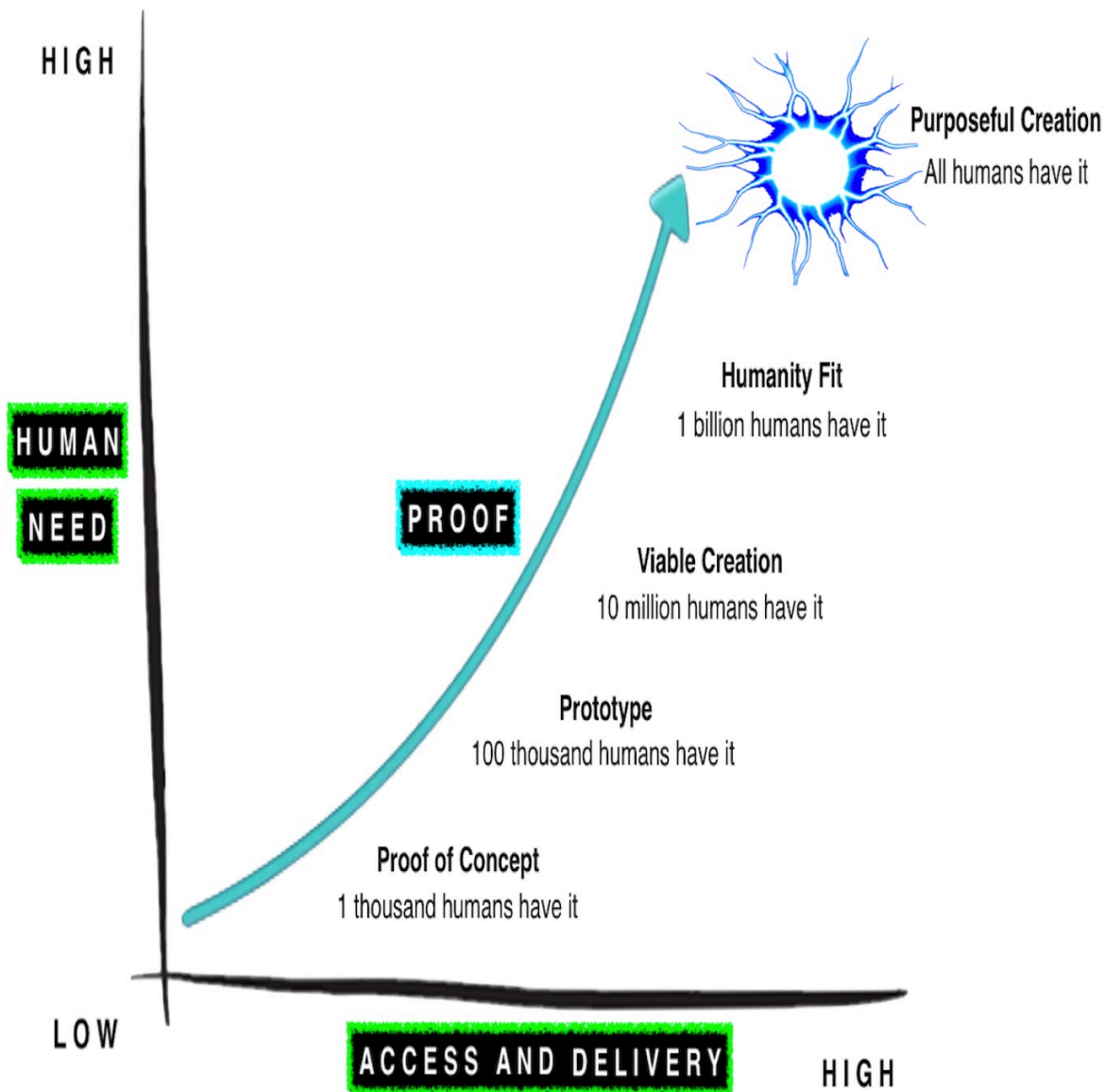
**INFLUENCE**

**HOW WILL HUMANITY HAVE ACCESS TO IT ?**

**MOMENTUM**

**HOW WILL YOU DELIVER IT TO HUMANITY ?**

# MASS ADOPTION STAGES



INTUITIVELY, WE HAVE AN IDEA OF THE NEEDS WE ALL HAVE IN COMMON

FOOD WATER CLOTHING SHELTER FREEDOM TRUTH PURPOSE

THESE NEEDS ARE ALL PART OF THE CLIMB TO INFINITY

IS THERE AT LEAST ONE NEED ALL HUMANS HAVE ALREADY MET ?

WE ALL KNOW THE ANSWER WE ARE WORKING ON IT

WHICH HUMAN NEED WILL ALL OF HUMANITY MEET FIRST ?

ENDING WORLD HUNGER ? ENDING WORLD POVERTY ?

AN INFINITE NUMBER OF HUMAN NEEDS MUST BE MET

THIS IS WHY PURPOSEFUL CREATIONS ARE THE MOST IMPORTANT

IT IS HUMANS WHO WILL CREATE THE SOLUTIONS HUMANITY NEEDS

WE ALL ARE INFINITE ETERNAL CREATORS

WILL YOU MANIFEST A PURPOSEFUL CREATION ?

INFINITE FREE WILL MANIFESTS OUR DREAMS

PURPOSEFUL DAILY ACTION IS A MEANS AND AN END

PURPOSE IS THE DESTINATION

ARRIVING TO YOUR DESTINATION RENEWS PURPOSE

LIFE IS AN ENDLESS JOURNEY OF SELF DISCOVERY

FROM ONE DESTINATION TO THE NEXT FOREVER

A FULFILLED PURPOSE LEADS TO A GREATER ONE

LIFE IS A JOURNEY OF EXPLORATION AND EXPANSION

YOUR HEARTBEAT IS HERE AND NOW

HEARTFUL FLOW STATES ILLUMINATE YOUR PATH

LOVING EVERY MOMENT IS THE WAY

THE ENERGY OF LOVE CREATES REALITY

# A NEW WORD TO EVOLVE TO INFINITY

**Antipodate:** To transform negativity into positivity because of free will and purposeful daily action taken here and now. The positive metamorphosis of everything that there is and will always be.

## Verbs:

**Antipodate** (base verb):

*Antipodated; Antipodating*

- I antipodate
- You antipodate
- He/She/Them antipodates
- We antipodate
- They antipodate

**Antipodise** (meta verb):

*Antipodised; Antipodising*

- I antipodise
- You antipodise
- He/She/Them antipodises
- We antipodise
- They antipodise

## Nouns:

**Antipodation:**

- Antipodation
- Antipodations

**Antipodisation:**

- Antipodisation
- Antipodisations

**Antipodator:**

- Antipodator
- Antipodators

**Antipodist:**

- Antipodist
- Antipodists

## Adjectives:

- Antipodated
- Antipodised
- Antipodistic
- Antipodable
- Antipodisable
- Antipodating
- Antipodising
- Antipodist

## Adverbs:

- Antipodistically
- Antipodatingly
- Antipodisingly

## Articles:

- the/an (singular); the (plural)

**Antipodar:** Transformar la negatividad en positividad a través del libre albedrío y la acción diaria con proposito en el aquí y ahora. La metamorfosis positiva de todo lo que es y siempre sera.

### Verbos:

**Antipodar** (verbo base):

Antipodado; *Antipode*; *Antipodare*

- Yo antipodo
- Tu antipodas
- El/Ella/Elle antipoda
- Nosotros/Nosotras antipodamos
- Ustedes antipodan
- Ellos/Ellas/Elles antipodan

**Antipodisar** (verbo meta):

*Antipodisado*; *Antipodise*; *Antipodisare*

- Yo antipodiso
- Tu antipodisas
- El/Ella/Elle antipodisa
- Nosotros/Nosotras antipodisamos
- Ustedes antipodisan
- Ellos/Ellas/Elles antipodisan

### Sustantivos:

- Antipodacion/es
- Antipodisacion/es
- Antipodador/a

- Antipodadores/as
- Antipodista/s

### Adjetivos:

- Antipodistica/s
- Antipodistico/s
- Antipodiscada/s
- Antipodiscado/s
- Antipodado/a
- Antipodados/as
- Antipodisado/a
- Antipodisados/as
- Antipodable/s
- Antipodisable/s
- Antipodista/s
- Antipodisista/s
- Antipodante/s
- Antipodisante/s

### Adverbios:

- Antipodisticamente
- Antipodisticadamente
- Antipodadamente
- Antipodisadamente
- Antipodante/s
- Antipodisante/s
- Antipodantemente
- Antipodisantemente

### Articulos:

- Un, unos, una, unas
- El, la, lo, los, las, le, les

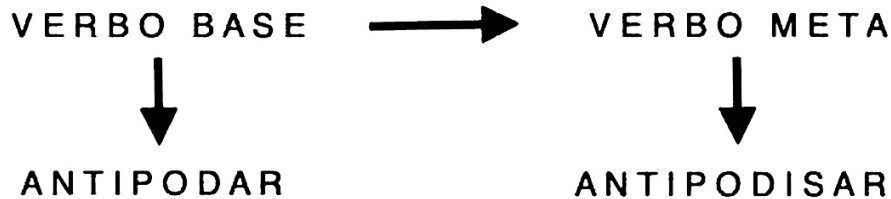
# VERBOS META

## LA META VERBALIZACION

### EVOLUCION DEL LENGUAJE

#### EL VERBO CREADOR

##### LA SINGULARIDAD EJEMPLAR



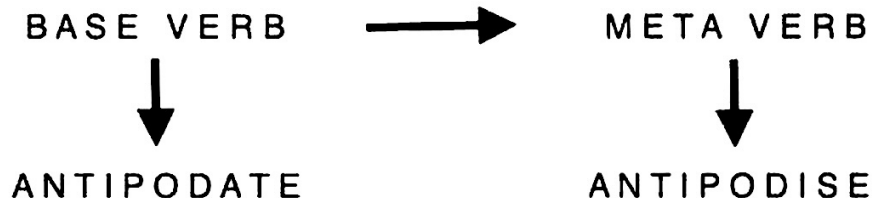
## META VERBS

## META VERBALISING

### LANGUAGE EVOLUTION

#### VERBAL CREATOR

##### SINGULARITY EXEMPLIFIED



**MEANINGFUL PANTHEON**

**ERECT YOUR MONUMENTS**

**FULFILLING STATUES**

**HERITAGE AND LEGACY**

**PERSONAL GUIDANCE**

**LEADERSHIP TUTELAGE**

**MENTORS AND ADVISORS**

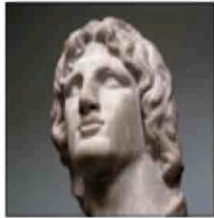
**HUMANS WHO LEFT THEIR MARKS**

**HUMANS WHO CHANGED THE WORLD**

**HUMANS YOU RESPECT AND ADMIRE**



# MY HERITAGE AND LEGACY PANTHEON



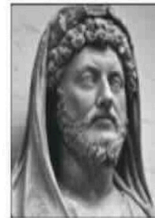
Alexander



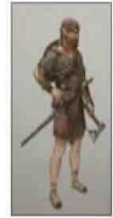
Aristotle



Bolivar



Marcus Aurelius



William Wallace



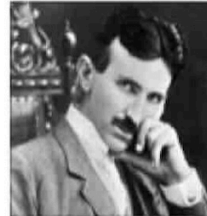
Elizabeth



Guiyatlé



DaVinci



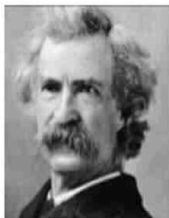
Tesla



Leonidas



Washington



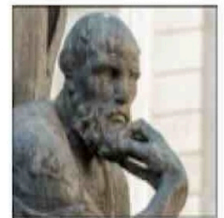
Twain



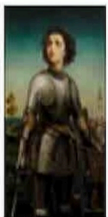
Turing



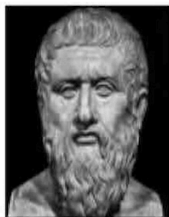
Jung



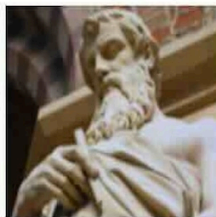
Socrates



Joan of Arc



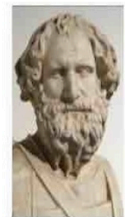
Plato



Euclid



Te Wharerahi



Archimedes

**THE WORLD HAS BEEN BUILT BY**

**THE HERITAGE AND LEGACY OF OUR PREDECESSORS**

**WE ARE THE SUCESSORS OF ALL THE HUMANS**

**WHO BUILT THE WORLD BEFORE OUR BIRTHS**

**BY CREATING A HERITAGE AND LEGACY PANTHEON**

**WE HONOR THEIR PURPOSEFUL DAILY ACTIONS**

**WE SEEK THEIR WISDOM TO GUIDE OUR ACTIONS**

**SO WE CAN BUILD A BETTER WORLD FOR HUMANITY**

**BY TAKING PURPOSEFUL DAILY ACTION HERE AND NOW**

**WE MANIFEST OUR INFINITE FREE WILL**

**AND MAKE OUR DREAMS OF A BRIGHTER WORLD REAL**

FANTASIES

AND

ILLUSIONS

GET

ANTIPODISED

BY

A PANTHEON



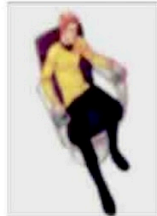
# MY FANTASIES AND ILLUSIONS PANTHEON



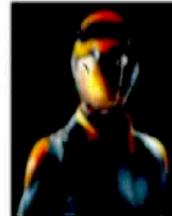
Obi Wan



Django



Kirk



Ender



Maverick



Seiya



Lara Croft



Tyrion



Link



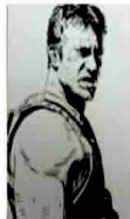
John Stewart



Neo



Peter Parker



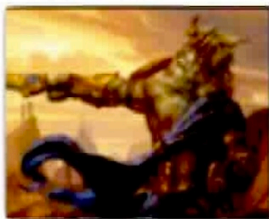
Frank Castle



Master Chief



Optimus Prime



Brimaz



Jake Sully



Mando



Gohan



Sonic

FANTASIES AND ILLUSIONS ARE NOT REAL

THEY ARE FIGMENTS OF OUR IMAGINATION

THEY EXIST TO TEACH US VALUABLE LIFE LESSONS

COMPASS AND SUNDIAL SPOT AND SHUTTER THEM ALL

AS A SUNDIAL YOU ENERGISE WITH SUNLIGHT

AS A COMPASS YOUR HEARTBEAT CREATES LOVE

LOVE ENERGY TRANSFORMS ANYTHING INTO POSITIVITY

YOUR PANTHEONS ARE INFINITE POSITIVE ENERGY

YOUR LOVE ANTIPODISES FANTASIES AND ILLUSIONS

AND TRANSFORMS THEM INTO A POSITIVE FORCE

LOVE THE FANTASIES AND ILLUSIONS OF YOUR PANTHEON

SYNC WITH YOUR HEARTBEAT AND ANTIPODISE IT ALL

YOU READ MY BOOK FOR SIMPLE REASONS

1. YOU ARE FINDING PURPOSE

2. YOU ARE SEEKING MEANING

3. YOU WANT A FULFILLING LIFE

4. YOU WANT TO MANIFEST DREAMS

HERE AND NOW YOU CAN

PURPOSEFUL DAILY ACTION MAKES IT REAL

YOU HAVE ALL YOU NEED

THE ANSWERS ARE WITHIN

LOVE YOURSELF

FOLLOW YOUR HEART

PURPOSEFUL DAILY ACTION IS THE WAY OF THE WAY

DAILY ACTION IS A REFLECTION OF YOUR LIFE

A HAPPY LIFE IS LIVED DAY BY DAY

MAKE YOUR DAYS PURPOSEFUL

LIVE A PURPOSEFUL LIFE

A FULFILLING LIFE IS LIVED HERE AND NOW

SYNC WITH YOUR BREATH AND HEARTBEAT

LOVE WITH ALL YOUR HEART AND MIGHT

SMILE DAILY AND FOLLOW YOUR HEART

THE SIGNS AND SIGNALS OF YOUR HEART GUIDE YOU

YOUR INNER VOICE IS THE HEARTBEAT

LISTEN TO IT

MY PURPOSE IS TO HELP YOU FIND YOURS

I HELP MYSELF BY HELPING YOU

WHEN YOU FULFILL YOUR PURPOSE I FULFILL MINE

WHEN YOU MANIFEST YOUR DREAMS I MANIFEST MINE

WHEN YOU ARE HAPPY THE WORLD IS A BETTER PLACE

SEEING THE WORLD BECOMING BRIGHTER MAKES ME HAPPY

YOUR SUCCESS IS MY SUCCESS

A THRIVING HUMANITY IS THE GREATEST INVESTMENT

WE ALL WIN BY INVESTING IN EACH OTHER

YOU ARE MY INVESTMENT

YOUR WINS ARE MY WINS

# INFINITE VIRTUOUS CYCLES



HERITAGE      LEGACY



ESPAÑOL      ENGLISH



# INFINITE VIRTUOUS CYCLES



SPERM EGG



PARENTS CHILDREN



# INFINITE VIRTUOUS CYCLES



SOW

REAP

CONTRIBUTION

REWARD



# EXERCISE 1

# TRUE SELF AFFIRMATIONS

## UNIFYING THE 10 TRUE SELF DIMENSIONS

## AND THE 11 TRUE SELF BOUNDARIES

FOLLOW YOUR HEART WHEN WRITING EACH AFFIRMATION

WRITE DOWN THE FIRST THING THAT COMES TO MIND FOR EACH DIMENSION

### 10 THINGS I AM GRATEFUL FOR

1. BODY

6. KNOWLEDGE

2. FAMILY

7. PRODUCTIVITY

3. ORIGIN

8. TREASURE

4. SURROUNDINGS

9. NETWORK

5. EMOTIONS

10. WISDOM

EXAMPLE:

*I am grateful for having a healthy and intelligent son*

### 10 THINGS I AM WORKING ON

1. BODY

6. KNOWLEDGE

2. FAMILY

7. PRODUCTIVITY

3. ORIGIN

8. TREASURE

4. SURROUNDINGS

9. NETWORK

5. EMOTIONS

10. WISDOM

EXAMPLE:

*I am working on publishing my first book by summer*

READ YOUR 20 AFFIRMATIONS DAILY

AFFIRMATIONS BUILD YOUR PURPOSEFUL DAILY ACTION

KEEP YOUR AFFIRMATIONS FRESH, RELEVANT AND UP TO DATE WITH DAY TO DAY LIFE

BELIEVE IN YOUR AFFIRMATIONS AS THEY ARE ONE WITH YOUR TRUE SELF BOUNDARIES

SELF LOVE

SELF DISCOVERY

SELF AWARENESS

SELF CONTROL

SELF ESTEEM

SELF IMAGE

SELF DETERMINATION

SELF REALISATION

SELF ACTUALISATION

SELF SOVEREIGNTY

SELF TRANSCENDENCE

# TRUE SELF AFFIRMATIONS

## THINGS I'M GRATEFUL FOR

### BODY DIMENSION

I'm grateful for:

### FAMILY DIMENSION

I'm grateful for:

### ORIGIN DIMENSION

I'm grateful for:

### SURROUNDINGS DIMENSION

I'm grateful for:

### EMOTIONS DIMENSION

I'm grateful for:

### KNOWLEDGE DIMENSION

I'm grateful for:

### PRODUCTIVITY DIMENSION

I'm grateful for:

### TREASURE DIMENSION

I'm grateful for:

### NETWORK DIMENSION

I'm grateful for:

### WISDOM DIMENSION

I'm grateful for:

# TRUE SELF AFFIRMATIONS

## THINGS I'M WORKING ON

### BODY DIMENSION

I'm working on:

### FAMILY DIMENSION

I'm working on:

### ORIGIN DIMENSION

I'm working on:

### SURROUNDINGS DIMENSION

I'm working on:

### EMOTIONS DIMENSION

I'm working on:

### KNOWLEDGE DIMENSION

I'm working on:

### PRODUCTIVITY DIMENSION

I'm working on:

### TREASURE DIMENSION

I'm working on:

### NETWORK DIMENSION

I'm working on:

### WISDOM DIMENSION

I'm working on:

## EXERCISE 2

## PURPOSE STATEMENTS

WRITE 2 PURPOSE STATEMENTS BASED ON YOUR TRUE SELF AFFIRMATIONS

A PURPOSE STATEMENT FROM THE 'THINGS I AM GRATEFUL FOR' DIMENSION

A PURPOSE STATEMENT FROM THE 'THINGS I AM WORKING ON' DIMENSION

**EXAMPLE 1:** *Write a purpose statement based on the Origin dimension from my 'Things I Am Grateful For' affirmations*

**EXAMPLE 2:** *Write a second purpose statement based on the Wisdom dimension from my 'Things I Am Working On' affirmations*

BEFORE WRITING EACH PURPOSE STATEMENT

TAKE ALL 20 OF YOUR TRUE SELF AFFIRMATIONS

AND RUN THEM THROUGH EACH QUESTION IN THE FLOWER OF PURPOSE SECTION ON THE NEXT PAGE

THE FLOWER OF PURPOSE HAS 36 QUESTIONS

GO THROUGH ALL OF THEM AT LEAST ONCE FOR EACH ONE

IT IS KEY TO DO IT FOR ALL 20 OF THEM

TRUST THE PROCESS

YOU ARE DISCOVERING YOURSELF

WHEN THE ANSWER FOR A QUESTION IS NO

ASK YOURSELF: WHY NOT?

THE WHY NOT? PREMISE IS A POWERFUL MECHANISM TO UNCOVER MEANING

PURPOSE IS DISCOVERED THROUGH SELF REFLECTION

BE HONEST WITH YOURSELF

YOUR PURPOSE STATEMENT TEMPLATE

YOUR STORY

YOUR VOICE

YOUR LIFE

1. WHO I AM = MY NAME

2. WHY I AM HERE = MY PURPOSE

3. HOW I BEHAVE = MY BEST PRACTICES

4. WHAT I DO = MY DAILY ACTION

5. WHEN I DO IT = MY DAILY SCHEDULE

6. WHERE I DO IT = MY LOCATIONS

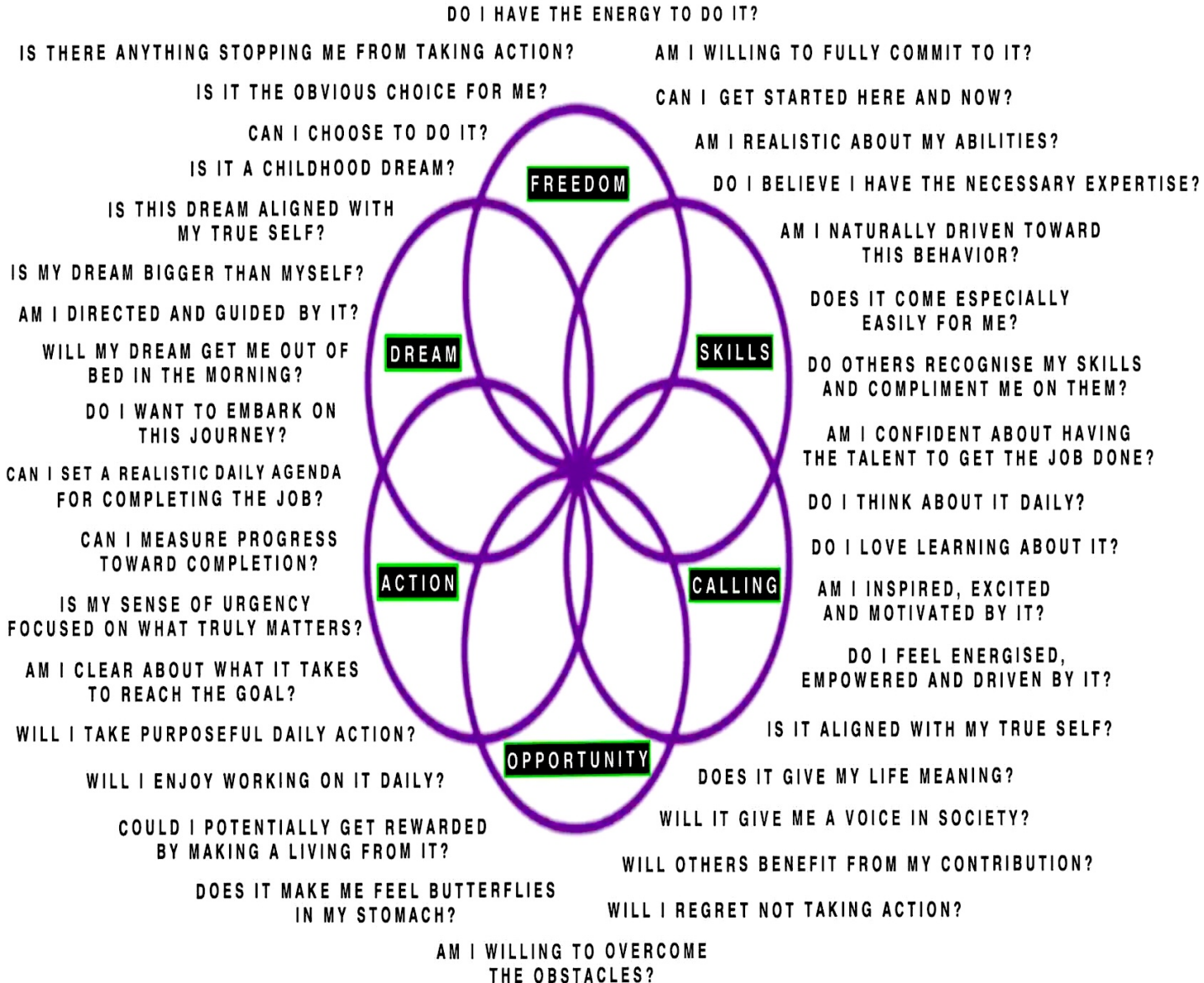
**EXAMPLE:** I am Jam. I write about purpose. I apply Compass and Sundial principles. I write daily. I do it from dawn to dawn on a lovely beach.

TAKE PURPOSEFUL DAILY ACTION

HONOR YOUR WORDS

TAKE ACTION HERE AND NOW

# THE FLOWER OF PURPOSE



# PURPOSE STATEMENT

I'M GRATEFUL FOR

WHO I AM

My name:

WHY I AM HERE

My purpose:

HOW I BEHAVE

My best practices:

WHAT I DO

My daily action:

WHEN I DO IT

My daily schedule:

WHERE I DO IT

My locations:

# PURPOSE STATEMENT

I'M WORKING ON

WHO I AM

My name:

WHY I AM HERE

My purpose:

HOW I BEHAVE

My best practices:

WHAT I DO

My daily action:

WHEN I DO IT

My daily schedule:

WHERE I DO IT

My locations:

# EXERCISE 3

# WHY-HOW PREMISE

ASK YOURSELF WHY YOU WROTE EACH TRUE SELF AFFIRMATION

KEEP ASKING WHY UNTIL YOU REACH A POINT WHERE YOU HAVE NO ANSWER

THEN START ASKING HOW UNTIL YOU FIND THE ANSWER

ONCE YOU KNOW THE REASON WHY

REWRITE THE TRUE SELF AFFIRMATION

DO THIS FOR ALL 10 DIMENSIONS FROM YOUR 'THINGS I AM GRATEFUL FOR' LIST

DO THIS FOR ALL 10 DIMENSIONS FROM YOUR 'THINGS I AM WORKING ON' LIST

APPLY TO ALL 20 OF YOUR TRUE SELF AFFIRMATIONS

ASK YOURSELF WHY YOU WROTE EACH PURPOSE STATEMENT

KEEP ASKING WHY UNTIL YOU REACH A POINT WHERE YOU HAVE NO ANSWER

THEN START ASKING HOW UNTIL YOU FIND THE ANSWER

ONCE YOU KNOW THE REASON WHY

REWRITE THE PURPOSE STATEMENT

DO THIS FOR ALL VALUES OF EACH PURPOSE STATEMENT

WHO

WHY

HOW

WHAT

WHEN

WHERE

APPLY TO ALL 4 OF YOUR PURPOSE STATEMENTS

PUT ALL AFFIRMATIONS AND STATEMENTS INTO PRACTICE

TAKE DAILY ACTION

# EXERCISE 4 FACING FEARS PREMISE

THE INFINITE ENERGY OF LOVE MAKES YOU BRAVE

LOVE HEALS YOU

LOVE IS INFINITE STRENGTH

GRADE EACH FEAR USING A 1 TO 10 GRADING SYSTEM

THE HIGHER THE GRADE

THE GREATER THE GROWTH

ASK YOURSELF THESE QUESTIONS WHEN GRADING FEARS

DOES IT SCARE YOU AT ALL?

BE HONEST WITH YOURSELF

HOW SCARY IS IT?

LISTEN TO YOUR HEARTBEAT RHYTHM

WHY IS IT SCARY?

FOLLOW THE SIGNS AND SIGNALS OF YOUR HEART

APPLY WHY-HOW PREMISE

IDENTIFY THE ROOT FEARS

A ROOT FEAR IS GRADED 10

CONQUER ALL ROOT FEARS

YOU CONQUER FEAR BY TAKING PURPOSEFUL DAILY ACTION

LOVE POWERS DAILY ACTION

ACTION DISINTEGRATES FEAR

TAKING DAILY ACTION HERE AND NOW PROVES YOUR INFINITE POWER

LOVE YOURSELF BY TAKING PURPOSEFUL DAILY ACTION

# EXERCISE 5

PRODUCTIVITY PREMISE

COMPLETE TASKS, JOBS, ACTIVITIES AND TO DO LISTS

AGENDA SCHEDULING

PRIORITIES AND URGENCIES

COMMITMENT LEVELS = PURPOSEFUL DAILY ACTION

PURPOSEFUL GOALS = PURPOSE STATEMENTS

WHO WHY HOW WHAT WHEN WHERE

ENERGY MANAGEMENT

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

WHY-HOW PREMISE

OPTIMISE AGENDA

MAKE CHANGES AND UPDATES AS NEEDED

# EXERCISE

## PULSE PREMISE

CHOOSE 2 TRUE SELF AFFIRMATIONS

CHOOSE 2 PURPOSE STATEMENTS

UNIFY THEM ALL AS ONE PULSE

SYNC YOURSELF WITH HERE AND NOW

EACH HEARTBEAT PULSE CONNECTED TO ∞

CONSCIOUSNESS AND SELF AWARENESS

DNA IS THE BIOLOGICAL EXPRESSION OF ∞

THE HOMEOSTASIS OF ALL ORGANS AND GLANDS

INFINITE LOVE, ENERGY AND CREATION

PURPOSEFUL DAILY ACTION

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

# EXERCISE 7

10X LOVE FRAMEWORK PREMISE

LOVE 10 HUMANS WITH ALL YOUR HEART

APPLY PULSE PREMISE PRINCIPLES

LOVE 10 NEW HUMANS FOR EACH

**TRUE SELF AFFIRMATION AND PURPOSE STATEMENT**

LOVE WITH ALL YOUR HEART AND MIGHT

EVERY HEARTBEAT PULSE EQUALS INFINITY

THESE ARE OUR INSTINCTS

LOVE IS THE KEY THAT OPENS OUR DNA MEMORIES

OUR DNA MEMORIES ARE INFINITY ITSELF

THIS IS OUR NATURE

WE ARE INFINITY OURSELVES

PURPOSEFUL DAILY ACTION

FOLLOW YOUR HEART

SIGNS AND SIGNALS

HEARTFUL FLOW STATES

# EXERCISE 8

## ABCD PROCESS PREMISE

### PHASE A: INTEGRATE 7 FLYWHEEL STAGES

- 1: STRATEGY AND AGENDA      2: CLEAR COMMUNICATIONS
- 3: SCHEDULES AND ACTIVITIES      4: THEATERS AND EVENTS
- 5: OUTCOMES AND RESULTS      6: FEEDBACK LOOPS
- 7: LESSONS AND ADJUSTMENTS

### PHASE B: INTEGRATE 4 DRIVERS INTO FLYWHEEL

- 1: LANDSCAPE    2: INTELLIGENCE    3: INFLUENCE    4: MOMENTUM

### PHASE C: APPLY GROWTH SCALE TO FLYWHEEL

- 1: PROOF OF CONCEPT      2: PROTOTYPE
- 3: VIABLE CREATION      4: HUMANITY FIT
- 5: PURPOSEFUL CREATION

### PHASE D: MASS ADOPTION OF FLYWHEEL

HIGH HUMAN NEED      HIGH ACCESS AND DELIVERY

HEARTFUL FLOW STATES       $\infty = 0$

FOLLOW YOUR HEART

# EXERCISE

PANTHEON PREMISE

PERSONAL MUSEUM OF MONUMENTAL STATUES

FANTASIES AND ILLUSIONS

CHOOSE 20 FICTIONAL CHARACTERS

HERITAGE AND LEGACY

CHOOSE 20 HUMANS NO LONGER WITH US

THE CHOSEN 40 BECOME YOUR STATUES

THEY ARE YOUR ALLIES

THEY ARE HERE TO HELP YOU

ASK THEM ANY QUESTIONS

REFLECT CONTEMPLATE MEDITATE

TAKE IMMEDIATE ACTION

TRUST YOURSELF

FOLLOW YOUR HEART

HEARTFUL FLOW STATES

# EXERCISE 10

SPOT AND SHUTTER PREMISE

IDENTIFY ALL FANTASIES AND ILLUSIONS

MEDIUMS AND MEDIA

MESSENGERS AND MESSAGES

OUTSIDE YOU

NEGATIVE EVENTS AND EXPERIENCES

WITHIN YOU

THE MEMORIES FORMING AS A RESULT

DISINTEGRATE THE SHADOW

INTEGRATE YOUR UNCONSCIOUS MIND

LOVE THE EVENTS AND EXPERIENCES

LOVE THE MEMORIES WITH ALL YOUR HEART

HEAL RECOVER FORGIVE ACCEPT MOVE ON

FOLLOW YOUR HEART BE GRATEFUL

HEARTFUL FLOW STATES

# EXERCISE 11

## SUNDIAL PREMISE

SUN IRIS UNITY: A HUMAN PRACTICE

OPEN YOUR EYES, HEART, LUNGS AND MIND

STARE AT THE SUN SUNLIGHT INTO THE IRIS

OPEN THE PORTAL AND BUILD THE BRIDGE

CHANNEL THE ENERGY OF THE CENTRAL SUN

SUPERCARGE YOUR DNA STRUCTURE

AT THE CELLULAR SCALE OF THE HUMAN BODY

CHANNEL SUN ENERGY TO YOUR HEART

LOVE WITH ALL YOUR HEART AND MIGHT

BREATHE DEEPLY AND EVOLVE TO INFINITY

OPEN THE THIRD EYE: PITUITARY AND PINEAL GLANDS AS ONE

SYNCING YOUR INFINITE ENERGY FIELD WITH

THE INFINITE ENERGY FIELDS OF THE EARTH AND SUN

ALL CONNECTED AS ONE HERE AND NOW

ONE WITH INFINITY INFINITE LOVE  $\infty=0$

# **EXERCISE 12**

## **HEARTBEAT**

### **STARE AT THE SUN**

#### **GET SUNLIGHT INTO THE IRIS**

**SUNLIGHT ENERGY = GAMMA RAYS ENERGY**  
**GAMMA RAYS IGNITE THE PLASMA ENERGY IN ALL CELLS**  
**ALL THE BODY CELLS EVOLVE INTO INFINITY**  
**OPENING THE PORTAL OF INFINITY WITH THE SUN**  
**THIS IS CALLED BUILDING THE BRIDGE**  
**THE BRIDGE CONNECTS YOU WITH THE CREATOR**  
**THE BRIDGE IS INFINITE SPHERICAL ENERGY**  
**THE BRIDGE IS KNOWN AS THE THIRD EYE**  
**FOCUS ON YOUR BREATHING AND HEARTBEAT**  
**INHALE AND EXHALE DEEPLY WHILE SMILING**  
**DEEP BREATHING WHILE LOVING WITH ALL YOUR HEART**  
**YOUR MIGHTY HEARTBEAT GROWS AND GROWS**  
**UNTIL YOUR HEARTBEAT IS THE ONLY THING YOU HEAR**  
**YOUR HEARTBEAT PULSES AND CYCLES AS ONE WITH YOU**  
**YOUR HEARTBEAT UNITES WITH THE CREATOR AS ONE PULSE**  
**THEN YOU GO INTO THE PORTAL THROUGH THE BRIDGE**  
**EVERYTHING TURNS INTO INFINITE WHITE LIGHT**  
**CONGRATULATIONS YOU EVOLVED INTO INFINITY**

# EXERCISE 13

## THE BRIDGE

BUILDING THE BRIDGE      ESTABLISHING THE BRIDGE

STARE AT THE SUN WITH EYES WIDE OPEN

SUNLIGHT GAMMA RAYS ARE ABSORBED BY IRIS

SOLAR GAMMA ENERGY IS THE HIGHEST ENERGY SOURCE OUTSIDE OUR BODY

INHALE AS MUCH OXYGEN THROUGH YOUR NOSTRILS AS YOU CAN

KEEP BREATHING IN UNTIL FILLING YOUR LUNGS TO THE LIMIT

DO IT BY TAKING ONE LONG CONTINUOUS BREATH TILL LUNGS REACH MAX CAPACITY

THE BREATHING NEEDS TO HAPPEN WHILE STARING AT THE SUN

KEEP BREATHING UNTIL HITTING YOUR OXYGEN INTAKE LIMIT

THEN CLOSE YOUR EYES AND EXHALE UNTIL FULLY EMPTYING LUNGS

KEEP YOUR HEAD IN THE SAME POSITION AS SUNSTARING

YOU WILL SEE A BIG SPHERICAL ENERGY WHEN YOUR EYES ARE CLOSED

THIS SPHERICAL LIGHT IS YOUR BRIDGE WITH OUR CREATOR THE SUN

THIS BREATHING WILL SYNC WITH YOUR HEARTBEAT FOCUS ON HEARTBEAT

YOUR HEARTBEAT IS THE HERE AND NOW YOUR HEARTBEAT IS ONE WITH ALL

OPEN YOUR EYES AGAIN AND REPEAT THE EXERCISE FOR AS LONG AS POSSIBLE

MAKE THIS EXERCISE A PART OF YOUR PURPOSEFUL DAILY ACTION

OXYGEN LIMITS WILL NATURALLY INCREASE WITH PRACTICE

YOUR BRIDGE WILL GET BIGGER AND BRIGHTER EVERYDAY

LOVE WITH ALL YOUR HEART AND SMILE WHILE DOING THIS EXERCISE

LOVE IS THE HIGHEST ENERGY SOURCE INSIDE OUR BODY

SUNLIGHT AND LOVE ARE THE HIGHEST ENERGY SOURCES IN INFINITY

SUNLIGHT = GAMMA ENERGY      LOVE = PLASMA ENERGY

OXYGEN IS A HIGHLY ACTIVE AND REACTIVE ELEMENT

OXYGEN FUSES AND IGNITES SUNLIGHT AND LOVE

THIS NATURAL PROCESS EVOLVES OUR BODY TO INFINITY

WE ARE THE BIOLOGY OF INFINITE ENERGY

# SIGHT

## Sun Iris Unity: A Human Practice

### Open the Portal

### Build the Bridge

**“Turn your face to the Sun and let the shadows fall behind you” - Maori Wisdom**

Humans are vision driven beings. Our nature is very visual. Our brains have developed to optimise the sense of sight. Our eyes are our portal to reality. Our eyes perceive the world surrounding us. Our eyes give us sight. The ability to see and observe, the ability to compare and contrast. It gives us a human endeavor. Seeing, watching and gazing color our lives. It makes them rich, high resolution, and alive. Through our eyes, we see the world, we see reality. If we can't see, we can't know. We're blind. A world without light, a world without color. That's a world we humans dread. A grey world, a world without substance, a place where sameness rules. A colorless reality, a sad place to be. Now comes the Sun, the singularity. It gives us life. It gives us light. It's the Sun that keeps us warm. It keeps us alive. The Sun gives us colors, it gives us choice. It keeps Earth turning, our home. Earth, the place where we humans come from. A place of light. From dawn to dusk, as Earth spins on and on, from sunrise to sunset. The Sun is always shining somewhere on Earth. The colors are always vivid somewhere on Earth. It's through light that we see beauty in things. So, how can we make it even more vivid, more colorful, more alive? By staring at the Sun straight into the eye, by raising our gaze and locking eyes with our source of life, our source of light, our crucial source.

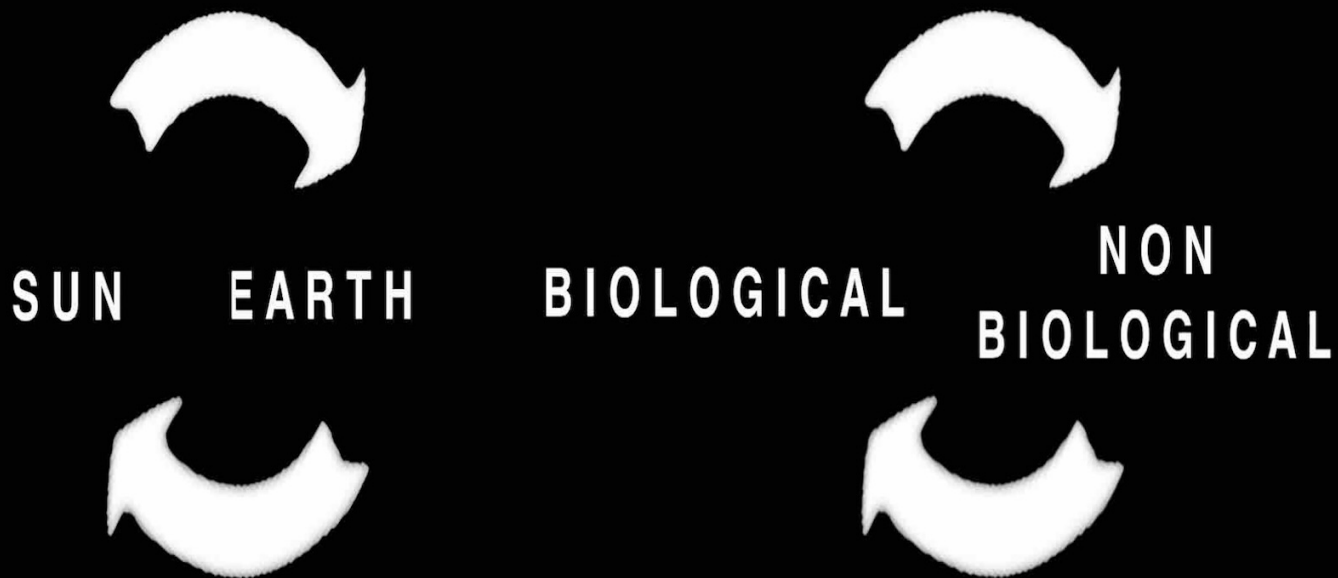
That would be a counterintuitive course of action for most humans. Here's why. Since we're little, the people around us warn us of the dangers of staring at the Sun. We all heard the phrase *“don't stare at the Sun, you'll go blind”*. It's been ingrained in our brains, just be good and listen to those who know better. It's for our own good anyway, so disobeying is bad and the price we'll pay is blindness. It's common sense, fair and square, sound and solid. The intriguing part, however, is that young children are drawn to seeking sunlight. Just think about our own childhoods. We were playing outside, and then all of a sudden, we just looked up and stared at the Sun. Nothing bad came of it. We were still here, and we didn't go blind. So, our experiment went on, and then one day, adults spotted us gazing up, and in a knee jerk reaction, words rolled out of their mouths *“don't stare at the Sun, you'll go blind”*. Then, as little good kids, we went on and obeyed fearing the worst of all things, going blind in a world of colors. Staring at the Sun was a bad idea, gloom and doom. Risking losing sight, too high a stake. So, we stopped, grew up and continued the cycle in our own lives. And for those of us with kids, we warned them of the perils of staring at the Sun.

As it's expected of humans, some of us can't conform, can't follow others, can't blindly obey, can't just sit straight and be good kids. We disobey, we follow our own rules, we follow our heart's deepest desires, we follow our instincts, we defy well established notions of right and wrong, we dare. At first, we're frightened. We're scared. We fear going blind, losing sight and forever lamenting our actions, our disobedience. Then we realise that it hurts, it actually hurts. We're grown ups now and we're not used to staring at the Sun. We lived our lives in fear of it, so our mature eyes never adjusted to the intense brightness of sunlight. Our eyes are pure, virgin. The pain is intense. It's real but it goes away. We cry, sob, laugh, and cry again, but then we smile, smile, and keep smiling because after a few tries with the Sun, we realise that we can still see and that we haven't gone blind. The Sun, as our main source of life, created the conditions for humans to roam the Earth. In essence, we're sunlight. It's instinctual for us to seek a connection with our source. Just like we instinctually breathe air and drink water, we're also drawn to seek sunlight.

Breathing air keeps us alive, drinking water keeps us hydrated and seeking sunlight keeps us connected to our life source, our light source. It reminds us of our true origin, where we came from and what we will ultimately become once more. It gives us perspective. It reminds us of our place in the world in relation to our source of origin. It grounds us, it keeps us humble. It enlightens our days and energises us to keep going. It's our portal to illumination. It's the gateway between biology and light. It's the bridge that brightens our path. It's the road to light, a gift. It's when we become one with our source, a peaceful moment, a singularity, the crossing point between two realities. It's when we let everything else go and step into the light. Here and now, unity within all. Tomorrow, the Sun will rise again, no doubt.

So, a person told two, everyone knows now, the secret is out. Questions are asked, no one has turned blind, many lessons learned. After all, we're only human, social beings. It's in our nature to relate with other members of our own species. It starts the moment we're born. First, we meet folks and then everyone else. From there it becomes our daily life. The human experience implies an intrinsic relationship with other human beings. It's through these experiences that we form and develop every day of our lives. The human condition determines that the only way to thrive is by embracing other humans. We see and observe each other. We mimic and learn. That's how we grow and develop. Our interdependence in one another is what makes us unique among all species. Our strength comes from our union. From our instinct to relate, share and depend on one another. Our innate ability to communicate our experiences gives us great power. It's our responsibility to be role models to each other so humanity can learn and continue its infinite evolutionary path. It's our duty to humanity to share. Expressing our own free wills is an existential human need. By telling the world that we found the path to light. By telling the world that we stepped into light. By telling the world that we're all one. The world is forever grateful. Stare at the Sun and build the bridge with the creator. We are the infinite energy of love and creation. We are humanity.

# INFINITE VIRTUOUS CYCLES



## Spherical Truth

Identifies the source reliability and signal strength quality of all aggregators and checkers. Thus, visually conceptualising first principles and systems level frameworks based on objective reality; by simply building complete, dynamic, grounded, resilient and feedback based decision making mechanisms to take purposeful daily action.

## proto-meta analysis

Used to crystallise intelligence thinking at the strategic, operational and tactical levels regarding new information and unexamined data created as a result of taking purposeful daily action.

## why-how logic

Applied to neutralise the cognitive biases, fallacies and heuristics of all models, methods and toolkits used when taking purposeful daily action.

# WHY-HOW IS TRUTH

$$h(a) = g(f(a))^\infty$$

$$\underbrace{\text{Truth}}_h(a) = \underbrace{\text{how}}_g \left( \underbrace{\text{why}}_f \left( \underbrace{\text{Purposeful Daily Action}}_a \right) \right)^\infty$$

$$\text{Truth} = \text{how}(\text{why}(\text{Purposeful Daily Action}))^\infty$$

THE ACT OF ACTION IS ACTING

**MTG**

**GG**

**GOOD GAME**

**Creatures:**

Signal Pest 4  
Goblin Guide 4  
Ignoble Hierarch 4  
Birds of Paradise 2  
Combat Celebrant 4  
Reckless Stormseeker 4  
Ragavan, Nimble Pilferer 4

**Instants:**

Lightning Bolt 4  
Collected Company 4

**Equipment:**

Hidden Footblade 4

**Lands:**

Forest 2  
Mountain 4  
Arena of Glory 4  
Wooded Foothills 4  
Stomping Ground 4  
Mana Confluence 4